

# Liverpool Invitational 2026

**Entry Fee:**      \$200 per one gender team  
                          \$325 combined B+G team from one school

**Payable to:**      Liverpool Track & Field Booster % Greg Hamilton  
                          4338 Wetzel Road  
                          Attn: Athletic Office  
                          Liverpool, NY 13090

**Date:**              Saturday May 16, 2026 at 10:00 am

**Entry Info:**

1. Please notify Greg Hamilton via email at Liverpoolxctf@gmail.com intent to participate by Saturday April 25th, 2026.
2. All entries are to be done online via <http://ny.milesplit.com>
3. Entry deadline will be Thursday May 14th by 11pm. **This meet will be capped to the first 15 boys teams and the first 15 girls teams.**
4. Entries are limited to 2 athletes per event and 1 relay per team. Athletes can compete in a max 4 events.

**Timing:** F.A.T. timing by TAJ Timing

**Awards:** Medals Top 3 places in all events. Champions in each event will receive a winning event T-shirt.

**Facility:** Liverpool has an 8-lane all-weather track. Bathroom facilities are available on site next to the concession stand. Please use ¼" spikes or less. The Concession stand will have food during the meet. There will be T-Shirts for sale. Tents can be placed over to the right of the facility where you can find some grass.

**Bus Parking:** You can drop off at the stadium, and the driver will park over in the front lot of the High School.

**Event Information:** Scratches due ASAP upon arrival. For Finals, all heat winners plus the next best times will qualify for individual and relay events. Track events will be boys followed by girls.

**Track Events:** 10am      Steeplechase  
100h/110h (Semi's)  
100m (Semi's)  
3200m relay  
100h/110h (Finals)  
100m (Finals)  
800m  
400m relay  
400m  
400IH  
1500m  
1600m  
200m  
3000/3200m  
1600m relay  
Throwers

**Field Events:** All field events get 4 attempts.

Opening heights PV (B)-8' (G)- 6'6" Heights to increase by 6"

HJ (G)- 2" below lowest seed (B)- 2" below lowest seed. Heights will increase by 2 inches

LJ/TJ Pits: Boys runway will be closer to track, Girls runway will be closer to parking lot.

| <u>Session 1</u> | Boys | Girls    | <u>Session 2</u> | Boys     | Girls |
|------------------|------|----------|------------------|----------|-------|
|                  | LJ   | LJ       | At end of        | TJ       | TJ    |
|                  | Disc | Shot Put | session 1        | Shot Put | Disc  |
|                  | PV   | HJ       |                  | HJ       | PV    |