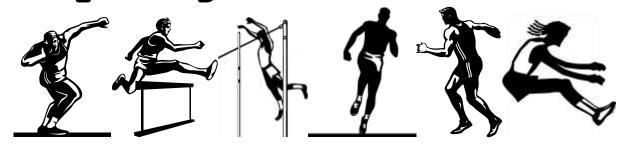
## Tully CO-ED Spring Invitational



LOCATION: Tully High School Track

Monday April 6th

10:00am

Bad Weather reschedule Date: Monday April 13th

We have a fairly new 400 Meter, 6 Lane All Weather Surface Track with separate long and triple Jumping Areas

And a separate Shot Put And Discus Area

**COST:** \$170.00 Per Team (Boys and Girls combined)

\$120.00 for just Boys or Girls Checks payable to:

Tully Boys Running Club \$20 per Individual

c/o Jim Paccia Tully Central School, P.O. Box 628 Tully NY 13159

**ENTRY:** Submit Entries Online @ NY.milesplit.com

by Sunday April 5th 5:00 pm

All Athletes Will Be Allowed To Compete In Four Events
Three Entries Per School For Individual Events

4 entries allowed in the Pent One Relay Team Per School

## Team awards to

1<sup>st</sup> place & 2<sup>nd</sup> place team in each division T-shirts for 1<sup>st</sup> place in each event Ribbons for 2nd-6th

## 1/4"Spikes will be allowed

A full Concession stand will be available

Invitational T-Shirts Available To Purchase Day Of Event

Please call Jim Paccia 315 439-3147 or respond with a commitment email to <a href="mailto:jpaccia@tullyschools.org">jpaccia@tullyschools.org</a>

listing your name, school name, e-mail, participating team(s), the respective coach(es) name and all contact information.

The First fifteen teams will be accepted so make sure you contact me with your intent.

For more information, please call Jim Paccia 315 439-3147 or the Tully Athletic Department at (315) 696-6235

## **Order Of Events**

Coaches Meeting 9:30 am

1. Pent 100M Hurdles (G)

2.Pent 110M Hurdles (B)

3.) 1600M RELAY (B,G) FINAL

4.) 3200M (B) FINAL

5.)3000M (G) FINAL

6.) 110M HURDLES (B) FINAL

7.) 100M HURDLES (G) FINAL

8.) 400M (B,G) FINAL

9.) 1600M (B) FINAL

10.) 1500M (G) FINAL

9.) 4x50 SLED PULL RELAY (B) (special award)

10.) 4x50 SLED PULL RELAY (G) (special award)

11.) 400M HURDLES (B,G) TIMED FINAL

12.) 100M DASH (B,G) FINAL

13.) 800M (B,G) FINAL

14.) 200M (B,G) FINAL

18.) WEIGHTMEN 4 X 100 RELAY (Only Shot Or Discus Boys 170lbs. & Over)

19.) WEIGHTLADIES 4 X 100 RELAY (**Only Shot Or Discus Girls**)

15.) 3200M RELAY (B,G) FINAL

16.) 400M RELAY (B,G) FINAL

17.) Pent 1500M (B)

18.) Pent 800M (G)

Open Pit one hour for field events
High jump & Pole vault compete as normal

SHOT (B,G) 10:15-11:15, 11:30-12:30 B&G PENT SHOT PUT 12:30-1:30

Novice shot to follow PENT SHOT

LONG JUMP -B&G PENT LONG JUMP 10:30-11:00, B&G LONG & TRIPLE) 12:00-2:00

DISCUS (G,B) Girls- 10:15-11:15, Boys-11:30-12:30

HIGH JUMP 10:00-11:30, 12:30-2:00

PENT HIGH JUMP 11:30-12:30

POLE VAULT (G,B)

POLE VAULT (B) - STARTS AT 7' 6" BY 6" TO COMPLETION

POLE VAULT (G) - STARTS AT 6' BY 6" TO COMPLETION

TRIPLE JUMP, LONG JUMP, SHOT, DISCUS – 4 JUMPS/THROWS PER ENTRANT (No Final)

HIGH JUMP (B) – START AT 4'10" BY 2" (G) – START AT 3'10" BY 2" TO COMPLETION