

**30th Annual
Weedsport Track & Field Invitational
Friday, May 12th, 2017 4:00 P.M.**

LOCATION: Weedsport High School, 2821 East Brutus Street, Weedsport, NY 13166

- ★ 400 Meter, 6 Lane all weather surface (track & jumping areas)
- ★ Cement shot and discus areas

COST: \$225 per school (Boys AND Girls)
\$125 for only Boys OR Girls
\$ 25.00/ individual athlete (up to 4 athletes).

- ★ Checks payable to:
Weedsport Warriors Booster Club, c/o Sara Stark
Weedsport High School, 2821 East Brutus Street, Weedsport, NY 13166

ENTRY: Submit Entries at Direct Athletics at <https://www.directathletics.com> by
Thursday, May 11th at 12:00 PM (NOON).

- ★ All athletes will be allowed to compete in three events
- ★ Two entries per school for individual events (Except the novice events)
- ★ One relay team per school

SCORING: 10-8-6-4-2-1

AWARDS: Awarded to both Boys and Girls

- ★ Top three teams(plaques)
- ★ Outstanding track athlete
- ★ Outstanding field athlete
- ★ Ribbons awarded to top 6 places

NOTES: For Coaches and Athletes

- ★ Coaches meeting at 3:40 PM (scratches due at this time).
- ★ Shot and discus weigh in- 3:20-4:00 PM next to Concession Stand
- ★ Fully automatic timing provided by AccuRace Timing Services.
- ★ All results are posted on website at www accuracetiming.com and www.tullyrunners.com soon after the completion of the event.
- ★ Limited number of teams (Please register to secure entry)
- ★ Pin spikes allowed. No spikes allowed in building
- ★ Athletes are encouraged to get their steps for LJ, TJ, and PV as soon as possible (possibly before meet).
- ★ Locker rooms available
- ★ Concessions: Food and beverages
- ★ Invitational T-Shirts available to purchase day of event
- ★ **Please respond with a commitment email to CMaher@weedsport.org listing your school name, participating team(s), coach(es), and contact information.**

For more details, please call the Weedsport Athletic Department at (315) 834-6652

30th Annual WeedSPORT Track & Field Invitational Order Of Events

400M HURDLES (B,G)	FINAL
3200M (B)	FINAL
400M RELAY (B,G)	FINAL
3000M (G)	FINAL
110M HURDLES (B)	FINAL
100M HURDLES (G)	FINAL
100M DASH (B,G)	FINAL
400M (B,G)	FINAL
1600M (B)	FINAL
1500M (G)	FINAL
SPRINT MEDLEY (B,G)	FINAL (400-200-200-800)
NOVICE 1600M (B)	FINAL
800M (B,G)	FINAL
NOVICE 1500M (G)	FINAL
200M (B,G)	FINAL
WEIGHTMEN 4 X 100 RELAY	(Only Shot Or Discus Boys 180lbs. & Over) (Non-Scoring – Scale At Clerking Area)
WEIGHTLADIES 4 X 100 RELAY	(Only Shot Or Discus Girls) (Non-Scoring)
3200M RELAY (B,G)	FINAL
1600M RELAY (B,G)	FINAL
SHOT (B,G)	
LONG JUMP (B,G)	
TRIPLE JUMP (following LJ, B,G)	
DISCUS (G,B)	
HIGH JUMP (G,B)	
POLE VAULT (B,G)	
NOVICE SHOT PUT (B,G)	(After Scoring Events Are Completed)
NOVICE DISCUS (G,B)	(After Scoring Events Are Completed)

POLE VAULT (B) – STARTS AT 8’ BY 6” TO COMPLETION

POLE VAULT (G) – STARTS AT 6’ 6” BY 6” TO COMPLETION

TRIPLE JUMP, LONG JUMP, SHOT, DISCUS – 3 JUMPS/THROWS PER ENTRANT (No Final)

HIGH JUMP (B) – START AT 5’2” BY 2” (G) – START AT 4’0” BY 2” TO COMPLETION

30th Annual Weedsport Track & Field Invitational

Weedsport Jr.-Sr. High School

Friday, May 12, 2017 @ 4:00 PM

Intent to Compete Form

School Name: _____

Boys / Girls (circle)

Coach's name/e-mail (boys): _____ / _____

Coach's name/e-mail (girls): _____ / _____

Coaches/Athletic Directors,

Please fax this form or simply email your intent to compete to:

FAX#: 315-834-8693

Email: CMaher@weedsport.org

Thank you,

Christian Maher

Weedsport Central School Athletic Director