



**2<sup>nd</sup> Annual Highlander Short Course Twilight Invitational  
Friday, 8/31/2018**

**Hosted by Houghton College and Penfield High School**

**LOCATION:** Field of Dreams Cross Country Course, Houghton College

**EVENT:**

- **JV Varsity:** girl's 4k race @ 6:30pm, boy's 4k race @ 7:00pm
- **HS Varsity:** girl's 4k race @ 7:30pm, boy's 4k race @ 7:55pm
- **College:** women's 4k race @ 8:20pm, men's 5k race @ 8:40pm

**MEET DIRECTOR:** Patrick Hager (o) 585.567.9369 (C) 717-512-2882 Houghton College, One Willard Avenue, Houghton, NY 14744

**REGISTRATION:** Registration for this meet, for college teams, will be through the on-line service [www.directathletics.com](http://www.directathletics.com). The registration will open on Sunday, 8/26 @ 11:59am and close on Wednesday, 8/29 @ 12pm. **\*\*Registration for High Schools is on [ny.milesplit.com](http://ny.milesplit.com)\*\***

**COST:** Registration fee for college teams will be \$100.00 each per gender, \$200.00 for men and women, \$12.00 per individual, up to 5 runners. Registration for high school teams will be \$60 each per gender, \$100 for men and women. Please make checks payable to "Houghton College", if you are mailing the check, please send it to Patrick Hager, 1 Willard Avenue, Houghton, NY 14744.

**AWARDS:** The top 7 men and 7 women in the high school and college races will receive a technical t-shirt. **\*\*There will be additional shirts for sale\*\***

**LOCKER FACILITIES:** Houghton College Athletic Center locker rooms will be available after the races for your convenience. There are locker rooms in the Nielsen Center and the Kerr-Pegula Athletic Complex. Athletes must provide their own towels

**RESTROOMS:** There will be port-o-potties near the entrance of the Field of Dreams. Restrooms are also available in the Nielsen Center and the Kerr-Pegula Athletic Complex.

**NATURE OF COURSE:** This distance will be 5,000m for men and 4,000m for women (and high school men). It will be a 1,000m loop. The course is flat and fast. The terrain will be grass. The course will be marked with painted lines and flags. **\*\*There will be lights on the course\*\***

**Sports Information:** Jason Mucher – SID 585-567-9276

**RESULTS:** Official results will be available immediately after the race and posted near the finish line.

**ATHLETIC TRAINING:** There will be athletic trainers on site. For information, contact Deanna Hand at [Deanna.hand@houghton.edu](mailto:Deanna.hand@houghton.edu)