#### **RACE SCHEDULE**

8:45 AM	Coaches Meeting
9:00 AM	Modified Boys
9:20 AM	Modified Girls
9:40 AM	Varsity Boys
10:25 AM	Varsity Girls

### **COURSE**

The grassy course brings runners across school grounds and athletic fields with two major hill climbs. Runners cross pavement but only briefly. The course is spectator-friendly, bringing runners in view of spectators four times during the varsity race.

## Varsity Course Map / Modified Course Map

Maps will also be provided in packets.

#### **AWARDS**

Plaques to the  $1^{st}$  through  $3^{rd}$  place teams in the modified and varsity races.

Medals to the 1st place individual in the modified, and varsity races.

T-shirts to the top 10 runners in the modified, and varsity races.

Ribbons to the top 25 runners in the modified, and varsity races.

Hoodies to the winning coach in the modified, and varsity races.

### **TIMING AND SCORING**

Entries via MileSplit NY by Thursday, September 15 at midnight for FAT timing.

## **ENTRY FEE**

\$125 per school \$100 per gender (i.e., modified, and varsity boys) \$100 for Varsity or Modified only \$10 per individual (up to 4)

Please send checks or vouchers payable to NEW HARTFORD CENTRAL SCHOOL to:

Athletics Department New Hartford Senior High School ATTN: New Hartford Invitational 33 Oxford Road New Hartford, NY 13413

If you bring the check or voucher meet day, please pay at packet pick-up.

### **CONCESSIONS**

The New Hartford XC Running Club will sell refreshments including healthier options such as bagels, energy bars, and sports drinks.

New Hartford Invitational t-shirts and long sleeve shirts will also be available for purchase.

If you have any questions, please contact Andrea Carney at <a href="mailto:anlew12@yahoo.com">anlew12@yahoo.com</a> or (315) 525-2667.



# **New Hartford Invitational Commitment Form**

School Information
School Name:
School Address:
School Phone Number:
Team Commitments
Varsity Boys Modified Boys
Varsity Girls Modified Girls
Number of Varsity Boys: Number of Varsity Girls:
Number of Modified Boys: Number of Modified Girls:
Number of Individuals (up to 4):
Contact Information
Primary Coach's Name:
Primary Coach's Email:
Primary Coach's Number: