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### 29th Annual Wildcat Relay Meet

# Saturday APRIL 27th, 2019 @ 1:00PM



Coaches,

We would be grateful to have your team competing at our relay meet this year. As always we will have a full *concessions available, souvenir T-shirts* courtesy of Winged Foot Screen Printing and *Runners Roost* of Orchard Park on site to offer discounted track shoes. If you have *any questions please feel free to email/call:* 

Justin McElligott at <u>coachjustinmcelligott@gmail.com</u> or (716) 343-0490. Julian Blake at <u>my-buddybert@roadrunner.com</u> or (716) 908-4378.

### Here are a few important details that you will need to know:

#### > Start Time:

- The meet will begin at 1:00 PM.
- o Coaches meeting at 12:30 PM (in the clerking tent).

#### > Entries:

Due Wednesday, April 24<sup>th</sup> by 8PM. All entries are to be submitted on-line at <a href="http://ny.milesplit.com">http://ny.milesplit.com</a>. New coaches see the website for instructions on how to "claim" your team and register for meets. If you have questions contact coach McElligott or coach Blake.

#### **Entry Fee:**

- o \$175/individual team or \$250/combined (Boys/Girls) teams.
- Checks and vouchers should be made payable to the **Depew Union Free School District**.

#### ✓ <u>Steeple Chase & Jack Donohue Memorial Mile</u>:

• Teams are limited to only one (1) entry/team in each of these events.

#### ✓ Jumping events:

o (2) athletes will compete with their distances/heights added together.

#### ✓ <u>Throwing events:</u>

o (3) athletes will compete with their distances added together.

#### √ The 4x1600 relay:

- Girls & Boys will run together. BOYS will start and finish at the common finish line, and the GIRLS will start and finish at the 200 meter start line.
- HAVE A COACH OR OTHER RESPONSIBLE TEAM MEMBER COUNT LAPS FOR THEIR ATHLETES!!

#### Scoring the Meet:

- Open Events: 7, 5, 4, 3, 2, 1
- JV Relays will not count in overall scoring.
  - JV relay teams will receive ribbons for the **Top 3**.

#### Varity Awards:

- o Trophies to **Winning Team** of each gender
- Trophy to the Top Combined Team
- Medals to the Top 3 Finishers of each event
- Ribbons to places 4<sup>th</sup> 6<sup>th</sup>.
- Ties will be determined by most 1<sup>st</sup> place wins; descending order for 2nds and 3rds...if necessary.

## Buses:

 Drop off & Pick up at our <u>Cayuga Heights Elementary School</u> parking lot located off of Como Park Blvd. Drivers can park in this lot during the meet as well.



# **29<sup>th</sup> Annual Wildcat Relay Meet** Saturday APRIL 27<sup>th</sup>, 2019 @ 1:00PM



(SCHOOL NAME)	·	cipate in the Wildcat Relays.
Circle one:	GIRLS only (\$175)	POTH TEAMS (\$250)
BO73 0my (\$173)	GIRLS Unity (\$175)	BOTH TEAMS (\$250)
BOYS' COACH		PHONE
GIRLS' COACH	<del> </del>	PHONE

Mail "Intent to Compete Form" on/before April 1st 2019 to:

Depew Union Free School District c/o Mr. Brian Wilson Athletic Coordinator Depew High School 5201 S. Transit Rd. Depew, NY, 14043



# 2019 DEPEW WILDCAT RELAYS SATURDAY APRIL 27<sup>TH</sup> @ 1:00 PM



# **SCHEDULE of EVENTS**

Order will not change. Races will run in succession. One Relay Team/School per gender All track events will be run, GIRLS followed by BOYS.

12:30 P.M. Coaches Meeting

1:00 P.M. Field Boys Shot Put-Girls to follow (*3 per relay*)

Girls Discus-Boys to follow (3 per relay)

Boys/Girls Long Jump/followed by Triple Jump (2 per relay)

Girls High Jump-Boys to follow (2 per relay)
Girls Pole Vault-Boys to follow (2 per relay)

1:00 P.M. Track Gary Grant Memorial Steeple Chase (*One entry/school*)

Shuttle Hurdle Relay

Distance Medley Relay (1200-400-800-1600)

4 x 200 Meter Relay (in lanes)

Jack Donohue Memorial Mile

1500 Meter Run (Girls) / 1600 Meter Run (Boys) (One entry/school)

JV 4 x 400 Meter Relay (Not Scored)

Varsity 4 x 400 Meter Relay

Sprint Medley Relay (**200-200-400-800**) - 4 turn stagger

4 x 800 Meter Relay

JV 4x100 Meter Relay (Not Scored)

Varsity 4 x 100 Meter Relay

Varsity 4x 1600 Meter Relay (Boys & Girls run together)

Scoring: 10-8-6-4-2-1 Individual: 7-5-4-3-2-1

\*In case of a tie for the Team Trophies, the team with the most 1st places will win. Descending order will be used to consider 2nds, 3rds....