

5th
Annual
West Seneca West
Indians-Lady Indians
Early-Bird
Track Classic

Dear Track & Field Coaches:

You are cordially invited to participate in the 5th Annual Indians-Lady Indians Early-Bird Track Classic on Saturday, April 29, 2017 at West Seneca West's Sports Complex.

FACILITIES: The Track is a six lane, 400 meter, all-weather rubberized surface, rubberized runways and two concrete throwing circles. The track and runways will accommodate ¼ inch spikes - no spikes protruding more than ¼ inch will be allowed. The track is extremely fast and many outstanding times have occurred there. **PLEASE BRING YOUR OWN STARTING BLOCKS.**

AWARDS: **GOLD, SILVER AND BRONZE MEDALS TO THE FIRST THREE PLACES IN EACH EVENT INCLUDING THE RELAYS. TEAM TROPHIES TO THE TOP THREE BOYS & GIRLS TEAMS WITH THE HIGHEST SCORE PLUS ONE COMBINED TEAM TROPHY SCORING: (10-8-6-4-2-1).**

ENTRIES: All athletes, boys & girls, may do four events. Each team may enter **TWO ATHLETES** in any event. Each team is limited to one relay team per relay event.

All entries are to be done online via www.ventimimg.com – Dave Reinhardt's website use.

Entry Deadline is Thursday, April 27th at 8:00 PM. Coaches are strongly encouraged to make any and all changes to their entries before the day of the meet. No additions will be added on the day of the meet.

Scratch sheets are to be picked up in front on the concession area upon arrival into the complex. Coaches are asked to make scratches on the sheets then return them to the timing tent at the finish-line.

RESULTS:

Trackqua.com will be using Finish-Lynx Fully Automatic Timing and Hy-Tek's Meet Manager to produce fast, accurate results.

Real Time Results will be posted on the Trackqua website (www.yentiming.com) while the meet is in progress. Also, a full set of results will be sent to **Armorytrack.com**. Upon request, Chautauqua Striders will e-mail results to newspapers outside of the Buffalo area.

FEES:

\$175 for either boys or girls team, or \$300.00 for both. For small numbers, \$20.00 per individual athlete, per event. Make checks or vouchers out to: **WEST SENECA CENTRAL SCHOOL DISTRICT** and send to:

**West Seneca Central Schools
Athletic Department
C/O Mary Kay Biddle
675 Potters Road
West Seneca, NY 14224**

REMINDERS:

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Any further questions or concerns, please contact me ASAP!

E-Mail:

**Pszymanski698@gmail.com
Phone: 716-480 - 2333 – Cell #
716-675 - 1504 – Home #**

Or

**Brian.kader@gmail.com
Phone: (716) 725 - 3774 – Cell #**

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Order of Events

9:15 AM
10:00 AM

Coaches Meeting
Girls: Pole Vault, High Jump, Shot Put
Boys: Long Jump, Discus
Followed By:
Boys: Pole Vault, High Jump, Shot Put
Girls: Long Jump, Discus

Note:

Triple Jump will be contested after completion of Long Jump

All
Track Events
Girls
Followed
By
Boys

10:00 AM	100 Meter High Hurdles – Girls – Timed Final
10:15 AM	110 Meter High Hurdles – Boys – Timed Final
10:30 AM	200 Meter – Girls – Timed Final
10:45 AM	200 Meter – Boys – Timed Final
11:00 AM	800 Meter - Girls - Finals
11:15 AM	800 Meter - Boys - Finals
11:30 AM	1500 Meter Race-Walk – Girls Only – Timed Final
11:50 AM	4 x 100 Meter Relay – Girls – Timed Final
12:05 PM	4 x 100 Meter Relay – Boys – Timed Final
12:20 PM	1500 Meter Run – Girls – Timed Final
12:35 PM	Double One Lap Relay – Girls – Timed Final
12:50 PM	Double One Lap Relay – Boys – Timed Final
1:05 PM	1600 Meter Run – Boys – Timed Final
1:20 PM	4 x 400 Meter Relay – FROSH-SOPH – Girls – Timed Final
1:35 PM	4 x 400 Meter Relay – FROSH-SOPH – Boys – Timed Final
1:50 PM	100 Meter – Girls – Timed Final
2:05 PM	100 Meter – Boys – Timed Final
2:20 PM	3000 Meter Run – Girls – Timed Final
2:35 PM	3200 Meter Run – Boys – Timed Final
2:50 PM	400 Intermediate Hurdles – Girls – Timed Final
3:05 PM	400 Intermediate Hurdles – Boys – Timed Final
3:20 PM	400 Meters – Girls – Timed Final
3:30 PM	400 Meters – Boys – Timed Final
3:40 PM	4 x 800 Meter Relay – Girls – Timed Final
3:55 PM	4 x 800 Meter Relay – Boys Timed Final
4:15 PM	Presentation of Team Awards

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ENTRY AND CONFIRMATION

_____ SCHOOL WILL ATTEND THE
5th ANNUAL INDIANS-LADY INDIANS EARLY-BIRD INVITATIONAL
ON SATURDAY, APRIL 29th, 2017.

PLEASE REGISTER:

_____ \$300 for both Male and Female Teams

_____ \$175 – Male Team Only

_____ \$175 – Female Team Only

**PLEASE MAKE CHECKS PAYABLE TO:
WEST SENECA CENTRAL SCHOOL DISTRICT**

**SEND TO:
WEST SENECA CENTRAL SCHOOL
ATHLETIC DEPARTMENT
C/O MARY KAY BIDDLE
675 POTTERS ROAD
WEST SENECA, NY 14224**

_____ MEN'S COACH
Signature

_____ WOMEN'S COACH
Signature

_____ ATHLETIC DIRECTOR/PRINCIPAL
Signature