56th ANNUAL Castiglione-Tobin HORNELL INVITATIONAL TRACK & FIELD MEET

<u>Coaches: Please forward this information to your Athletic Director.</u>

All correspondence will be made via e-mail. It is important that your updated e-mail addresses be returned with the registration form.

DATE: Friday, May 8, 2020

Start: 5:00 PM (Coaches' Meeting: 4:30 PM)

AWARDS: Team Trophies: (1) Girls' Team Winner

(2) Boys' Team Winner

(3) Combined Boys' & Girls' Points

Individual: (1) Medals for 1st-3rd individual events and 1st relays

(2) Ribbons for 4th-6th individual events and 2nd-6th relays

(3) Plaques for Boy & Girl MVP Track, Field performers

ENTRY FEE: Both Boys' and Girls' Teams: \$180

Individual Boys' or Girls' Teams: \$ 100

Individual Boys' or Girls' entries: \$ 20 per athlete (if less than \$ 80)

DEADLINE: Registration form must be received by Wednesday, April 22nd, 2020

(no team will be added after this date).

Check or voucher must accompany the registration form.

ENTRIES: Dependent upon number of teams entered.

Regardless of number of teams entered, shot put, discus, pole vault, 3000/3200, and steeplechase competitors will be limited (see details below) and one relay team is permitted per school (relay entries should include all possible runners with a maximum of 6).

If fewer than 13 teams: Four entries per individual event If fewer than 17 teams: Three entries per individual event If more than 16 teams: Two entries per individual event

TRACK: 1/8" spikes only on all track and runways

The meet will be run under the N.Y.S.P.H.S.A.A. rules.

EVENTS: We will run the Sectional event order with steeplechase but no pentathlon.

| All EVELIES are Illiais. | |
|--------------------------|--|
| Track: | Field: |
| 100/110 hurdles | High Jump (two pits: boys and girls) |
| 4x800 relay | Discus (girls, then boys) |
| 100 | Shot Put (boys, then girls) |
| 2000/3000 steeplechase | Pole Vault (girls outside, boys inside) |
| 400 | Long Jump (two pits: boys and girls) |
| 1500/1600 | Triple Jump (after long jump; two pits: boys |
| 4x100 relay | and girls) |
| 400 Hurdles | |
| 800 | |
| 200 | |
| 3000/3200 | |
| 4x100 throwers' relay | |
| 4x400 relay | |

SEEDING:

- (1) F.A.T. will be provided by Wellsville Track and Field. All athlete entries will be completed on MileSplit.
- (2) Scratches will be allowed, but no additions. Also, there will be no reseeding if athletes are scratched!
- (3) Notice regarding the shot put, discus, steeplechase, and 3200/3000 meter runs. Submit up to maximum allowed based on meet enrollment. However, because of time and facility limitations, the following will occur to facilitate meet management:
 - (A) Shot put and discus: The level of competition will determine the field, with a minimum of 32 (4 flights of 8) and a maximum of 40 (4 flights of 10). Flights will be ordered from highest to lowest seed. Throwers in the top one or two flights (as determined by thrower skill) will receive four throws in these respective events (no finals). The remaining flights will have two or three throws based on lighting conditions.
 - (B) <u>Pole Vault:</u> As stated above for throwing events, we will make a judgment based on quality of jumpers and total number of entries. We do hope to have two jumping areas again this spring.
 - (C) <u>Steeplechase and 3200/3000 meter runs:</u> We will limit entries to create one heat of each with a manageable number of runners (we have traditionally capped at 24). Runners with the best seed times will be selected.

Hornell Invitational Track & Field Meet Registration Form

| School: | | |
|--------------------|-------------------|--|
| Athletic Director: | Office Telephone: | |
| Boys' Head Coach: | Assistant Coach: | |
| e-mail address: | | |
| School Phone: | Home Phone: | |
| Girls' Head Coach: | Assistant Coach: | |
| e-mail address: | | |
| School Phone: | Home Phone: | |

TEAMS PARTICIPATING (check one):

| Both Boys & Girls | |
|-------------------|--|
| Boys' only | |
| Girls' only | |
| Will not attend | |

IMPORTANT: Deadline for registration is Wednesday, April 22nd, 2020.

All entries must include prepayment or voucher. NO EXCEPTIONS!

PLEASE TAKE NOTE! MAKE Checks or vouchers payable to:

Hornell City School District

ADDRESS: John Cardamone, Athletic Director

Hornell High School 134 Seneca Street Hornell, NY 14843

Return to: john.cardamone@hornellcsd.org