

13th Annual John Lombardo/Saugerties Invitational

Date: Saturday, October 8th, 2016

Course: Race will begin on school grounds and continue onto the “Horse Shows in the Sun” property. The surface will be a mixture of soft dirt, grass and packed gravel.

Distance: Varsity and Freshman Races - 5,000 meters. Modified Race - 1.5 miles.

Schedule: *Please arrive by 8AM, so athletes can walk the course.*

9:00AM – Freshmen Boys

9:45 AM – Freshmen Girls

10:30 AM – Varsity I Boys

11:15 AM – Varsity I Girls

12:00 PM – Modified Boys, followed by Modified Girls

If there are large numbers of Varsity racers, an additional race(s) will be run.

Awards:
Freshmen Teams - 1st place trophy
Varsity Teams - 1st, 2nd & 3rd place trophies
Individuals - medals for top 10 freshmen and top 30 Varsity runners.

Extras: Food & T-shirts will be available for sale. Apples & Water provided for runners.

Registration Form:

Cost: Individual Runner - \$10.00 Modified Team - \$30.00 Blanket Fee - \$140.00
Freshmen Team - \$35.00 Varsity Team - \$40.00

Name of School: _____

E-mail Contact: _____

Total Cost: \$ _____ Checks payable to: **Saugerties Track Club**

Fill-in numbers/races your team will participate in:

Individual Boys _____ Individual Girls _____

Varsity Boys _____ Varsity Girls _____

Freshman Boys _____ Freshman Girls _____

Modified Boys _____ Modified Girls _____

*****PLEASE SUBMIT A TYPED ROSTER WITH YOUR REGISTRATION*****

Return registration form, roster and check or claim form by **October 1, 2016**

Mail to:

Saugerties Central Schools

Call Box A

Saugerties, NY 12477

ATTN: Athletic Office

Contact: Steve Buonfiglio, Varsity CCX Coach

E-mail: sbuonfiglio@saugerties.k12.ny.us

W: (845) 247-6500 Cell: (914) 456-6846 School Fax: (845) 246-1096

