31st Annual

Weedsport Track & Field Invitational

Friday, May 11th, 2018 4:00 P.M.

LOCATION: Weedsport High School Track

★ 400 Meter, 6 Lane All Weather Surface (Track & Jumping Areas)

* Cement Shot And Discus Area

COST: \$250 Per School (Boys AND Girls), \$140 For Only Boys OR Girls,

\$15 per athlete (5 max)

★ Checks payable to:

Weedsport Warriors Booster Club

c/o Sara Stark, 2821 E. Brutus St. Weedsport, NY 13166

ENTRY: Submit Entries at ny.milesplit.com by Wednesday, May 9th @ 10:00pm

* All Athletes Will Be Allowed To Compete In Three Events

* Two Entries Per School For Individual Events (Except The Novice Events)

★ One Relay Team Per School

SCORING: 10-8-6-4-2-1

AWARDS: Awarded to Both Boys and Girls

★ Top Three Teams

★ Outstanding Track Athlete

★ Outstanding Field Athlete

★ Ribbons awarded to top 6 places

DIRECTIONS: Visit http://www.weedsport.org/directions.cfm for specific location

NOTES: For Coaches and Athletes

★ Coaches meeting at 3:40 PM (last time for official scratches) in the gymnasium.

★ Shot and discus weigh-In at 3:20 next to Concession Stand

* Fully automatic timing provided by Finish Right Timing.

* All results are posted on website at www.finishright.com soon after the completion of the event.

★ Limited number of teams (Please register to secure entry)

★ Pin spikes allowed. No spikes allowed in building

* Athletes are encouraged to get their steps for LJ, TJ, and PV as soon as possible (possibly before meet).

★ Locker rooms available

- ★ Concessions: Food and beverages
- ★ Invitational T-Shirts available to purchase day of event
- **★** Please respond with a commitment with the following link:
- * https://docs.google.com/forms/d/e/1FAIpQLSf4JD39TI7TWgRGkqf tfQxP9P 1
 HWFTQewEvqsetjYVe2iBw/viewform?usp=sf link
- ★ Please contact Athletic Director, Christian Maher if you have any questions, via email at <u>CMaher@weedsport.org</u>

For more details, please call the Weedsport Athletic Department at (315) 834-6652

31st Annual Weedsport Track & Field Invitational

Order Of Events

400M HURDLES (B,G)	TIMED FINAL
3200M (B)	FINAL

TRIALS 400M RELAY (B,G) 3000M (G) **FINAL TRIALS** 110M HURDLES (B) **TRIALS** 100M HURDLES (G) 100M DASH (B,G) **TRIALS** 400M (B,G) **FINAL** 1600M (B) FINAL 1500M (G) **FINAL**

SPRINT MEDLEY (B,G) FINAL (400-200-200-800)

110M HURDLES (B) FINAL 100M HURDLES (G) FINAL 100M DASH (B,G) FINAL

NOVICE 1600M (B) FINAL (No Entrant Who Has Run Under 5:25)

800M (B,G) FINAL

NOVICE 1500M (G) FINAL (**No Entrant Who Has Run Under 6:00**)

200M (B,G) FINAL

WEIGHTMEN 4 X 100 RELAY (Only Shot Or Discus Boys 180lbs. & Over)

(Non-Scoring - Scale At Clerking Area)

WEIGHTLADIES 4 X 100 RELAY (Only Shot Or Discus Girls)

(Non-Scoring)

3200M RELAY (B,G) FINAL 400M RELAY (B,G) FINAL 1600M RELAY (B,G) FINAL

SHOT (B,G)

LONG JUMP (B,G) then TRIPLE JUMP (B,G)

DISCUS (G,B) HIGH JUMP (B,G) POLE VAULT (B,G)

NOVICE SHOT PUT (B,G) (After Scoring Events Are Completed)
NOVICE DISCUS (B,G) (After Scoring Events Are Completed)

POLE VAULT (B) - STARTS AT 8' BY 6" TO COMPLETION

POLE VAULT (G) - STARTS AT 6' 6" BY 6" TO COMPLETION

TRIPLE JUMP, LONG JUMP, SHOT, DISCUS - 3 JUMPS/THROWS PER ENTRANT (No Final)

HIGH JUMP (B) - START AT 5'2" BY 2" (G) - START AT 4'0" BY 2" TO COMPLETION

31st Annual Weedsport Track & Field Invitational

Weedsport Jr.-Sr. High School

Friday, May 11, 2018 @ 4:00 PM

Intent to Compete Form
School Name:
Circle all that apply: Boys Team / Girls Team / Indy Athletes (5 max)
Coach's name/e-mail (boys): /
Coach's name/e-mail (girls): / /
Please fax/email this form or respond at the link below:
https://docs.google.com/forms/d/e/1FAIpQLSf4JD39TI7TWgRGkqf_tfQ
xP9P_IHWFTQewEvqsetjYVe2iBw/viewform?usp=sf_link
FAX#: 315-834-8693

Thank you Christian Maher Weedsport Central School Athletic Director

Email: CMaher@weedsport.org