



2025 Stock-Conwicke Cross Country Invitational



Hello, Coaches.

The Vestal and Union-Endicott School Districts invite you to the 65th annual Sid Stock-Ted Conwicke Cross Country Invitational, which will be held **Saturday, September 13, 2025.**

The Course

The meet is held at Arnold Park on Andrews Rd. in Vestal, NY. Our course takes you through open fields, rolling hills, technical climbs, and scenic wooded trails. Varsity and JV races will be 3.0 miles. Modified races will be 1.5 miles.

Race Schedule (subject to change based on number of entries)

10:00	—	Coaches Meeting at the Finish Line	11:00	—	JV Boys
10:15	—	Junior High Boys	11:35	—	Varsity Girls (unlimited)
10:35	—	Junior High Girls	12:10	—	Varsity Boys (up to 10)

Awards

Trophies for first and second place teams in all races.

T-Shirts for the top 10 runners in the varsity races, top 10 runners in the junior high races, and the top 5 runners in the junior varsity races (handed out in the finishing chute)

Ribbons for places 11-50 in varsity / junior high races and places 6-50 in junior varsity races (handed out in the finishing chute).

Amenities

We have food and beverage available at concessions as well as race t-shirts for sale. Park bathrooms and water fountains are centrally located.

Registration

Entry Fee: \$200.00 per school – \$50.00 per race

***Please register your team on MileSplit in early September.**

***Please fill out the interest survey by August 1 if you plan to attend:** <https://forms.gle/T1jW2iNjPBCo7HWf8>

Make checks payable to: **Vestal Running Bears**

Mail payment to: **Vestal Athletic Department / 205 Woodlawn Drive / Vestal, NY 13850**

We hope to see you in September!

Respectfully yours,

Stephen Marcin - Vestal Cross Country

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