

SECTION III BOYS TRACK & FIELD CLASS MEETS 2015

CLASS AA	Wed May 27	At Cicero NS HS	SCRATCH BY 3:15	START at 4:00
Meet Director: Oscar Jensen			Site Director: Greg Broton	
CLASS A-1, A-2	Fri May 29	At Camden HS	SCRATCH BY 3:15	START at 4:00
Meet Director: Adam Litwak			Site Director: Aaron Carey	
CLASS B-1, B-2	Fri May 29	At Canastota CS	SCRATCH BY 3:15	START at 4:00
Meet Director: Norm Deep			Site Director: Matt Shutts	
CLASS C-1,C-2	Thu May 28	At South Lewis CS	SCRATCH BY 3:15	START at 4:00
Meet Director: Bruce Sherwood			Site Director: Jack Bernard	
CLASS D	Fri May 29	At Remsen CS	SCRATCH BY 3:15	START at 4:00
Meet Director: Mike Keating			Site Director: Fay Harper	

1. A contestant may enter any four events including relays that he has qualified for. There is no limit to the number of competitors per school in an event, provided they have met the qualification standards. NOTE: IF AN ATHLETE SCRATCHES FROM ANY PORTION OF THE MEET, HE IS OUT OF FURTHER COMPETITION.
2. All meets will enter on-line. Entry deadline will be at 8:00 PM two days before competition. No exceptions. Meet committee has right to correct seed times.
3. One responsible adult is needed to be assigned to work at meet from each school.
4. Entry will be done by Leone Timing Service online thru Online Entries.com process for CLASS AA, A,B-1,B-2,C-1,C-2, and D
5. The 3000 Steeplechase Class C and D competition will be held on Tuesday May 26 at 5:30 at Rome Free Academy.. Entry will be by 3 x 5 card on site that day.
6. Psych sheets will available 24 hours before the meet at the leone Timing web-site. From that point only scratches will be allowed.
7. Any athlete may only be entered up to four times including relays, even as alternates.

SECTION III STATE QUALIFIER - FRIDAY JUNE 5, 2015

AT CICERO NORTH SYRACUSE STADIUM START AT 4:00 pm

MEET DIRECTOR: TOM WELLS (315-733-1698)

ASS'T MEET DIRECTOR: NORM DEEP (315-841-4747)

ELIGIBILITY: Qualification for this meet will include FIRST PLACE FINISHERS IN ALL 7 CLASS MEETS INCLUDING RELAYS plus any boy who has met the listed qualifying standard in a multi-school meet. Relay entries are the same and may be aggregate times for seeding. Meet committee has right to correct seed times. Athletes will be entered and an accurate seed time will be assigned based on class meet performance. If previous seed times are to be used, then Invitational or League meet results should be forwarded to Tom Wells as proof. Please send paper copies of these meets. Other athletes may be petitioned into the meet by approval of Class chairman or Sectional Chairman. This must be done prior to entering meet online. Athletes may enter up to 4 events except if one is the pentathlon. PENTATHLON WILL BE LIMITED TO TOP 4 ENTRIES IN EACH DIVISION. PENTATHLON ENTRY MUST BE APPROVED BY SECTIONAL CHAIRMAN BY E-MAILING ENTRY WITH POINT TOTALS BY WEDNESDAY AT NOON JUNE 3 TO TOM WELLS PHONE 733-1698 E-MAIL ----- swim09@roadrunner.com

REGISTRATION: ALL ENTRIES WILL BE DONE ONLINE THROUGH LEONE TIMING SERVICES. All entries must be received by 8:00 PM on .

!!!!!!! NOTE TO ALL !!!!!!! ALL ATHLETES AND RELAYS MUST BE ENTERED ONLINE. ON WEDNESDAY JUNE 3. ATHLETES MUST BE POSITIVELY CHECKED ON AT THE STADIUM IN PERSON OR BY CALLING PAT LEONE'S CELL PHONE BY 2:00 pm. NO EXCEPTIONS. PAT LEONE CELL PHONE # 315-420-4921

MEET PROCESS: There will be 3 trial attempts and 3 Final attempts for Shot Put, Discus, Long Jump, and Triple Jump. In these events the top 5 in each division will compete in the finals. In all races, there will be separate Division 1 and Division 2 competition. Make-up of these events will be decided based on number of entries.

INTERSECTIONAL MEET QUALIFIERS: The winner in division 1 and 2 will advance plus a wild card finisher in each division if meeting qualifying time or distance.

DIV 1-DIV 2: Division 1 statewide will be those schools at 600 students and above and division 2 will be for those at 599 students and below

COACH INFORMATION: During and after the State Qualifier, coaches are to register their athletes for the State Meet. The order of events at the State Meet must be considered when entering the meet. Coaches are encouraged to enter up to six athletes into the State Qualifier for relays as these may be needed for advancement. Any adjustments into the State Meet must be approved by the Sectional committee. **FOR STATE MEET, ONE MAY QUALIFY IN MULTI-SCHOOL MEET BACK TO LAST WEEKEND IN APRIL. MULTI-SCHOOL MEET IS ONE WHERE THERE ARE 5 SCHOOLS OR MORE COMPETING**

STATE MEET: Coaches should know that this is a two day meet. 2015 Meet will be held at SUNY Albany on June 12-13. Athletes are required to compete until conclusion. Any scratches will mean disqualification from the meet. Federation medals will be awarded to top eight finishers in all events based on overall competition. NYSPHSAA awards may include results from trials or semis.

ORDER OF EVENTS FOR Class D CO-ED SECTIONAL TRACK MEET

TRACK EVENTS

Boys	110HH	Pent
Boys	110HH	Semi
Girls	100 HH	Pent
Girls	100	Semi
Boys	100	Semi
Girls	4 x 800	Final
Boys	4 x 800	Final
Girls	100 HH	Final
Boys	110 HH	Final
Boys	100	Final
Girls	100	Final
Girls	1500	Final
Boys	1600	Final
Girls	4 x 100	Final
Boys	4 x 100	Final
Girls	400	Final
Boys	400	Final
Girls	400 IH	Final
Boys	400 IH	Final
Girls	800	Final
Boys	800	Final
Boys	200	Semi
Girls	3000	Final
Boys	3200	Final
Girls	200	Final
Boys	200	Final
Boys	1500	Pent
Girls	800	Pent
Girls	4 x 400	Final
Boys	4 x 400	Final

FIELD EVENTS

LONG JUMP	Girls then Boys
TRIPLE JUMP	Girls then Boys
HIGH JUMP	Boys then Girls
POLE VAULT	Girls then Boys
SHOT PUT	Boys then Girls
DISCUS	Girls then Boys
PENTATHLON	High Jump Shot Put Long Jump

**SECTION III TRACK ORDER OF EVENTS FOR CLASS MEETS
DIVISION 1 THEN DIVISION 2**

PENT 110 HURDLES

110 HURDLES – SEMIS

100 METERS – SEMIS

4 x 800 RELAY

110 HURDLES – FINALS

100 METERS – FINALS

1600 METERS

4 x 100 RELAY

400 METERS

Optional Break

400 HURDLES

800 METERS

200 METERS

3200 METERS

4 X 400 RELAY

3000 STEEPLECHASE

POLE VAULT

PENT HIGH JUMP

HIGH JUMP

LONG JUMP then TRIPLE JUMP

SHOT PUT then DISCUS

PENTATHLON ORDER

110 Hurdles

High Jump

Shot Put

Long Jump

1500 Meters—Fit in where best

BOYS TRACK QUALIFYING TIMES (Revised March 1, 2015)

	STATE	STATE	QUALIFIER	QUALIFIER	AA	A	B	C	D
	DIV 1	DIV 2	DIV 1	DIV 2	F.A.T.				
100	11.24	11.44	11.2	11.3	11.74	12.2	12.3	12.4	12.5
200	22.44	23.04	22.7	23.3	23.94	25.0	25.0	25.5	26
400	49.44	50.64	51.0	52.2	54.94	55.5	57.0	58.0	60
800	1:54.74	1:57.04	1:59.0	2:01.0	2:06.54	2:10.0	2:15.0	2:18.0	2:29.0
1600	4:17.34	4:22.04	4:28.0	4:30.0	4:42.54	5:05.0	5:05.0	5:10.0	5:35.0
3200	9:18.74	9:30.64	9:40.0	9:46.0	10:25.54	11:00.0	11:10.0	11:30.0	12:00.0
STEEP	9:38.94	9:51.14	10:15.0	10:35.0	11:15.54	11:45.0	12:15.0	12:15.0	12:15.0
PENT	3098pts	3013pts	2800pts	2600	ONE	ONE	ONE	ONE	ONE
110 HH	15.04	15.54	15.7	16.0	17.24	17.7	18.0	19.5	20.0
400 IH	55.64	57.14	58.0	59.0	1:02.54	1:05.0	1:05.0	1:09.0	1:12.0
SHOT	51'6"	49'2"	47'	45'	42'	38'	37'	36'	35'
DISCUS	154'11"	143'11"	140'	135'	125'	108'	104'	100'	98'
P V	13'9"	12'9"	13'	12'	10'6"	10'	10'	9'	7'
H J	6'3"	6'2"	6'2"	6'	5'8"	5'6"	5'2"	5'	5'
L J	22'1"	21'	21'	20'	19'	18'	17'6"	17'	17'
T J	45'10"	44'1"	43'	42'	39'6"	37'6"	37'	35'	34'
400 R	43.14	44.24	44.8	46.0	TEAM	TEAM	TEAM	TEAM	TEAM
1600 R	3:21.94	3:28.14	3:30.0	3:33.0	TEAM	TEAM	TEAM	TEAM	TEAM
3200 R	7:51.94	8:06.14	8:15.0	8:20.0	TEAM	TEAM	TEAM	TEAM	TEAM

FOR CLASS B,C,D-----ATHLETES MAY USE 3200 TIME FOR STEEPLECHASE

SECTION III TRACK
2015 STATE QUALIFIER ORDER OF EVENTS (4:00 Start)

G-PENT 110 HURDLES

B-PENT 100 HURDLES

G-4 X 800 RELAY

B-4 X 800 RELAY

G-4 X 100 RELAY

B-4 X 100 RELAY

G-4 X 400 RELAY

B-4 X 400 RELAY

G-2000 STEEPLECHASE

B-3000 STEEPLECHASE

G-100HH SEMIS

B-110H SEMIS

G-100 SEMIS

B-100 SEMIS

B-1500

G-1600

B-110HH FINAL

G-100 H FINAL

G-100 FINAL

B-100 FINAL

G-400

B-400

G-800

B-800

B-200 SEMIS

G-400 IH

B-400 IH

G-3000

B-3200

G-200 FINAL

B-200 FINAL

B-1500 PENT

G-800 PENT

FIRST ROUND

B-SHOT PUT(Div 1,2---2 circles)

G-DISCUS (Div 1,2)

G-POLE VAULT

G-LONG JUMP

B-TRIPLE JUMP

LJ-TJ RUNWAYS

SECOND ROUND

G-SHOT PUT(Div 1,2--#1 circle)

B-DISCUS (Div 1,2)

B-POLE VAULT

B-HIGH JUMP(School)

G-HIGH JUMP(Scoreboard)

B-LONG JUMP

G-TRIPLE JUMP

PENTATHLON

G-110H

B-100H

G-HJ-(Scoreboard)

B-HJ-(School)

B-SP (#2 circle)

G-SP (#2circle)

B-LJ

G-LJ

B-1500

G-800

Bd#2---Track

Girls-Div 1 LJ

Girls-Div 2 LJ

Girls-Div 1 TJ

Girls-Div 2 TJ

Girls-Pent LJ

Bd#1--Fence

Boys-Div 1 LJ

Boys-Div 2 LJ

Boys-Div 1 TJ

Boys-Div 2 TJ

Boys-Pent LJ