

28th ANNUAL PIRATE RELAYS

MEET INFORMATION

- Date & Place:** Saturday, April 1st, 2017, at Pearl River High School
- Rules:** National Federation recognized
- Track Events:** F.A.T. timing system will be used
Schools supply own batons
- Field Events Relays:** Two (2) competitors per relay team
- Restrictions:** ¼” **pyramid spikes. No Blocks.**
- Participations:** An athlete may compete in both Frosh-Soph and Varsity divisions for all events except the shot put and discus, **but** must adhere to the NYS rules of four (4) events for the entire meet.
- Scoring:** 10-8-6-4-2-1 in each division, boys and girls separate.
- Awards:** String bags to champions in each event (varsity and frosh-soph). Medals for 2-5 places in each event (varsity and frosh-soph). Trophies to top three (3) schools (boys & girls) in Varsity. Trophies to top winning school(s) (boys & girls) in Frosh-Soph.
- Sanction:** A sanction has been filed for all bordering states.
- Entry:** *Maximum of four (4) teams per **relay**.*
Unlimited in **individual** track events.
- Entry Fee:** \$500 Blanket Entry. (You may split \$275 for boys and \$275 for girls).
Boys and girls teams from one school are considered to be 2 teams.
- *** PLEASE NOTE:** Minimum Entry Fee is \$60.00 (per team)***
This is an Entry Fee and not a Participation Fee
Therefore, the minimum entry for a boys' team and a girls' team would be \$120.00.
Twenty (20) dollars per relay (track & field event). Ten (10) dollars per individual event.
- Make Checks/Vouchers payable to:** **PIRATE RELAYS**
Gilbert Hawkins, Pirate Relays
PEARL RIVER HIGH SCHOOL
275 E. Central Avenue
Pearl River, NY 10965
OR FAX TO: (845) 620-3868
- Refreshments/T-shirts:** Will be available for purchase.
- Please Note:**
- Varsity Field Events may start as early as 11:30am, you may check in until 12:05pm.
 - **The rain makeup date will be Sunday, April 2nd.** if you are in question TEXT.
- Any Questions:** **TEXT GILBY HAWKINS (201) 446-2862**

PIRATE RELAYS ORDER OF EVENTS

8:30 am

FROSH-SOPH FIELD EVENT RELAYS

GIRLS: Long Jump, Discus, Pole Vault (boys to follow)

BOYS: Triple Jump, Shot Put, (girls to follow)

GIRLS & BOYS: High Jump (two pits)

8:45 am

FROSH-SOPH TRACK EVENTS (GIRLS – BOYS)

Distance Medley Relay (800 200 400 1600)

4 x 100 Relay

4 x 800 Relay

Sprint Medley Relay (400 200 200 800)

4 x 400 Relay

3 x Shuttle Hurdles

12:00 Noon

VARSIITY FIELD EVENT RELAYS

GIRLS: Long Jump, Discus, Pole Vault (boys to follow)

BOYS: Triple Jump, Shot Put (girls to follow)

GIRLS & BOYS: High Jump (two pits)

12:00 Noon

VARSIITY TRACK EVENTS – Girls/Boys Unless Noted

3 x Shuttle Hurdles (**Boys/Girls**)

4 x 1600 Relay (girls)

4 x 100 Relay (girls)

Rich Michalski 4 x 1600 Relay (boys)

4 x 100 Relay (boys)

4 x 800 Relay

400 Intermediate Hurdles (Individual)

Sprint Medley Relay (400 200 200 800)

3000 (Individual)

2000 Steeplechase (Individual – Over Water)

4 x 400 Relay

NOTE:

Fast sections will run first.

***ALL TRACK AND FIELD EVENTS ARE FINALS
¼” Pyramid Spikes Only***

28th ANNUAL PIRATE RELAYS ENTRY BLANK

FROSH SOPH RELAYS

	<u>BOYS</u>	<u>GIRLS</u>
4 X 100	___	___
4 X 400	___	___
4 X 800	___	___
SPRINT MEDLEY (400 200 200 800)	___	___
DISTANCE MEDLEY (800 200 400 1600)	___	___
3 X SHUTTLE HURDLES	___	___
2 MAN HIGH JUMP RELAY	___	___
2 MAN LONG JUMP RELAY	___	___
2 MAN TRIPLE JUMP RELAY	___	___
2 MAN SHOT PUT RELAY	___	___
2 MAN DISCUS RELAY	___	___
2 MAN POLE VAULT RELAY	___	___

VARSITY RELAYS

4 X 100	___	___
4 X 400	___	___
4 X 800	___	___
RICH MICHALSKI 4 X 1600	___	___
3 X SHUTTLE HURDLES	___	___
SPRINT MEDLEY (400 200 200 800)	___	___
2 MAN HIGH JUMP RELAY	___	___
2 MAN LONG JUMP RELAY	___	___
2 MAN TRIPLE JUMP RELAY	___	___
2 MAN SHOT PUT RELAY	___	___
2 MAN DISCUS RELAY	___	___
2 MAN POLE VAULT RELAY	___	___

INDIVIDUAL EVENTS

VARSITY 400 INTERMEDIATE HURDLES	___	___
VARSITY 3000 RUN	___	___
VARSITY 2000 STEEPLECHASE	___	___

BLANKET ENTRY:

\$500 UNLIMITED ENTRY BOYS AND GIRLS	___
\$275 UNLIMITED ENTRY BOYS ONLY	___
\$275 UNLIMITED ENTRY GIRLS ONLY	___

LIMITED ENTRIES:

NUMBER OF TRACK RELAYS _____ X \$20.00 =	_____
NUMBER OF FIELD RELAYS _____ X \$20.00 =	_____
NUMBER OF INDIVIDUALS _____ X \$10.00 =	_____

***MINIMUM ENTRY FEE: \$60.00 PER TEAM (BOYS AND GIRLS = 2 SEPARATE TEAMS)**

SCHOOL _____ **TOTAL** _____

BOYS' COACH: _____ **GIRLS' COACH:** _____

CONTACT PHONE: _____ **CONTACT PHONE:** _____

EMAIL: _____ **EMAIL:** _____

SCHOOL PHONE: _____ **SCHOOL PHONE:** _____

SCHOOL ADDRESS: _____

MAIL TO:
Gilbert Hawkins, Pirate Relays
PEARL RIVER HIGH SCHOOL
 275 E. Central Avenue
 Pearl River, NY 10965
 OR FAX TO: (845) 620-3868

Dear Coaches,

Thank you for your interest in the 28th Annual Pirate Relays.

It is our goal to incorporate a friendly and inviting atmosphere with a competitive field of performances.

Please read the information below concerning event entries. Feel free to text with any questions or concerns.

STEPS FOR INDIVIDUAL RACE AND FIELD EVENT ENTRY

1. Log into Milesplit
2. Enter or update your team's roster
3. Enter all events including relays, field events, and individual events

Entries will close at 9:00 PM on Friday, March 31st.

Scratch sheet will be set up at the meet.

Additional changes can be made at the timing table. Try and keep these to a minimum.

REMINDERS FROM CHANGES FROM LAST YEAR

1. Coaches will receive a meal pass.
2. We are again using Milesplit for entries
3. All freshmen and sophomores must compete in either the frosh/soph division or the varsity division of the shot put and discus. They can no longer compete in both sessions.