6th

Annual West Seneca West Indians-Lady Indians Early-Bird Track Classic

Dear Track & Field Coaches:

You are cordially invited to participate in the 6th Annual Indians-Lady Indians Early-Bird Track Classic on Saturday, April 28, 2018 at West Seneca West's Sports Complex.

FACILITIES: The Track is a six lane, 400 meter, all-weather rubberized surface,

rubberized runways and two concrete throwing circles. The track and runways will accommodate ¼ inch spikes - no spikes protruding more than ¼ inch will be allowed. The track is extremely fast and many

outstanding times have occurred there. PLEASE BRING YOUR OWN

STARTING BLOCKS.

AWARDS: GOLD, SILVER AND BRONZE MEDALS TO THE FIRST THREE

PLACES IN EACH EVENT INCLUDING THE RELAYS. TEAM TROPHIES TO THE TOP THREE BOYS & GIRLS TEAMS WITH THE HIGHEST SCORE PLUS ONE COMBINED TEAM TROPHY

SCORING: (10-8-6-4-2-1).

ENTRIES: All athletes, boys & girls, may do four events. Each team may enter

TWO ATHLETES in any event. Each team is limited to one relay team

per relay event.

All entries are to be done online via ny.milesplit.com – Pat Leone's

website use - www.leonetiming.com

Entry Deadline is Thursday, April 26th at 8:00 PM. Coaches are strongly encouraged to make any and all changes to their entries before the day of the meet. No additions will be added on the day of

the meet.

Scratch sheets are to be picked up in front on the concession area upon arrival into the complex. Coaches are asked to make scratches on the sheets then return them to the timing tent at the finish-line.

RESULTS:

Leone Timing & Results Services will be using Finish-Lynx Fully Automatic Timing and Hy-Tek's Meet Manager to produce fast, accurate results.

Real Time Results will be posted on the Leone Timing web-site (www.leonetiming.com) while the meet is in progress. Also, a full set of results will be sent to Armorytrack.com. Upon request, Leone Timing will e-mail results to newspapers outside of the Buffalo area.

FEES:

\$175 for either boys or girls team, or \$300.00 for both. For small numbers, \$20.00 per individual athlete, per event. Make checks or vouchers out to: **WEST SENECA CENTRAL SCHOOL DISTRICT** and send to:

West Seneca Central Schools Athletic Department C/O Mary Kay Biddle 675 Potters Road West Seneca, NY 14224

REMINDERS:

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Any further questions or concerns, please contact me ASAP!

E-Mail:

Pszymanski698@gmail.com

Phone: 716-480 - 2333 - Cell # 716-675 - 1504 - Home #

Or

Brian.kader@gmail.com Phone: (716) 725 - 3774 – Cell #

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Order of Events

9:15 AM Coaches Meeting

10:00 AM Girls: Pole Vault, High Jump, Shot Put

Boys: Long Jump, Discus

Followed By:

Boys: Pole Vault, High Jump, Shot Put

Girls: Long Jump, Discus

Note: Triple Jump will be contested after completion of Long Jump

ΑII

Track Events

Girls

Followed

Ву

Boys

10:00 AM	100 Meter High Hurdles – Girls – Timed Final
10:15 AM	110 Meter High Hurdles – Boys – Timed Final
10:30 AM	200 Meter – Girls – Timed Final
10:45 AM	200 Meter – Boys – Timed Final
11:00 AM	800 Meter - Girls - Finals
11:15 AM	800 Meter - Boys - Finals
11:30 AM	1500 Meter Race-Walk – Girls Only – Timed Final
11:50 AM	4 x 100 Meter Relay – Girls – Timed Final
12:05 PM	4 x 100 Meter Relay – Boys – Timed Final
12:20 PM	1500 Meter Run – Girls – Timed Final
12:35 PM	Double One Lap Relay – Girls – Timed Final
12:50 PM	Double One Lap Relay – Boys – Timed Final
1:05 PM	1600 Meter Run – Boys – Timed Final
1:20 PM	4 x 400 Meter Relay – FROSH-SOPH – Girls – Timed Final
1:35 PM	4 x 400 Meter Relay – FROSH-SOPH – Boys – Timed Final
1:50 PM	100 Meter – Girls – Timed Final
2:05 PM	100 Meter – Boys – Timed Final
2:20 PM	3000 Meter Run – Girls – Timed Final
2:35 PM	3200 Meter Run – Boys – Timed Final
2:50 PM	400 Intermediate Hurdles – Girls – Timed Final
3:05 PM	400 Intermediate Hurdles – Boys – Timed Final
3:20 PM	400 Meters – Girls – Timed Final
3:30 PM	400 Meters – Boys – Timed Final
3:40 PM	4 x 800 Meter Relay – Girls – Timed Final
3:55 PM	4 x 800 Meter Relay – Boys Timed Final
4:15 PM	Presentation of Team Awards

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ENTRY AND CONFIRMATION

	SCHOOL WILL ATTEND THE
6 th ANNUAL INDIANS-I ON SATURDAY, APRIL	LADY INDIANS EARLY-BIRD INVITATIONAL
PLEASE REGISTER:	
\$300 for bo	th Male and Female Teams
\$175 – Mal	e Team Only
\$175 – Fem	ale Team Only
·-	E MAKE CHECKS PAYABLE TO: ECA CENTRAL SCHOOL DISTRICT
A	SEND TO: I SENECA CENTRAL SCHOOL ATHLETIC DEPARTMENT C/O MARY KAY BIDDLE 675 POTTERS ROAD WEST SENECA, NY 14224
Signature	MEN'S COACH
Signature	_ WOMEN'S COACH
Signature	_ ATHLETIC DIRECTOR/PRINCIPAL