



## 2017 Highlander Short Course Twilight Invitational Friday, 9/1/2017

**LOCATION:** Field of Dreams Cross Country Course, Houghton College

**EVENT:**

- **High School:** women's 4k race @ 7:40pm, men's 4k race @ 8:05pm
- **College:** women's 4k race @ 8:30pm, men's 5k race @ 8:55pm

**MEET DIRECTOR:** Patrick Hager (o) 585.567.9369 (C) 717-512-2882 Houghton College, One Willard Avenue, Houghton, NY 14744

**REGISTRATION:** Registration for this meet will be through the on-line service [www.directathletics.com](http://www.directathletics.com). The registration will open on Sunday, 8/27 @ 11:59am and close on Wednesday, 8/30 @ 12pm. Registration fee will be \$60.00 each per team, \$120.00 for men and women, \$12.00 per individual, up to 5 runners. Please make checks payable to "Houghton College", if you are mailing the check, please send it to Patrick Hager, 1 Willard Avenue, Houghton, NY 14744.

**LOCKER FACILITIES:** Houghton College Athletic Center locker rooms will be available after the races for your convenience. There are locker rooms in the Nielsen Center and the Kerr-Pegula Athletic Complex. Athletes must provide their own towels

**RESTROOMS:** There will be port-o-potties near the entrance of the Field of Dreams. Restrooms are also available in the Nielsen Center and the Kerr-Pegula Athletic Complex.

**NATURE OF COURSE:** This distance will be 5,000m for men and 4,000m for women (and high school men). It will be a 1,000m loop. The course is flat and fast. The terrain will be grass. The course will be marked with painted lines and flags. \*\*There will be lights on the course\*\*

**Sports Information:** Jason Mucher – SID 585-567-9276

**RESULTS:** Official results will be available immediately after the race and posted near the finish line.

**ATHLETIC TRAINING:** There will be athletic trainers on site. For information, contact Deanna Hand at [Deanna.hand@houghton.edu](mailto:Deanna.hand@houghton.edu)