

## *The Square Deal Invitational*

*4:30 Start on Friday May 1, 2020 at Wildcat Stadium*

### FEATURES OF THE MEET INCLUDE:

- A full slate of events for both boys and girls,
  - \*\*Pentathlon\*\*
  - \*\*Steeplechase\*\*
- Online entries through MileSplit
- FAT for all track events (except Steeple)
- Team and Individual Awards

### MEET ENTRY FEES:

- \$200.00 for either boys or girls team
- \$250.00 for both boys and girls teams combined
- \$25.00 per individual athlete up to 6 athletes

### MEET ENTRY DEADLINES:

- Email intention to attend meet by Monday, March 25<sup>th</sup> to Eric Putman at [eputman@jcschools.stier.org](mailto:eputman@jcschools.stier.org).
- \*\*\*Please indicate your team entry choice (boys, girls, both, or single athletes).
- Submit MileSplit entries by 6:00 p.m. by Wednesday, April 29<sup>th</sup>.
  - Mail entry form, along with a check or purchase order, made payable to:  
JCABC, c/o Eric Putman, 666 Reynolds Rd., Johnson City, NY 13790.

### Entry Limits:

- 1 male and 1 female Pentathlon entry per team.
- 2 entries per team in all other individual events.
  - 1 entry per team in relay events

### TRACK EVENTS (NOT IN ORDER)

- Girls 100H
- Boys 110H
- Girls 2000m Steeplechase
- Boys 3000m Steeplechase
  - Boys 200m
  - Girls 200m
  - Girls 100m
  - Boys 100m
  - Girls 1500m
  - Boys 1600m
- Boys 3200m/Girls 3000m
  - Girls 400m
  - Boys 400m
  - Girls 800m
  - Boys 800m

- Girls 4x400
- Boys 4x400
- Girls 4x800
- Boys 4x800
- Boys 4x100
- Girls 4x100

### FIELD EVENTS (NOT IN ORDER)

- **Boys and Girls Pentathlon**
- Boys and Girls Long Jump
- Girls and Boys Triple Jump
- Girls and Boys High Jump
  - Girls and Boys Shot Put
- Girls and Boys Pole Vault
  - Girls and Boys Discus

**FRIDAY, MAY 1<sup>st</sup>, 2020**  
**4:30 PM @ WILDCAT STADIUM**  
666 Reynolds Rd., Johnson City, NY 13790

**ENTRY FORM**

School \_\_\_\_\_

Coach's Name: \_\_\_\_\_

Coach's Phone Number: \_\_\_\_\_

\_\_\_\_\_ Boys Team Only - \$200.00

\_\_\_\_\_ Girls Team Only - \$200.00

\_\_\_\_\_ Boys and Girls Team Combined - \$250.00

\_\_\_\_\_ Individual athletes Number of Athletes (maximum 6) \_\_\_\_\_ x \$25

Please enclose check or purchase order made payable to **JCABC**

along with your entry form to:

JC Track & Field

Johnson City Central School District

Attn: Eric Putman

666 Reynolds Rd.,

Johnson City, NY 13790

**Please submit entry form on or before Friday, April 17, 2020.**

Thank you.