

# **Iron Duke Throw Off Series**



Marlboro Track & Field invites you and your team to participate in our Throwing Series. We will be contesting the following events:

- Shot Put
- Discus
- Javelin
- Hammer

Where:	Marlboro Central High School 50 Cross Road Marlboro, New York 12542
Dates	<ul> <li>Thursday, May 21<sup>st</sup></li> <li>Wednesday, May 27<sup>th</sup></li> <li>Tuesday, June 2<sup>nd</sup></li> <li>Monday, June 8<sup>th</sup></li> </ul> All meets from 4pm to 7:30pm
Declarations	Please declare your team's attendance by the Friday before the event.
	For example, the first declaration is due Friday, May 15 <sup>th</sup> .  Please email all declarations to Coach Tom Fassell thomas.fassell@marlboroschools.org
Entries	All entries are due the day before the event by 10PM
	For example, the first entry deadline is Wednesday, May 20 <sup>th</sup> .
	Please submit all entries via MileSplit
	*** Max entries: 32 per gender per event. This is a first come first served meet.  *** Hammer will only be one flight of 16 competitors. We will take top 16 competitors per gender.  (We will announce hammer entries by 1pm the day of the meet.)

## **Order of events**

\*All events are 4 throws with no finals

### <u>Time: 4pm – 6:30pm</u>

Girls Seeded Shot Put & Open pit Javelin

Followed by......Girls Unseeded Shot put & Open pit Javelin

Followed by .....Girls Unseeded Discus & Open pit Javelin

Followed by.....Girls Seeded Discus & Open pit Javelin

Boys Seeded Discus & Open pit Javelin

Followed by......Boys Unseeded Discus and Open pit Javelin

Followed by .....Boys Unseeded Shot and Open pit Javelin

Followed by .....Boys Seeded Shot and Open pit Javelin

### Time: 6:30pm -7:45pm (Open pit Javelin will end by 6:30 sharp.)

**Girls Seeded Hammer** 

Followed by......Boys Seeded Hammer

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### **DECLARATION FORM**

Check all that apply \_\_\_\_\_Thursday May 21<sup>st</sup> \_\_\_\_\_Wednesday May 27<sup>th</sup> \_\_\_\_\_Tuesday June 2<sup>nd</sup> \_\_\_\_\_Monday June 8<sup>th</sup> School: Athletic Department Phone: Coach's Name: Team: Boys\_\_\_\_ Girls\_\_\_ Both \_\_\_\_ Coach's Phone: \_\_\_\_\_ Contact's E-mail: Entry fee: \$15.00 per individual athlete per individual event Individual for all four events entry fee: \$25 per each athlete per day Blank Entry fee for 3 Boys & 3 Girls: \$50 per day Blank Entry fee for 4 Boys & 4 Girls: \$75 per day OR Blank Entry fee for 4 Boys & 4 Girls for all 4 days \$200 Total individual entries per event per gender: \_\_\_\_\_ Total individual entries for all four events: Blank Entry fee for 3-4 Boys & 3-4 Girls: Total: \_\_\_\_\_ All checks made payable to the "Marlboro Varsity Club" All entry forms and payments are due with your declaration deadline. Send forms and payments to: By Mail: Ms. Jonnah O'Donnell By Fax: Athletic Director Marlboro Athletic Department 50 Cross Road Attn: Varsity Track and Field

Fax #: 845-236-7625

Marlboro, NY 12542