

Need for Speed Invite @ Johnson City

Tuesday May 12th @ 4:30 at Wildcat Stadium

Features of the Meet:

- A full slate of events for both boys and girls, built around speed!! Includes **multiple hurdle events, sprint events, and various sprint relay/medley relays!** No field events contested!!
- Online entries on Milesplit
- **FAT** for all track events
- **THIS IS A FIRST COME FIRST DECLARE BASIS FOR TEAMS SO PLEASE LET ME KNOW ASAP!!!**

Meet entry fees:

- **\$150.00** for either boys or girls team
- **\$200.00** for both boys and girls teams combined
- **\$100.00** for just relays for one gender

Meet Entry Deadlines:

- Email intention to attend meet by **Monday, May 3rd to Eric Putman at eputman@jcschools.stier.org**. Please indicate your team entry choice (boys, girls, or both).
- Submit entries by **MIDNIGHT on Sunday, May 10th**.
- Mail entry form, along with a check or purchase order, made payable to: **JCABC c/o Eric Putman, 666 Reynolds Rd., Johnson City, NY 13790.**

Entry Limits:

- 3 entries per team in all individual events.
- 1 entry per team in relay events

Individual Events:

- Girls 100H
- Boys 110H
- Girls 200H
- Boys 200H
- Girls 55m
- Boys 55m
- Girls 100m
- Boys 100m
- Girls 200m
- Boys 200m
- Girls 500m
- Boys 500m
- Girls 600m
- Boys 600m

Relay Events:

- Girls Sprint Medley (1-1-2-4)
- Boys Sprint Medley (1-1-2-4)
- Girls 4x200m Relay
- Boys 4x200m Relay
- Girls Swedish Relay (1-2-3-4)
- Boys Swedish Relay (1-2-3-4)
- Boys 3000m Steeplechase
- Girls 2000m Steeplechase

6th ANNUAL NEED FOR SPEED

ORDER OF EVENTS

4:30	1	SPRINT MEDLEY (1-1-2-4)	G	FINAL
	2	SPRINT MEDLEY (1-1-2-4)	B	FINAL
	3	600 M RUN	G	FINAL
	4	600 M RUN	B	FINAL
	5	55 M DASH	G	FINAL
	6	55 M DASH	B	FINAL
	7	SWEDISH RELAY (1-2-3-4)	G	FINAL
	8	SWEDISH RELAY (1-2-3-4)	B	FINAL
	9	110 M HURDLES	B	FINAL
	10	100 M HURDLES	G	FINAL
	11	200 M DASH	G	FINAL
	12	200 M DASH	B	FINAL
	13	500 M RUN	G	FINAL
	14	500 M RUN	B	FINAL
	15	2000M STEEPLECHASE	G	FINAL
	16	3000M STEEPLECHASE	B	FINAL
	17	100 M DASH	G	FINAL
	18	100 M DASH	B	FINAL
	19	200 M HURDLES	G	FINAL
	20	200 M HURDLES	B	FINAL
	21	800 M RELAY (4x200)	G	FINAL
	22	800 M RELAY (4x200)	B	FINAL