



**10th Annual**  
**KINGSTON TIGERS MODIFIED**  
**RELAYS**



Friday, April 27<sup>th</sup> 2018 @ 4:30 p.m.  
Dietz Stadium, Kingston, N.Y.

**FAT TIMING THIS YEAR!!!**

**Full team rosters due by April 20, 2018**

**Email to: [jcahill@kingstoncityschools.org](mailto:jcahill@kingstoncityschools.org)**

**Order of Events**

**2 relay teams unless otherwise noted**

**Running Events**

55 Hurdle Relay (Unlimited Teams)

**(Times added together/No Shuttle) Please note A, B, C, etc.**

4x800

4x100

4x400 (1 entry)

800 M Steeplechase (3 Entries)

SMR (4-2-2-8) (1 entry)

4x200

DMR (1200, 400, 800, 1600) (1 entry)

Please give a seed time, name(s) & school on a 3x5 card for all track events.

**Field Events (3 entries per event)**

Long Jump B South Pit/G North Pit

Triple Jump B South Pit/G North Pit

Pole Vault B/G Combined

Discus B/G

Shot Put G/B

High Jump B South Pit/G North Pit

**\*\*South Pits are closer to the scoreboard\*\***

**Ribbons will be awarded to the TOP 6 in each event**

**TIGER RELAYS T-SHIRTS WILL BE FOR SALE. \$20.00**

# 10<sup>th</sup> Annual Kingston Tigers Modified Track & Field Invitational Entry Form

High/Middle:  
School  
Address

Athletic Dept Phone:

Team: Boys

Girls

Both

\*\* Please make sure the contact information is correct and up to date

Team Contact:

Contact Phone:

Contact E-Mail:

Blanket Fee: \$150.00, Boys Team: \$80.00, Girls Team: \$80.00

Total Due: \$ \_\_\_\_\_

**Please Note the Change in the Check Payable**

Made Payable to: **First Capital Track Club**

Federal ID/EIN # Available

Kingston High School  
Attn: Coach Joe Cahill  
403 Broadway  
Kingston NY, 12401

Fax to:  
KHS Athletic Department  
Attn: KHS Track  
Fax #: 845 331-4161