The 3rd Annual
LUKE PARLATORE XC INVITATIONAL
@ Clove Lakes Park
Sunday September 11, 2016

Join us for a spirited day of cross country action at beautiful Clove Lakes Park on Staten Island, New York. The course layout features grass, woodchips & asphalt so we strongly recommend athletes do not use spikes!

We will be using index cards & pins. Please write the school name, athlete's name & race on a 3x5 inch index card. All index cards will be collected at the finish line.

PLEASE NOTE: Our race has changed to Sunday due to a conflict in the park. We expect to be back on the Saturday in 2017.

TIME SCHEDULE

10:00 AM	**Varsity Boys 5K**	***Plaques to the Top 3 teams, Top 20 earn medals***
10:30 AM	**Varsity Girls 5K**	***Plaques to the Top 3 teams, Top 20 earn medals***
11:00 AM	**Frosh Boys 1.5M**	***Plaques to the Top 3 teams, Top 20 earn medals***
11:30 AM	**Frosh Girls 1.5M**	***Plaques to the Top 3 teams, Top 20 earn medals***
12:00 PM	**JV Boys 5K**	***Plaques to the Top 3 teams, Top 20 earn medals***
12:30 PM	**JV Girls 5K**	***Plaques to the Top 3 teams, Top 20 earn medals***

RACE ENTRY

		# OF ATHLETES		
VARSITY BOYS 5K	***(Max of 7)***	_____	**x $5.00 each runner =**	_____
VARSITY GIRLS 5K	***(Max of 7)***	_____	**x $5.00 each runner =**	_____
FROSH BOYS 1.5M	***(Unlimited)***	_____	**x $5.00 each runner =**	_____
FROSH GIRLS 1.5M	***(Unlimited)***	_____	**x $5.00 each runner =**	_____
JV BOYS 5K	***(Unlimited)***	_____	**x $5.00 each runner =**	_____
JV GIRLS 5K	***(Unlimited)***	_____	**x $5.00 each runner =**	_____

_____
TOTAL ENTRY FEE

Questions?
E-MAIL COACHMANCUSI@AOL.COM

MAIL ENTRY AND CHECK TO:
LUKE PARLATORE XC INVITATIONAL
C/O CHRIS MANCUSI
132 DEMOPOLIS AVE
STATEN ISLAND, NY 10308

ENTRIES DUE BY MON SEPT 7th
ALL CHECKS PAYABLE TO:
"THE LUKE PARLATORE FOUNDATION"

_____ **SCHOOL NAME**
_____ **ADDRESS**
_____ **CITY** _____ **STATE** _____ **ZIP**

_____ **COACH NAME**
_____ **COACH PHONE**
_____ **COACH E-MAIL**