



Iron Duke Throw Off Series



Marlboro Track & Field invites you and your team to participate in our Throwing Series. We will be contesting the following events:

- Shot Put
- Discus
- Javelin
- Hammer

Where:	Marlboro Central High School 50 Cross Road Marlboro, New York 12542
Dates	<ul style="list-style-type: none"> • <u>Tuesday, May 14th</u> • <u>Tuesday, May 21st</u> • <u>Tuesday, May 28th</u> <p>All meets from 4pm to 7:30pm</p>
Declarations	<p>Please declare your team's attendance by the Friday before the event.</p> <p>For example, the first declaration is due Friday, May 10th.</p> <p>Please email all declarations to Coach Tom Fassell thomas.fassell@marlboroschools.org</p>
Entries	<p>All entries are due the Monday before the event.</p> <p>For example, the first entry deadline is Monday, May 13th.</p> <p>Please email all entries to Coach Tom Fassell thomas.fassell@marlboroschools.org</p> <p><u>Entry format:</u> School name, Athlete name (last, first), grade, and seed for each event they will be competing in.</p> <p>***<u>Max entries: 32 per gender per event. This is a first come first served meet.</u></p>

Order of events

*All events are 4 throws with no finals

Time: 4pm – 5:30pm

Girls Unseeded Shot Put & Girls Seeded Hammer

Followed by.....Girls Unseeded hammer throw & Girls Seeded Shot Put

Boys Seeded Discus & Boys Unseeded Javelin

Followed by.....Boys Unseeded Discus and Seeded Shot

Time: 6:00pm -7:30pm

Boys Unseeded Shot Put & Boys Seeded Hammer

Followed by.....Boys Seeded Shot Put & Boys Unseeded Hammer

Girls Seeded Discus & Girls Unseeded Javelin

Followed by.....Girls Unseeded Discus & Girls Seeded Javelin

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DECLARATION FORM

Check all that apply

_____ Tuesday May 14th _____ Tuesday May 21st _____ Tuesday May 28th

School : _____

Athletic Department Phone: _____

Coach's Name: _____

Team: Boys _____ Girls _____ Both _____

Coach's Phone: _____

Contact's E-mail: _____

Individual entry fee: \$7.00 per individual athlete per individual event

Individual for all four events entry fee: \$20 per each athlete

Blank Entry fee for 3 Boys & 3 Girls: \$80

OR

Blank Entry fee for 4 Boys & 4 Girls: \$100

Total individual entries per event per gender: _____

Total individual entries for all four events: _____

Blank Entry fee for 3-4 Boys & 3-4 Girls: _____

Total: _____

All checks made payable to the "Marlboro Varsity Club"

All entry forms and payments are due with your declaration deadline.

Send forms and payments to:

By Mail:

Ms. Jonnah O'Donnell
Athletic Director
50 Cross Road
Marlboro, NY 12542

By Fax:

Marlboro Athletic Department
Attn: Varsity Track and Field
Fax #: 845-236-7625