



2017
Section 3
GIRLS
TRACK
INFORMATION
PACKET

2017 CLASS MEET SITE INFORMATION

- AA (Co-Ed)** **Wednesday, May 24, @ CNS, 4:00 Start, Tim Bednarski, AD, Site Director**
Brett Couchman- Meet Director © 368-5117 (s) 334-7206 bcouchman@romecsd.org
CNS High School, 6002 NY 31, Cicero NY 13039
- A (Girls Only)** **Thursday, May 25, @ Fulton, 4:00 Start, Chris Ells, AD Site Director**
Jim Lawton – Meet Director ©679-0559 jlawton1@twcnny.rr.com
G. Ray Bodley High School, 6 William Gillard Dr, Fulton NY 13069
- B (Girls Only)** **Thursday, May 25, @ Westhill, 4:00 Start, Jennie Smarrelli, AD & Dan Reid Site Directors**
Julie Storms, Meet Director © 315-486-4726 jul@twcnny.rr.com
Westhill High School, 4501 Onondaga Blvd, Syracuse, NY 13219
- C1 (Co-Ed)** **Friday, May 26, @ Sauquoit Valley, Start TBD, Doug Jones Site Director**
Michelle Rauber, Meet Director © 607-749-595 mrauber@tully.k12.ny.us
Sauquoit Valley School, 2601 Oneida St., Sauquoit, NY 13456
- C2 (Co-Ed)** **Tuesday, May 23, @ Beaver River, 2:00 Start, Wanda Joslin AD, Site Director**
Alex Barrett, Meet Director (s) 346-1211 ext 521, (h) (315) 376-4537, © (315) 608-0119
Beaver River Central, 9508 Artz Rd, Beaver Falls, NY 13305 abarrett@brcsd.org
- D (Co-Ed)** **Tuesday, May 23, @ New York Mills, 3:00 Start, John Nicotera & Mike Keating, Site Directors**
John Nicotera, Meet Director(s) (s) 768-3393, © 269-4637 jnicotera@newyorkmills.org
Fay Harper, Meet Director(s) fharper@remsencsd.org
NYM High School, 1 Marauder Blvd., New York Mills, NY 13417
- C & D Steeplechase Only: Monday, May 22, @ Canastota**
Event Director – Michelle Rauber 5:00 Girls followed by Boys

Section III Chairperson – Julie Storms, © 315-486-4726 (h) 315-232-4422 jul@twcnny.rr.com
Ass't Chair – Brett Couchman, Rome Free Academy © 315-368-5117 bcouchman@romecsd.org

2016-17 CLASSIFICATION ENROLLMENTS (Adjusted for Girls' Spring Track & Field) (Splits finalized by April 15)

SCHOOL	ENROLLMENT		SCHOOL	ENROLLMENT	
Cicero-North Syracuse	2111	DIVISION 1 600 ↑	Port Byron	260	DIVISION 2 599 ↓
Utica Proctor	1947		Little Falls	260	
Liverpool	1689		Thousand Islands	253	
Henninger	1519		Tully	240	
Baldwinsville	1413		Frankfort-Schuyler	238	
Corcoran	1230		Mt. Markham	235	
West Genesee	1218		Herkimer	234	
Rome	1099		Sauquoit Valley	232	
Fayetteville-Manlius	1061		Cato-Meridian	229	
Nottingham	1029		Dolgeville	226	
Central Square	979		South Lewis	217	C-1
Auburn	953	AA: 910 ↑			
Oswego	870		Westmoreland	211	
Fulton	820		Lafayette	208	
Watertown	807		Onondaga	206	
East Syracuse Minoa	771		Cooperstown	202	
Whitesboro	748		Weedsport	200	
Fowler/PSLA	740		Notre Dame	195	
Jamesville-Dewitt	735		Beaver River	194	
Carthage	726		Syracuse Academy of Sci	191	
Indian River	685		Waterville	186	
New Hartford	610	DIVISION 1 600 ↑	Sandy Creek	180	
Cortland	576	DIVISION 2 599 ↓	Bishop Ludden	170	C-2
Central Valley Academy	509				
Camden	503				
Mexico	507				
Homer	501	A: 480-909			C: 170-279
Oneida	478		Fabius Pompey	169	
Westhill/Ludden	472		Bishop Grimes	166	
Phoenix	466		West Canada	164	
VVS	460		Morrisville-Eaton	149	
Chittenango	458		Oriskany	149	
South Jefferson	436		Alexandria	146	
Marcellus	428		Poland	141	
Cazenovia	413		Immaculate Heart	139	
Institute of Technology	412		Manlius-Pebble Hill	136	
Solvay	398		Utica Academy of Science	129	
CBA	384	B-1	New York Mills	121	
Skaneateles	381		Lafargeville	121	
Jordan-Elbridge/Tyburn	359		McGraw	121	
Holland Patent	348		Sackets Harbor	120	
Canastota	338		Cincinnatus	113	
Hannibal	335		Hamilton	112	
General Brown	330		Madison	109	
Lowville	319		Remsen	101	
Adirondack	308		Stockbridge Valley	100	
APW	305		Copenhagen	95	
Sherburne-Earlville	303		Belleville Henderson	90	
Clinton	301		DeRuyter	93	
Pulaski	283	B-2	Faith Heritage	83	
		B: 280-479	Lyme	73	
			Blessed Virgin Mary	71	
			Otselic Valley	71	
			Town of Webb	69	
			Owen D Young	52	
			Living Word	47	
			Brookfield	45	D: 0-169

Section III Girls Track Leagues and Schools

Center State Conference

Division I- Feddie Sarus

Adirondack
Dolgeville
Herkimer
Holland Patent
Clinton
West Canada

Tri-Valley – Michael Carney

Camden
Whitesboro
New Hartford
Oneida
Rome Free Academy
Utica Proctor
Central Valley
VVS

CNYCL National- Jim Vermeulen

Baldwinsville
Cicero-N Syracuse
Henninger
Liverpool
West Genesee

Center State Conference

Division II- Connie Herzig

Canastota
Cooperstown
Mt Markham
Sauquoit
Sherburne-Earlville
Waterville
Frankfort-Schuyler
Westmoreland
Little Falls

Frontier – Alex Barrett

Beaver River
Carthage
Indian River
Lowville
Sandy Creek
South Jefferson
South Lewis
Watertown

CNYCL American – Jim McCaul

Auburn
Corcoran
FM
Nottingham

Center State Conference

Division III- Fay Harper

Hamilton
New York Mills
Old Forge
Oppenheim-Ephratah
Oriskany
Owen D. Young
Poland
Remsen
Morrisville-Eaton

OHSL-Dan Reid

OHSL Freedom –Jim Lawton

Oswego
Cortland
East Syracuse Minoa
Fowler
Fulton
Jamesville-Dewitt
Mexico
Homer
Chittenango
Central Square
Phoenix

OHSL Liberty –Rob Tuttle

Cazenovia
Marcellus
Hannibal
Institute of Techno
Jordan-Elbridge
CBA
Skaneateles
Solvay
APW
Westhill-Bishop Ludden
Chittenango
Pulaski

Patriot American-C/D –Michelle Rauber

Fabius-Pompey
Faith Heritage
Manlius Pebble Hill
Onondaga
Tully
LaFayette

Patriot National- C/D – Phil Longo

Bishop Grimes
Cato-Meridian
Port Byron
Syracuse Academy of Science
Weedsport

Central Counties

Madison McGraw
Brookfield Otselic Valley
Cincinnatus Stockbridge Valley
DeRuyter

Independents - Jim McCaul will get info to both groups

Living Word
Blessed Virgin Mary

CLASS MEET INFORMATION

See the 2016-17 classification enrollment sheet and the Class Meet Site Information Sheet!!

To Enter Class Meets

Send the Commitment Form (see attached) to the MEET DIRECTOR OF YOUR CLASS MEET, BEFORE MAY 1ST. In return you will receive an information letter particular to your meet from that meet director.

Entries

Each school may enter any number of athletes that have met the qualifying standard for each event, one (1) relay team for each relay event and two (2) pentathletes. Each athlete must meet the qualifying times, heights, and distances, which can be accomplished at any official meet (ex. Duals, tri-meet, any meet with an official) **and have competed in “6” competitions prior to their class meet (a maximum of 16 competitions).** Class C will be able to enter one automatic entry per event. **In class C, if entering more than one athlete in an event, all entries must have met the qualifying standards.** See 2017 STANDARDS.

HOW TO ENTER: On line via ny.milesplit.com

Seeding

Seeding is done the day of the meet, once all entries are entered on line and any scratches are done before the coaches' meeting.

The Scratch rule is IN EFFECT at the class meets.

Officials

Several hired, rated officials SUPPORTED by competent ADULTS from each school competing. Each school should make arrangements PRIOR to the meets, as to whom the supporting adult is. If no adult shows on the meet day, the coach will have to cover that assignment.

Rules

Federation rules govern girls' track in New York State, with the exception of the jewelry rule. Refer to the 2017 edition of the National Federation Track and Field Rule Book for boys and girls.

Awards

Section III banner (or banner line) to first place team of each class. (Need to request from Section III office).

Section III Patches for each girl on winning team and 1st place in each event.

Certificates will be presented for place finishers (1 - 6).

Team points for places 1 - 6.

Steeplechase will be held during the class meet if the facilities have the capability. If this is **NOT** the case, a separate meet will be held at a designated site. Scores for steeplechase event will be added to class meet totals. **For the 2017 Season,** Classes C&D

will run the Steeplechase on Monday, May 22. Girls race first @ 5 PM- Boys immediately following. Meet director – Michelle Rauber, with entries due by 4:30 on 3x5 cards.

EMAIL TO YOUR MEET DIRECTOR!!!!

2017 SCHOOL COMMITMENT FORM

SCHOOL NAME _____

CLASS _____

SCHOOL ADDRESS _____

SCHOOL PHONE _____

SCHOOL EMAIL _____

COACH'S NAME _____

CELL PHONE _____

HOME ADDRESS _____

HOME PHONE _____

HOME EMAIL _____

THIS FORM MUST BE EMAILED TO THE CLASS

MEET DIRECTOR BY MAY 1ST 2017 ****

Please send this form to the **meet director** for your appropriate meet – not the site host.

2017 CLASS MEET ORDER OF EVENTS

TRACK

100 m HH Pent
4 x 800 Relay
100m HH Timed Final
100 m Timed Final
1500m
4x100m Relay Final
400m
400m LH
800
200m Final
3000m
4 x 400m Relay
Pentathlon 800, 1500 (or inserted)
Steeplechase

PENTATHLON

High jump
Shot put
Long jump

FIELD

High Jump
Pole Vault

Long Jump Followed by Triple

Shot Followed by Discus

Section III State Qualifier Meet –Friday, June 2 @ CNS, 4:00 Start

ELIGIBILITY

The sectional class champions automatically qualify for the State Qualifier meet. Any other qualifiers must meet the Division 1 or Division 2 standards listed on the standards sheet in this packet. All qualifying athletes must meet the 2017 qualifying standards (see attachment) in a **multi-school (5+) meet and have participated in 6 meets**. Coaches may petition an athlete's entry into the Pentathlon thru their league rep, by presenting verifiable times and marks for each event from meets of five (5) or more schools. Please list the athlete, event, mark and meet the performances were accomplished in, as well as Pentathlon point values and present it to your league rep prior to the May 31st seeding meeting.

ENTERING PROCEDURE

There will be a **CLOSED** seeding meeting Wednesday, May 31, 9:00 am. Only section chair(s), Class meet directors, league chairs, State Qualifier meet director and a representative from Leone timing will be present. All entries will be reviewed during this meeting

Any athlete who meets the State Qualifier standards may be entered. **The standards must be met at a 5 or more school meet.** If your athlete had a qualifying standard outside of Section 3, coaches need to email their league rep prior to the May 31st seeding meeting.

Coaches must enter their athlete(s) and relay teams who have met these standards on line **Milesplit.com **Deadline for entries will be @ 8 PM on Tuesday, May 30.** The athlete's accomplishment must be able to be confirmed by the Section chairperson.

Athletes that are class champions need to be entered on line also. The Class Meet directors will bring meet results to the meeting on May 31 for verification.

SCRATCHING AN ATHLETE

If you will be scratching an athlete, please call or text on your way to the meet to Brett Couchman, 315-368-5117. Remember **the scratch rule will NOT be in effect at the State Qualifier meet;** however, coaches must notify officials ASAP for seeding of future events.

FIELD EVENT INFO:

Long, Triple, Shot, Discus: 3 Attempts, 4 to Finals
Starting Height High Jump: 4' 8", up by 2" until 5' (COMBINED Division 1 & 2)
Starting Height Pole Vault: 8'6", 9', 9'6" then up by 3" (COMBINED Division 1 & 2)
Pent High: Group Decides Starting Height, up by 5 cm (COMBINED Division 1 & 2)

SITE QUESTIONS: call **Pete Moore, Coach, or Tim Bednarski, AD, 218-4114**

CNS will supply starting blocks. If you are bringing your own blocks, they must have ¼" spikes or less.

STATE MEET: Coaches need to know that this is a two day meet @ Union Endicott June 9 & 10. Athletes are required to compete until conclusion. Any scratches will mean disqualification from the meet. Federation medals will be awarded to top eight finishers in all events based on overall competition. NYSPHSAA awards may include results from trials or semis. **The Scratch Rule WILL be in effect at the STATE MEET.**

**SECTION III TRACK STATE QUALIFIER ORDER OF EVENTS
2017 4:00 PM START**

G-PENT 100 HURDLES	FIRST ROUND	
B-PENT 110 HURDLES		
G-4 X 800 RELAY	B-SHOT PUT (Div 1,2)	
B-4 X 800 RELAY	G-DISCUS (Div 1,2)	
G-4 X 100 RELAY	G-POLE VAULT	
B-4 X 100 RELAY	G-LONG JUMP	
G-4 X 400 RELAY	B-TRIPLE JUMP	
B-4 X 400 RELAY		
G-2000 STEEPLECHASE		
B-3000 STEEPLECHASE		
G-100HH SEMIS		
G-1500	B-DISCUS (Div 1, 2)	Boys-Div 2 LJ
B-1600	B-POLE VAULT	Boys-Div 1 TJ
B-110HH FINAL	G-HIGH JUMP (Scoreboard)	Boys-Div 2 TJ
G-100 H FINAL	B-HIGH JUMP (School)	Boys-Pent LJ
G- 100 Final	B-LONG JUMP	
B-100 FINAL	G-TRIPLE JUMP	
G- 400		Bd#2-Track Side
B-400		Girls-Div 1 LJ
G-800	PENTATHLON	Girls-Div 2 LJ
B-800	G-100H	Girls-Div 1 TJ
B-200 SEMIS	B-110H	Girls-Div 2 TJ
G-400 IH	G-HJ- (Scoreboard)	Girls-Pent LJ
B-400 IH	B-HJ-(School)	
G-3000	B-SP	
B-3200	G-SP	
G-200 FINAL	B-LJ	
B-200 FINAL	G-LJ	
B-1500 PENT	B-1500	
G-800 PENT	G-800	

2017 SECTION 3 QUALIFYING STANDARDS

TRACK @ CLASS MEET	AA	A	B	C*	D
100	13.5	13.6	13.7	13.8	14.0
200	28.2	28.7	29.0	29.5	29.5
400	64.0	67.0	67.0	67.5	70.0
800	2:32	2:37	2:37	2:43	2:45
1500	5:20	5:33	5:35	5:43	6:00
3000	11:50	12:10	12:15	12:25	13:15
4X100	55.5	55.5	55.6	57.0	60.0
4X400	4:35	4:37	4:39	4:43	5:00
4X800	11:10	11:15	11:20	11:30	13:00
100 HH	17.8	18.2	18.2	18.5	20.0
400 LH	74.0	75.0	76.0	77.0	85.0
PENT	OPEN	OPEN	OPEN	OPEN	OPEN
**STEEPLE CHASE	8:40	9:10	9:15	9:30	10:15

TRACK @ OPEN QUALIFIER MEET	DIV 1	DIV 2	FAT DIV 1 / DIV 2
100	13.0	13.2	13.24 / 13.44
200	27.0	27.5	27.24 / 27.74
400	62.5	63.0	62.74 / 63.24
800	2:24.0	2:26.0	2:24.24 / 2:26.24
1500	5:05.0	5:10.0	5:05.24 / 5:10.24
3000	11:00.0	11:20.0	11:00.24 / 11:20.24
4 x 100	53.0	53.5	53.24 / 53.74
4 x 400	4:15.0	4:20.0	4:15.24 / 4:20.24
4 x 800	10:15.0	10:25.0	10:15.24 / 10:25.24
100 HH	17.0	17.3	17.24 / 17.54
400 LH	70.0	71.0	70.24 / 71.24
PENTATHLON	2300 pts	2150 pts	
STEEPLE CHASE	7:50.0	8:05.0	7:50.24 / 8:05.24

*Class C1/C2-One automatic entry per event. Qualifying standard must be met for both athletes to compete.

**Steeplechase - If athlete has met standard for 1500m or 3000m, they are eligible for steeplechase@ Classes.

COACHES need to make sure athletes are properly trained!!!

FIELD @ CLASS MEET	AA	A	B	C	D	@ OPENS: DIV 1 / DIV 2
LONG	15'6"	14'8"	14'6"	14'4"	13' 6"	16' / 15'6
TRIPLE	32'6"	30'3"	30'0"	30'0"	28' 0	34' / 33'
SHOT	30'0"	28'5"	27'0"	27'0"	24'	33' / 32'
DISCUS	85'0"	77'0"	75'0"	75'0"	70' 0	95' / 90'
HIGH	4'8"	4'6"	4'6"	4'6"	4' 2	5'2 / 5'0
POLE	7'6"	7'6"	7'6"	7'0"	6' 0	9' / 9'

NYSPHSAA/FEDERATION BOYS & GIRLS SPRING TRACK
APPROVED STANDARDS FOR THE SECOND QUALIFIER FOR
THE 2017 SEASON

EACH SECTION MUST DESIGNATE THEIR STATE QUALIFIER MEET.

FIRST PLACE FINISHER IN EACH INDIVIDUAL EVENT AND RELAY FROM THE FOLLOWING DIVISIONS WILL ADVANCE TO THE STATE MEET: ***DIVISION I AND DIVISION II.***

A SECTION MAY SEND ANOTHER ATHLETE OR RELAY TEAM IN ANY EVENT PROVIDING THEY MEET THE FOLLOWING STANDARDS. A SECTION CAN SEND ONE ADDITIONAL ENTRY FOR EACH EVENT IN EACH DIVISION, PROVIDING THEY MEET THE STANDARD LISTED BELOW. **THE ORDER OF FINISH AT THE STATE QUALIFIER TAKES PRECEDENCE OVER PRIOR SUPERIOR PERFORMANCES.**
THE STANDARD MAY BE MET AT ANY INVITATIONAL OR CHAMPIONSHIP MEET AT ANYTIME DURING THE SEASON.

<u>EVENT</u>	<u>BOYS D1</u>	<u>BOYS D2</u>	<u>GIRLS D1</u>	<u>GIRLS D2</u>
100M DASH	10.9 / 11.14	11.1 / 11.34	12.2 / 12.44	12.6 / 12.84
200M DASH	22.1 / 22.34	22.6 / 22.84	25.3 / 25.54	25.9 / 26.14
400M DASH	49.0 / 49.24	50.3 / 50.54	57.6 / 57.84	58.4 / 58.64
800M RUN	1:54.5/ 1:54.74	1:56.4 / 1:56.64	2:15.4 / 2:15.64	2:15.5 / 2:15.74
1600/1500M RUN	4:16.9/ 4:17.14	4:22.7 / 4:22.94	4:38.1 / 4:38.34	4:45.0 / 4:45.24
3200/3000M RUN	9:23.6/ 9:23.84	9:32.8 / 9:33.04	10:00.6/ 10:00.84	10:24.3/ 10:24.54
STEEPLECHASE	9:34.4/ 9:34.64	9:50.5 / 9:50.74	7:06.5 / 7:06.74	7:22.6 / 7:22.84
HIGH HURDLES	14.8 / 15.04	15.2 / 15.44	15.0 / 15.24	15.9 / 16.14
400M HURDLES	55.5 / 55.74	57.1 / 57.34	63.6 / 63.84	66.4 / 66.64
LONG JUMP	22' 01.5"	21' 04.75"	17' 09.75"	17' 01"
TRIPLE JUMP	46' 00.5"	44' 04.75"	36' 10.5"	36' 05.5"
SHOT PUT	52' 04"	49' 00.25"	39' 01.75"	36' 00.75"
DISCUS	150' 04"	144' 04"	115' 11"	109' 01"
HIGH JUMP	6' 02"	6' 02"	5' 03"	5' 01"
POLE VAULT	13' 09"	13' 03"	11' 00"	9' 09"
PENTATHLON	3057 PTS.	3076 PTS.	2797 PTS.	2694 PTS.
400M RELAY	42.9 / 43.14	44.1 / 44.34	48.9 / 49.14	50.4 / 50.64
1600M RELAY	3:21.0/ 3:21.24	3:28.1 / 3:28.34	3:56.0/ 3:56.24	4:04.2/ 4:04.44
3200M RELAY	7:51.5/ 7:51.74	8:08.8 / 8:09.04	9:17.0 / 9:17.24	9:36.3 / 9:36.54

(FIRST TIME LISTED IN EACH COLUMN IS HAND TIMED, SECOND TIME LISTED IS FULLY AUTOMATIC TIMING. STANDARD HYTEK CONVERSION OF .24 WAS USED FOR ALL RUNNING EVENTS.)

THESE STANDARDS REPRESENT THE AVERAGE OF 6TH PLACE IN THE FINALS FROM 2012 THROUGH 2016
ACCEPTED 9/18/16

NEW YORK STATE PUBLIC HIGH SCHOOL

STATE TRACK & FIELD CHAMPIONSHIPS

UNION ENDICOTT HIGH SCHOOL

**TIMES ARE APPROXIMATE - EVENTS MAY RUN AHEAD AS FAR AS POSSIBLE*

FRIDAY JUNE 09, 2017

ORDER OF EVENTS

TRACK				FIELD		
	Div I - Large			11:00	POLE VAULT	B CHAMP F
	Div II - Small			12:00	DISCUS	G I CLASS FINAL
				12:30	TRIPLE JUMP	B I CLASS FINAL
12:30	Pent. 110 HH-1	B CHAMP	F <i>lower seeds</i>		TRIPLE JUMP	B II CLASS FINAL
	Pent. 100 HH-1	G CHAMP	F <i>lower seeds</i>	12:30	SHOT PUT	B I CLASS FINAL
				1:30	DISCUS	G II CLASS FINAL
				2:00	SHOT PUT	B II CLASS FINAL
				2:00	TRIPLE JUMP	G I CLASS FINAL
					TRIPLE JUMP	G II CLASS FINAL
	OPENING CEREMONIES INCLUDING SPORTSMANSHIP					
	AWARD WINNERS					
1:30	110H	B II	T			
	110H	B I	T			
1:40	110H	G II	T			
	110H	G I	T	1:15	PENT.HIGH JP1	B CHAMP F
1:50	100M	B II	T		PENT.HIGH JP1	G CHAMP F
	100M	B I	T			
	100M	G II	T	3:30	POLE VAULT	G CHAMP F
	100M	G I	T			
2:10	Pent. 110 HH-2	B CHAMP	F <i>higher seeds</i>	3:00	DISCUS	B I CLASS FINAL
	Pent. 100 HH-2	G CHAMP	F <i>higher seeds</i>	4:30	DISCUS	B II CLASS FINAL
2:30	400M	B II	CLASS FINAL			
	400M	B I	CLASS FINAL	4:00	LONG JUMP	B I CLASS FINAL
	400M	G II	CLASS FINAL		LONG JUMP	B II CLASS FINAL
	400M	G I	CLASS FINAL			
3:00	800M	B CHAMP	F	3:00	SHOT PUT	G I CLASS FINAL
	800M	G CHAMP	F	4:30	SHOT PUT	G II CLASS FINAL
3:30	200M	B II	T			
	200M	B I	T			
	200M	G II	T	3:15	PENT.SHOT-1	B CHAMP F
	200M	G I	T	3:45	PENT.SHOT-1	G CHAMP F
3:50	400 INTER H	B II	CLASS FINAL	3:00	PENT.HIGH JP-2	B CHAMP F
	400 INTER H	B I	CLASS FINAL	3:15	PENT.HIGH JP-2	G CHAMP F
	400 INTER H	G II	CLASS FINAL			
	400 INTER H	G I	CLASS FINAL			
4:20	4X100 RELAY	B II	CLASS FINAL			
	4X100 RELAY	B I	CLASS FINAL			
	4X100 RELAY	G II	CLASS FINAL	5:30	LONG JUMP	G I CLASS FINAL
	4X100 RELAY	G I	CLASS FINAL		LONG JUMP	G II CLASS FINAL
4:50	4X400 RELAY	B II	CLASS FINAL			
	4X400 RELAY	B I	CLASS FINAL			
	4X400 RELAY	G II	CLASS FINAL	5:00	PENT.SHOT-2	B CHAMP F
	4X400 RELAY	G I	CLASS FINAL	5:30	PENT.SHOT-2	G CHAMP F
5:40	3200M	B CHAMP	F			
	3000M	G CHAMP	F			

NEW YORK STATE PUBLIC HIGH SCHOOL

STATE TRACK & FIELD CHAMPIONSHIPS

UNION ENDICOTT HIGH SCHOOL

*TIMES ARE APPROXIMATE - EVENTS MAY RUN AHEAD AS FAR AS POSSIBLE

SATURDAY JUNE 10, 2017

ORDER OF EVENTS

TRACK				FIELD			
10:00	3000M STEEPLE	B	CHAMP	F			
	2000M STEEPLE	G	CHAMP	F			
11:00	100M	B	II	CLASS FINAL			
	100M	B	I	CLASS FINAL	10:00	HIGH JUMP	B CHAMP F
	100M	G	II	CLASS FINAL	10:00	DISCUS	B CHAMP F
	100M	G	I	CLASS FINAL			
11:25	1600M	B	CHAMP	F	10:00	PENT.LONG JP-1	B CHAMP F
	1500M	G	CHAMP	F		PENT.LONG JP-2	B CHAMP F
12:00	110H	B	II	CLASS FINAL			
	110H	B	I	CLASS FINAL			
	100H	G	II	CLASS FINAL	11:00	PENT.LONG JP-1	G CHAMP F
	100H	G	I	CLASS FINAL		PENT. LONG JP-2	G CHAMP F
12:25	200M	B	II	CLASS FINAL			
	200M	B	I	CLASS FINAL	11:30	HIGH JUMP	G CHAMP F
	200M	G	II	CLASS FINAL	11:30	DISCUS	G CHAMP F
	200M	G	I	CLASS FINAL			
<u>BREAK 12:35 - 12:45</u>					1:00	SHOT PUT	B CHAMP F
					1:00	LONG JUMP	B CHAMP F
12:45	PENT. 1500 (ALL)	B	CHAMP	F	1:00	LONG JUMP	G CHAMP F
1:15	110HH	B	CHAMP	F			
	100HH	G	CHAMP	F			
1:25	100M	B	CHAMP	F			
	100M	G	CHAMP	F	2:30	SHOT PUT	G CHAMP F
1:35	PENT 800 (ALL)	G	CHAMP	F	2:30	TRIPLE JUMP	B CHAMP F
1:50	400M	B	CHAMP	F	2:30	TRIPLE JUMP	G CHAMP F
	400M	G	CHAMP	F			
2:00	400 INTER H	B	CHAMP	F			
	400 INTER H	G	CHAMP	F			
2:10	200M	B	CHAMP	F			
	200M	G	CHAMP	F			
2:20	4X800 RELAY	B	CHAMP	F			
	4X800 RELAY	G	CHAMP	F			
3:20	4X100 RELAY	B	CHAMP	F			
	4X100 RELAY	G	CHAMP	F			
3:30	4X400 RELAY	B	CHAMP	F			
	4X400 RELAY	G	CHAMP	F			

Accepted A45 9/18/16