

THE 55th PARKHURST INVITATIONAL TRACK & FIELD MEET

SATURDAY, MAY 12, 2018, at NOON

The Parkhurst Invitational Track and Field Meet will be held on U-E's **Mike Miller Track** on **Saturday, May 12th starting at Noon**, with a scratch coaches meeting at 11:30 am on the infield of the stadium. The entry fee is **\$250 per mixed team, \$150 for just a boys or girls team, or \$20 per individual**. Checks should be made out to the **U-E Varsity Club**, and mailed to the Union-Endicott High School Athletic Office, c/o Mike TerBoss, 1200 E. Main St., Endicott, NY 13760.

All races will be timed with an FAT system. Pin spikes may be worn in all events.

Entries will be done on **sydexsports.com** listed - Parkhurst Meet – May 12th. The **deadline for entries will be Wednesday, May 9th, at 6 PM**. Please refer to the Sydex entry procedure that is included in the Section IV Track and Field Handbook for specific entry procedure directions, if needed. **Two entries per event, please.**

The first throw or jump in the field events will be measured, but after that a throw or jump below the following standards will not be measured:

<u>EVENT</u>	<u>GIRLS</u>	<u>BOYS</u>
Shot Put	25'	35'
Disc	70'	110'
Long Jump	13'	17'
Triple Jump	27'	37'
High Jump SH	4' 2"	5' 2"
Pole Vault SH	7'	9' 6"

******* The Novice 1500 is for girls with a personal best time of 6:00 or higher ONLY. The Novice 1600 is for boys with a personal best time of 5:00 or higher ONLY. *******

This is a SCRATCH ONE-SCRATCH ALL meet. Scratches will be done on paper at the finish line area, before the coaches meeting. There will be no additions before the meet.

Awards in the Parkhurst will be made to the top three teams, and to places 1-6 in all events. Individuals will receive shirts for places 1-3, and the top 6 places will receive ribbons. There will be an award for the outstanding boys track performer, the outstanding boys field performer, the outstanding girls track performer, and the outstanding girls field performer.

Should you have further questions, contact **Mike TerBoss** at **607-341-0960 (cell)** or e-mail at [**mterboss@uek12.org**](mailto:mterboss@uek12.org).

PLEASE E-MAIL ME ASAP IF YOU ARE PLANNING TO ATTEND OUR MEET.

PARKHURST ORDER OF EVENTS

1	3000 METER STEEPLECHASE	B	FINAL (1 HEAT)
2	2000 METER STEEPLECHASE	G	FINAL (1 HEAT)
3	NOVICE 1600 METER RUN	B	NON-SCORING (1 HEAT)
4	NOVICE 1500 METER RUN	G	NON-SCORING (1 HEAT)
5	400 METER RELAY	G	SEMI
6	400 METER RELAY	B	SEMI
7	3200 METER RELAY	G	FINAL
8	100 METER HURDLES	G	SEMI
9	3200 METER RELAY	B	FINAL
10	100 METER DASH	G	SEMI
11	100 METER DASH	B	SEMI
12	100 METER HURDLES	G	FINAL
13	110 METER HURDLES	B	SEMI
14	1500 METER RUN	G	FINAL
15	400 METER DASH	G	FINAL-timed sections
16	110 METER HURDLES	B	FINAL
17	1600 METER RUN	B	FINAL
18	400 METER DASH	B	FINAL-timed sections
19	100 METER DASH	G	FINAL
20	100 METER DASH	B	FINAL
21	400 METER HURDLES	G	FINAL-timed sections
22	400 METER HURDLES	B	FINAL-timed sections
23	200 METER DASH	G	SEMI
24	200 METER DASH	B	SEMI
25	800 METER RUN	G	FINAL
26	800 METER RUN	B	FINAL
27	3000 METER RUN	G	FINAL
28	200 METER DASH	G	FINAL
29	200 METER DASH	B	FINAL
30	3200 METER RUN	B	FINAL
31	400 METER RELAY	G	FINAL
32	400 METER RELAY	B	FINAL
33	1600 METER RELAY	G	FINAL-timed sections
34	1600 METER RELAY	B	FINAL-timed sections

FIELD EVENTS

GIRLS SHOT PUT (FOLLOWED BY BOYS)

BOYS DISCUS (FOLLOWED BY GIRLS)

GIRLS & BOYS LONG JUMP (2 PITS WILL BE USED),
FOLLOWED BY GIRLS & BOYS TRIPLE JUMP

GIRLS HIGH JUMP (FOLLOWED BY BOYS)

BOYS POLE VAULT (FOLLOWED BY GIRLS)