



## **Last Chance Warrior Steeple Qualifier**

What: One event meet, Steeple only  
When: Monday, 5/8 @ 6:30pm  
Where: Westhill High School  
Fee: \$10.00 per athlete, \$100.00 blanket entry (including boys and girls)  
Please make check or voucher payable to **Westhill Cross Country**  
Results: Results will be hand timed. All results will be promptly forwarded to  
tullyrunners.com and ny.milesplit.com  
Awards: T-shirts to top 3 boys and girls in each race (not each heat)

### **Order of Events:**

6:00pm All entries due  
6:30pm Boys 3000m Steeple (Heats, if necessary)  
7:00pm Girls 2000m Steeple (Heats, if necessary)  
7:30pm Boys 600m Steeple (Heats, if necessary)  
8:00pm Girls 600m Steeple (Heats, if necessary)

**\*\*\*We will move the time schedule ahead, as possible, based on entries\*\*\***

Please email your intent to participate to [runrunreid@aol.com](mailto:runrunreid@aol.com) by 5/1/17.

Include the following information:

School \_\_\_\_\_  
Coach \_\_\_\_\_  
Phone \_\_\_\_\_  
Coach Email \_\_\_\_\_  
Projected  
# of entries \_\_\_\_\_

Entries (with projected seed times) can be emailed to Dan Reid at [runrunreid@aol.com](mailto:runrunreid@aol.com) OR they will be accepted the day of the meet

### **Fees can be sent to:**

Dan Reid  
Westhill High School  
4501 Onondaga Boulevard  
Syracuse, NY 13219