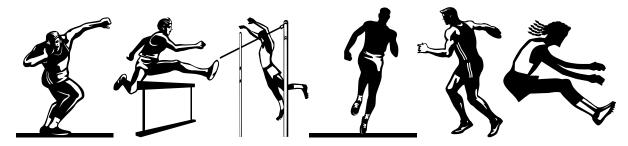
Tully CO-ED Spring Invitational



LOCATION: Tully High School Track

Monday April 3rd

We have a newly surfaced 400 Meter, 6 Lane All Weather Surface Track

3:00pm

with separate long and triple Jumping Areas

And a separate Shot Put And Discus Area

COST: \$225.00 Per Team (Boys and Girls combined)

\$125.00 for just Boys or Girls

Checks payable to:

Tully Boys Running Club

c/o Jim Paccia Tully Central School, P.O. Box 628 Tully NY 13159

ENTRY: Submit Entries Online @ NY.milesplit.com

by Sat. April 1st (no Fooling) by midnight

All Athletes Will Be Allowed To Compete In Four Events only

Three Entries Per School PER EVENT One Pent athlete only per gender One Relay Team Per School

Team awards to

1st place & 2nd place team

T-shirts for 1st place in each event

Ribbons for 2nd-6th

1/4" Spikes will be allowed

A full Concession stand will be available

Invitational T-Shirts Available To Purchase Day Of Event

Please call Jim Paccia 315 439-3147 or respond with a commitment email to jpaccia@tullyschools.org

listing your name, school name, e-mail,

participating team(s), the respective coach(es) name and all contact information.

The First 12 teams will be accepted so make sure you contact me with your intent.

For more information, please call Jim Paccia 315 439-3147 or the Tully Athletic Department at (315) 696-6235

Order Of Events

Coaches Meeting at 2:30pm

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1.) 1600M RELAY (B,G) FINAL
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2.) 3200M (B) FINAL

3.)3000M (G) FINAL

4.) PENT 110 HURDLES (B) FINAL

5.) 110M HURDLES (B) FINAL

6.) PENT 100 HURDLES (G) FINAL

7.) 100M HURDLES (G) FINAL

8.) 400M (B,G) FINAL

9.) 1600M (B) FINAL

10.) 1500M (G) FINAL

11. SMR Gender Combo Relay 4-2-2-8 (Girl, Boy, Girl, Boy) non-scoring, special awards (one gender teams can combine to compete)

12.) 400M HURDLES (B,G) TIMED FINAL

13.) 100M DASH (B,G) FINAL

14.) 800M (B,G) FINAL

15.) 200M (B,G) FINAL

16.) WEIGHTMEN 4 X 100 RELAY (Only Shot Or Discus Boys who competed that day 170lbs. & Over)

17.) WEIGHTLADIES 4 X 100 RELAY (Only Shot Or Discus Girls who competed that day)

18.) PENT 1500 (B)

19.) PENT 800 (G)

20.) 3200M RELAY (B,G) FINAL

21.) 400M RELAY (B,G) FINAL

Open Pit one hour for field events

High jump & Pole vault compete as normal

SHOT (B,G) 3:15-4:15, 4:30-5:30

PENT SHOT (B & G) 5:45-6:30

LONG JUMP (B) 3:15-4:15, (G) 5:30-6:30

PENT LONG JUMP (B & G) 4:15-5:15

TRIPLE JUMP (B,G) 3:15-4:30, 4:45-6:00

DISCUS (B,G) 3:15-4:30, 4:45-6:00

HIGH JUMP (G,B) 3:15 START

PENT HIGH JUMP G & B 6:00-7:00

POLE VAULT (G,B)

POLE VAULT (B) — STARTS AT 7' 6" BY 6" TO COMPLETION

POLE VAULT (G) – STARTS AT 6' BY 6" TO COMPLETION TRIPLE JUMP, LONG JUMP, SHOT, DISCUS – 3 JUMPS/THROWS PER ENTRANT

(No Final)

HIGH JUMP (B) – START AT 4'10" BY 2" (G) – START AT 3'10" BY 2" TO COMPLETION