HENDRICK HUDSON FIELD FEST Tuesday, April 16, 2019 Hendrick Hudson High School 10AM

Hendrick Hudson High School will be hosting a Field Event only meet on Tuesday, April 16, 2019 at 10AM and would like to invite NYSPHSAA schools to attend.

All NY State and Federation rules will be in effect.

The purpose of this meet is to give field athletes and early season opportunity to post a good mark. THIS IS NOT A DEVELOPMENTAL MEET. ATHLETES MUST BE EXPERIENCED AT THEIR EVENT(S).

> Put Put

Schedule of Events:

10AM	I Boys Pole Vault	Boys Long Jump	Boys Javelin	Boys Discus
	Girls High Jump	Girls Long Jump	Girls Hammer	Girls Shot Pu
Followed by:	Boys High Jump	Boys Triple Jump	Boys Hammer	Boys Shot Pu
	Girls Pole Vault	Girls Triple Jump	Girls Javelin	Girls Discus

We will use 2 horizontal jump pits, 2 shot circles and 2 discus/hammer cages. If entries warrant, we can use 2 javelin sectors.

Entry limitations: Athletes may compete in up to 4 events, **but** be mindful that events will occur simultaneously. Once an event is finished we will not wait for other athletes to show up. NO finals. Three attempts in all throws and the horizontal jumps. WE RECOMMEND 2 EVENTS PER ATHLETE.

Awards: Medals to top 5 in each event. MVT and MVJ (most valuable thrower and jumper) plaques to the "best" boy and girl in each category.

Cost: \$10 per event OR \$20 per athlete OR \$375 per school (boys and girls combined)

Entry Deadline: Friday April 12, 2019 Online Entry: www.ny.milesplit.com

Make check payable to: Hendrick Hudson Activities Account c/o Marcia Bailey Hendrick Hudson High School 2166 Albany Post Rd. Montrose, NY 10548

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School	<u> </u>
Coach	
Phone	<u></u>
Total number of athletes a	ttending:
boys	girls
Total Entry Fee: Cost: \$10 per event OR \$20 p	ber athlete OR \$375 per school (boys and girls combined)
Entry Deadline: Friday April 1 Make check payable to:	12, 2019 Online Entry: <u>www.ny.milesplit.com</u> Hendrick Hudson Activities Account c/o Marcia Bailey Hendrick Hudson High School 2166 Albany Post Rd. Montrose, NY 10548

Email: <u>marcia.bailey@henhudschools.org</u> Cell#: 914-419-7928