



The Rotary Relays

Chenango Forks Track and Field is hosting the **Rotary Relays** to be held on Saturday March 28, 2026 at 10:00 AM.

Scoring:

- Scoring will be done in the traditional style: 10-8-6-4-2-1.
- We will have exhibition 100 and 110 Meter Hurdles that do not count towards scoring.
- We will also have a non-scoring exhibition 100 Meter Dash and One Mile to include more athletes into the meet. Winners still receive First Place awards for the exhibition events.
- The Throwers 400 Meter Relay teams **WILL** count towards scoring and **MUST** be made up of Throwers that threw that day.

Number of Entries:

Each school is allowed up to six male and six female entries in the exhibition races. Each school is allowed **TWO** athletes per field event. In order to count for scoring, you must have two athletes compete in the event and their best performances will be added together. All individual field events will be conducted as normal.

The only exception is that Throwers are limited to one Throwing Event.

For example, anyone throwing Shot cannot throw Discus and vice versa. This is an attempt to put more Throwers in the meet without putting teams at a scoring disadvantage.

Featured Event:

The Nimmonsburg Rotary Club's founder was Dr. Robert W. Smith. In honor of Dr. Bob, the Featured Event at this Meet will be the DMR. An additional award will be given to the winners of the DMR Teams for both Boys and Girls with a special presentation from Rotary International.

Awards and Concession:

There will be T-shirts for all event winners, prizes for all first through third place finishers, and a plaque for the overall Boys and overall Girls champion. There will also be a concession stand on site.

Fees:

The entry fee is \$300 per school for a combined male and female team or \$150 for only bringing one team. Checks should be made out to "Chenango Forks Track and Field," and mailed to Chenango Forks High School, c/o Jason Motell, 1 Gordon Drive, Binghamton, NY 13901.

Contact Information:

The meet is being capped at twenty-four teams, so please reserve your spot now by sending an Email to Varsity Head Coach, Jason Motell at Motellj@cforks.org



The Rotary Relays

| TRACK EVENTS | | | | | FIELD EVENTS |
|--------------|----|--|-------|--------|--|
| | 1 | Exhibition 100M Hurdles | Girls | Final | <p>Field Events will start at 9:30:</p> <p>Girls and Boys High Jump Girls Pole Vault Boys Shot Put Girls Discus Girls and Boys Long Jump</p> <p><u>Followed By:</u></p> <p>Boys Pole Vault Girls Shot Put Boys Discus Girls and Boys Triple Jump</p> <hr/> <p>For the Horizontal Jumps there will be 3 Jumps and no finals.</p> <p>For the Throws there will be 3 Throws and no finals.</p> <hr/> <p>Reminder: Throwers are only allowed to participate in one Throwing Event.</p> |
| | 2 | Exhibition 110M Hurdles | Boys | Final | |
| | 3 | 400M Relay | Girls | Trials | |
| | 4 | 400M Relay | Boys | Trials | |
| | 5 | 6400M Relay | Girls | Final | |
| | 6 | 6400M Relay | Boys | Final | |
| | 7 | 400M Relay | Girls | Final | |
| | 8 | 400M Relay | Boys | Final | |
| | 9 | 3200M Relay | Girls | Final | |
| | 10 | 3200M Relay | Boys | Final | |
| | 11 | Sprint Medley (4-2-2-8)* | Girls | Final | |
| | 12 | Sprint Medley (4-2-2-8)* | Boys | Final | |
| | 13 | Exhibition Mile | Girls | Final | |
| | 14 | Exhibition Mile | Boys | Final | |
| | 15 | Exhibition 100 Meter Dash | Girls | Final | |
| | 16 | Exhibition 100 Meter Dash | Boys | Final | |
| | 17 | 1600M Relay* | Girls | Final | |
| | 18 | 1600M Relay* | Boys | Final | |
| | 19 | Dr Robert W. Smith Distance Medley (12-4-8-16) | Girls | Final | |
| | 20 | Dr Robert W. Smith Distance Medley (12-4-8-16) | Boys | Final | |
| | 21 | 800M Relay* | Girls | Final | |
| | 22 | 800M Relay* | Boys | Final | |
| | 23 | Throwers 400M Relay** | Girls | Final | |
| | 24 | Throwers 400M Relay** | Boys | Final | |

*These relays will have a two-turn stagger

**The Throwers 400M Relay must be made up of Throwers that threw the day of the Meet.