

Liverpool Invitational 2026

Entry Fee: \$200 per one gender team
\$325 combined B+G team from one school

Payable to: Liverpool Track & Field Booster % Greg Hamilton
4338 Wetzel Road
Attn: Athletic Office
Liverpool, NY 13090

Date: Saturday May 16, 2026 at 10:00 am

Entry Info:

1. Please notify Greg Hamilton via email at Liverpoolxctf@gmail.com intent to participate by Saturday April 25th, 2026.
2. All entries are to be done online via <http://ny.milesplit.com>
3. Entry deadline will be Thursday May 14th by 11pm. **This meet will be capped to the first 15 boys teams and the first 15 girls teams.**
4. Entries are limited to 2 athletes per event and 1 relay per team. Athletes can compete in a max 4 events.

Timing: F.A.T. timing by TAJ Timing

Awards: Medals Top 3 places in all events. Champions in each event will receive a winning event T-shirt.

Facility: Liverpool has an 8-lane all-weather track. Bathroom facilities are available on site next to the concession stand. Please use ¼" spikes or less. The Concession stand will have food during the meet. There will be T-Shirts for sale. Tents can be placed over to the right of the facility where you can find some grass.

Bus Parking: You can drop off at the stadium, and the driver will park over in the front lot of the High School.

Event Information: Scratches due ASAP upon arrival. For Finals, all heat winners plus the next best times will qualify for individual and relay events. Track events will be boys followed by girls.

Track Events: 10am Steeplechase
 100h/110h (Semi's)
 100m (Semi's)
 3200m relay
 100h/110h (Finals)
 100m (Finals)
 800m
 400m relay
 400m
 400IH
 1500m
 1600m
 200m
 3000/3200m
 1600m relay
 Throwers

Field Events: All field events get 4 attempts.

Opening heights PV (B)-8' (G)- 6'6" Heights to increase by 6"

HJ (G)- 2" below lowest seed (B)- 2" below lowest seed. Heights will increase by 2 inches

LJ/TJ Pits: Boys runway will be closer to track, Girls runway will be closer to parking lot.

Session 1	Boys	Girls	Session 2	Boys	Girls
	LJ	LJ	At end of	TJ	TJ
	Disc	Shot Put	session 1	Shot Put	Disc
	PV	HJ		HJ	PV