

LAKE SHORE EAGLES present:
“EXPERIENCE EVANGOLA” INVITATIONAL

SATURDAY SEPTEMBER 24, 2016

Evangola State Park

Entry Fee: \$100 for all teams in school program (\$30 for single team)

Send Entry Fee & Registration to: Lake Shore XC
Attn: Mike Brinkerhoff
959 Beach Rd.
Angola, NY 14006
mbrinkerhoff@lakeshorecsd.org

Schedule:

| | |
|-------|--------------------------------|
| 9:30 | Coaches Meeting |
| 10:00 | Modified Boys |
| 10:30 | Modified Girls |
| 11:00 | Varsity Boys: up to 7 runners |
| 11:30 | Varsity Girls: up to 7 runners |
| 12:00 | JV Boys: unlimited runners |
| 12:30 | JV Girls: unlimited runners |
| 1:00 | Awards |

One race for Varsity teams will be run with the team awards being broken into Large School and Small School based on school enrollment if enough teams are entered.

Don't miss the chance to christen one of the best courses in terms of layout, location, and facilities. We hope to create the ultimate experience for all runners and spectators. Open fields, a cliffside stretch along Lake Erie, and wooded trails await you on this new course. Guaranteed course records!!

Course: The flat 3.1 mile course is all grass with stretches along Lake Erie and wooded trails.
The Modified course is 1.6 miles.

Awards: Trophies to Top 3 teams in Varsity races for Large School and Small School divisions.
Individual awards will be handed out in the finish chute.

Concessions: We will have t-shirts, food, and drink available for purchase

Park Entry: There is a \$1 per car entry fee, school vehicles and buses are exempt.

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Meet Roster: Please send your team rosters to timing@madsprocket.com by September 14th.
List athletes running in **ALL** races by: **Name, Grade, and M/F**. You do not need to designate which race they will enter.

SCHOOL: _____ **COACH:** _____

COACH EMAIL: _____ **PHONE:** _____

VARSITY BOYS: # _____

VARSITY GIRLS: # _____

JV BOYS: # _____

JV GIRLS: # _____

MODIFIED BOYS: # _____

MODIFIED GIRLS: # _____

Please email the entry form ASAP to mbrinkerhoff@lakeshorecsd.org with your intention to participate. Contact Mike Brinkerhoff at 604-8949 with any questions.

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Location: Evangola State Park is a 733-acre state park in southern Erie County, New York, USA. The park is located west of the Village of Farnham, at the border of the Town of Brant and the Town of Evans. Only 28 miles from downtown Buffalo. The address is 10191 Old Lake Shore Rd, Irving, NY 14081

From the North: Take NYS Thruway 90 to Exit 57A Eden/Angola. Turn Right onto Eden/Evans Center Rd. Continue 4 miles and take a left onto Route 5 (Erie Rd.) and continue for 4 miles to the park entrance. Drive straight through the park to the parking lot area.

From the South/West: Take NYS Thruway 90 to Exit 58 Silver Creek. Veer right and take Route 5 East, continuing through the traffic circle on Route 5. Continue for 2.5 miles to the park entrance on the left. Drive straight through the park to the parking lot area.

Parking: There will be a \$1 fee for all vehicles; all busses and district vehicles are exempt. There are hundreds of parking spots on site and plenty of handicapped parking for easy accessibility.

