

Announcing the 8th Annual Section 7 Cross Country Invitational

Saturday, September 15, 2018

SUNY Plattsburgh Fieldhouse

Site of the 2019 NYSPHSAA Cross Country Championship

Race Schedule:	10:00 AM	Girls Junior Varsity
	10:45 AM	Boys Junior Varsity
	11:30 AM	Girls Varsity (enter 7 runners)
	12:15 PM	Boys Varsity (enter 7 runners)

All races are 5 kilometers in length. If enough teams are entered we will open another section of varsity races divided by school sizes. We hope to see more of our Section 10 neighbors entered this year. Questions? Contact Brian Kiely bkiely@nycap.rr.com , Keith Bombard keithbombard7@gmail.com , or Kathy Champagne champadk@aol.com .

Awards: Top three team trophies in Varsity Races

Top 25 individuals in Varsity Races

Top 15 individuals in Junior Varsity Races

Entry Fees: Both Teams (boys and girls) \$100

Single Teams (boys or girls) \$50

Individual Runners \$10

Please make out checks or vouchers to: Section 7 NYSPHSAA

Please send your entry forms with rosters and payment to: Brian Kiely
Section 7 XC Coordinator
1765 Creek Road
Crown Point, NY 12928

**** The 2019 Pre-State Meet Invitational will be held on Saturday, September 21, 2019.**

Don't worry about designating varsity and junior varsity. We will assign numbers and use them to identify individuals in each race.

Section 7 Cross Country Invitational Roster Form (please print)

School: _____ **(Add more names as needed)**

Boys Entrants

Girls Entrants

- | | |
|-----|-----|
| 1. | 1. |
| 2. | 2. |
| 3. | 3. |
| 4. | 4. |
| 5. | 5. |
| 6. | 6. |
| 7. | 7. |
| 8. | 8. |
| 9. | 9. |
| 10. | 10. |
| 11. | 11. |
| 12. | 12. |
| 13. | 13. |
| 14. | 14. |
| 15. | 15. |
| 16. | 16. |
| 17. | 17. |
| 18. | 18. |