

New Paltz Early Bird Invitational, Saturday 7 April 2018

The New Paltz Track and Field team is happy to invite your team to Our Early Bird Invitational on 7 April 2018, starting at 9:15 am.

The intent of this meet is to provide teams with a chance to get seed times before the dual meet season begins in a relaxed atmosphere that offers competition.

To keep fees low, there will be no awards, and minimal officials.

Timing will be done by FAT (Tim Fulton)—fully automatic timing

All teams will receive a complete set of meet results, and team scores will be calculated/published.

Entry Fee: \$150 flat fee for Boys team, Girls team, or both.

****This is a non refundable entry fee, not a participation fee****

Entry declaration-

Intent to enter must be emailed to dbartlett@newpaltz.k12.ny.us by **28 March 2018**.

Payment should be made out to **New Paltz Track and Field** and sent by 4 April to:

Gregory Warren
196 Main Street
New Paltz, NY 12561

School: 845 256 4100

Cell: 845 594 6721

Entries:

-Due by noon Wednesday, 4 April 2018

-Must Be Done through Milesplit

Refreshments: Stadium snack bar will be open

Equipment: Up to ¼" spikes are allowed, bring your own starting blocks.

Team Areas: will be outside the stadium fence, either in the stands (please- team tents in back/top row only) or on the grass. Athletes not being clerked or competing should remain outside the fence.

Order of Events: Start Time: 9:15 am (coaches meeting at 9 am)

Running events will be Girls then Boys, slow to fast

All times will be recorded, and event scoring (10-8-6-5-4-3-2-1) will be final on time except for the 100 and 100/110 hurdles.**

In the 100 and 100/110 hurdles the Top 24 entries will be seeded into 4 heats of semis; Finals will be first in heat plus next two fastest times

Track 9:15 am

4x800 relay
100m (unseeded)
100m (semi)
110/100 hurdles (unseeded)
110/100 hurdles (semi)
400
100m Final
100/110urdles (final)
800
200
3000/3200
400 hurdles
4x100 relay
1500/1600
4x400 relay

Field 9:15 am

3 attempts in LJ, TJ, SP and D

Girls Long Jump then Triple Jump- Inside pit
Boys Long Jump then Triple Jump- Outside pit
Pole Vault (Girls open at 6', Boys at 8')
High Jump (Girls open at 3'10, Boys at 4'10)
Shot Put Girls then Boys
Discus Boys then Girls

2018 New Paltz HS Early Bird Invitational Entry Form

Entry Fee: \$150 (one or both Teams)

School Name _____

Check One: Boys _____ Girls _____

Both _____

Coaches Contact Information

Name _____

Phone # _____

FAX # _____

Email _____

Make Checks Payable to: New Paltz Track and Field

Mail payment by 4 April 2018 to:

Gregory Warren
196 Main Street
New Paltz, NY 12561
845 256 4100

Entries are due on Milesplit by 4 April 2018

Email dbartlett@newpaltz.k12.ny.us to declare your entry
By 28 March

Additional questions? Contact D Bartlett, 845 594 6721