

Announcing the 9<sup>th</sup> Annual Section 7 Cross Country Invitational

Saturday, September 21, 2019

SUNY Plattsburgh Fieldhouse

Site of the 2019 NYSPHSAA Championship Meet

<u>Race Schedule:</u>	9:00 AM	Junior Varsity Girls	9:35 AM	Junior Varsity Boys
	10:10 AM	Varsity 1 Girls	10:45 AM	Varsity 1 Boys
	11:20 AM	Varsity 2 Girls	11:55 AM	Varsity 2 Boys
	12:30 PM	Varsity 3 Girls	1:05 PM	Varsity 3 Boys

Chip Timing by finishright.com

Live Results will be posted on finishright.com

(Enter seven (7) runners in the Varsity Races. Don't worry about designating Varsity or JV, numbers will be assigned for scoring for each individual entered regardless of the race they are in. **ENTRIES MUST BE ENTERED INTO MILESPLIT BY THURSDAY EVENING, SEPTEMBER 19!!**)

*There will be a \$10 parking fee for spectator vehicles to help defray the expenses of running the meet.*

All races are five (5) kilometers in length. Questions? Contact Brian Kiely ([bkiely@nycap.rr.com](mailto:bkiely@nycap.rr.com)) or Kathy Champagne ([champadk@aol.com](mailto:champadk@aol.com)).

Awards: Top five team plaques in Varsity Races Top three team plaques in JV Races

Top twenty-five individuals Varsity Races Top fifteen individuals JV Races

Entry Fees: Both Boys and Girls Teams \$200 Single Team (boys or girls) \$100

Individual Runners \$20 per runner

**PLEASE MAKE OUT CHECKS OR VOUCHERS TO: SECTION 7 NYSPHSAA c/o Matthew Walentuk**  
**Section 7 Athletic Coordinator Post Office Box 455 Plattsburgh, New York 12901**

Please contact Brian Kiely, Section 7 Boys Coordinator, at the email above, for requests to be in a specific race. We will try to accommodate teams on a first come, first served basis. We would also appreciate notice that your team plans to attend, if possible, for planning purposes. Thank you.

