

# JFK XC INVITE

FRIDAY, SEPTEMBER 2, 2016

We hope you come join us for the 8<sup>th</sup> Annual JFK XC Invite. Our season opening meet gives athletes the opportunity to ease into their year of Cross Country racing on a well-groomed 4k, or 2.5 mile course. The course has been designed as a mix of groomed trail and open field which is very coach and spectator friendly. Our central location in the middle of Erie County keeps most Section 6 teams travel times under 1 hour and our proximity to the I-90 makes out of town travel a breeze. If you need any additional information, please feel free to contact me with any questions. We hope to see you on the 2<sup>nd</sup>! Please note, the races begin at 5p.m.

Jennifer Brewer  
JFK Boys and Girls XC Coach  
(716) - 474-5816  
Brewer.jennifer.20@gmail.com

Location: John F. Kennedy High School  
305 Cayuga Creek Rd.  
Cheektowaga, NY 14227

Directions: **From North/East:**  
90 West to William St., right on William (0.3 mile), left on Henry, leads into school parking lot.

**From South/West:**  
90 East to William St., left on William (0.3 mile), left on Henry, leads into school parking lot.

Schedule: **5:00** – JV Girls  
**5:30** – JV Boys  
**6:00** – Varsity Girls  
**6:30** – Varsity Boys

Course: 4km (2.5 miles), flat grass/groomed trails (map attached)

Awards: Individual & Team awards based on the number of teams

Entry Info: We will be using computer scoring. Please fill out the Excel file that is located at <http://www.section6runs.com/otherpages/xc-home>. Click in the 2016 schedule calendar, then click on JFK invite on September 2<sup>nd</sup>. You must copy and paste the entry form URL into your browser to download the file.

Team rosters must be sent to: [brewer.jennifer.20@gmail.com](mailto:brewer.jennifer.20@gmail.com) no later than **Tuesday, August 30, 2016. I will respond to all email entries ASAP.**

ALL entry fees should be paid before the day of competition, please be sure your athletic office understands this and is timely with payment.

\$100 for both Boys and Girls Teams (JV and Varsity included)

\$75 for either Boys or Girls Teams (JV and Varsity included)

\$20 per JV/Varsity Individual (2 runners or less)

Please send check/voucher to:

JFK Cross Country

c/o Jennifer Brewer

305 Cayuga Creek Rd.

Cheektowaga, NY 14227

**\*\*\*Make checks payable to: JFK CROSS COUNTRY**

Please email your intentions on participating to [brewer.jennifer.20@gmail.com](mailto:brewer.jennifer.20@gmail.com) on or before Tuesday, August 30, 2016.

Race Info: Varsity races will be limited to 7 individuals on each team, while JV races will have unlimited entries. Place cards will be issued to runners as they proceed through the finishing chute and should be collected, completed, and returned to the scorer's table ASAP following the race. Team scores will be completed ASAP and team and individual results will be posted on the Internet following the meet.

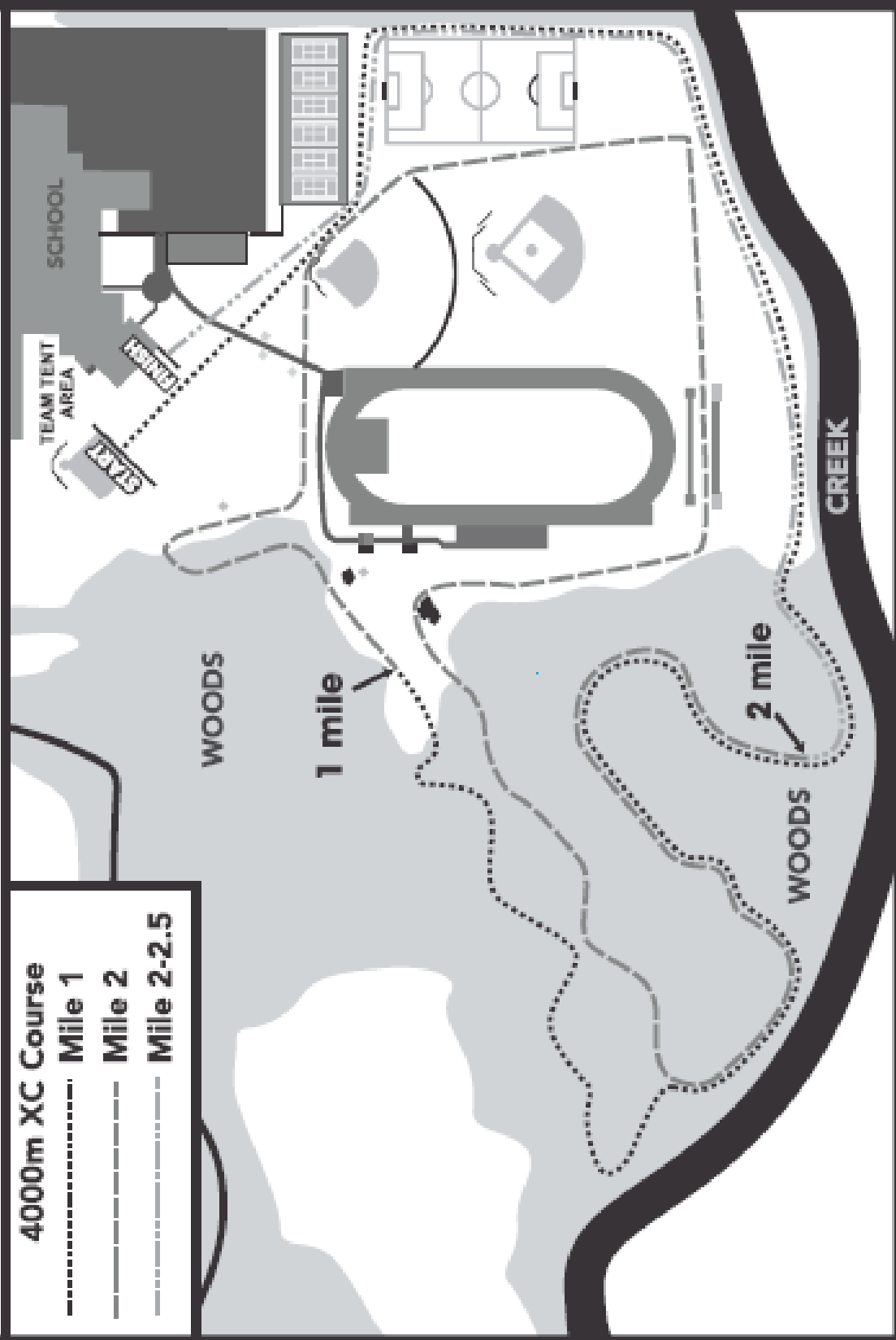
Concessions: There will be a concession stand with food, drinks, snacks, and t-shirts.

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**CROSS COUNTRY**

# JFK Cross Country 4000m Map

- 4000m XC Course**
- ..... Mile 1
  - Mile 2
  - Mile 2-2.5



Coaches,

There were a total of 19 schools that were in attendance at last year's meet which caused some parking issues.

Parking for all busses will be at Theodore Roosevelt School on William St. (.7 miles, 3 minutes away) since we are expecting many spectators. The parking lot is accessible from Helen Street.

Please give this map to your bus driver. If you have any questions please e-mail me back or call my cell phone 716-474-5816.

Sincerely,

Jennifer Brewer

