



# Oakfield-Alabama-Elba

## Dash in the Dark XC Relays

### “FREAKS COME OUT AT NIGHT”



Dash in the Dark is a cross country relay race run at night under the lights. The race will be run on a spectator friendly course on a grass surface. A relay team consists of 3 runners who will each run a 3200 meter leg. Join us and kick off the 2026 XC season in style.

**When:** Friday, September 11<sup>th</sup>

**Where:** Oakfield-Alabama Middle-High School located at 7001 Lewiston Road Oakfield, NY 14125, 6 miles north of Batavia, 45 minutes from Downtown Rochester & Buffalo.

**Course:** The course is a fast, flat, grassy, 1600 meter loop around the school grounds. Each leg will run two loops, starting and ending inside the football stadium. The course will be well-marked, safe, and well lit. Runners do not need to walk the course before they race to be able to follow it.

**Format:** Relay teams consist of 3 runners. Each school can enter 3 teams (A, B, and C) in the Gold races (fastest race) and unlimited teams in the Blue races (D, E, F, etc.). **Your top runners MUST run in the Gold races and CANNOT run in the Blue races.** Any additional runners on your team can compete in the Blue races. There will be a separate Boys Blue Individual Race for all the JV boys that aren't in a three-person relay team.

**New Entry Process:** We are accepting the **first SEVENTY-FIVE (75) schools who complete the Google Form registration process!**

-ONLY the Google Form submission registers your team.

-Checks or Purchase Orders sent to OA does not confirm your spot.

A. **Intent to Participate:** [You must complete and submit the Google Form by clicking here.](#)  
-This form is the ONLY way to register your school.

B. **Online Entries:** **Tuesday, September 8<sup>th</sup> by 9:00 PM**

**Entries will be conducted on MileSplit.**

**Instructions on how to enter your relays will be e-mailed out to coaches in August.**

\*\*\*\*If you need to change a runner on the day of the meet, you may do so. However, the names in the computer will not reflect that change.

#### **Entrance Fee:**

\$200 per school with a boys and girls team.

\$100 per school with just one gender competing.

**Please make checks payable to:** Oakfield-Alabama Central School

**Please mail payment by:** Friday, August 28<sup>th</sup>

**Please send payment to:**

Oakfield-Alabama Middle High School  
C/O Dash in the Dark – Peter Beuler  
7001 Lewiston Road  
Oakfield, New York 14125

**Timing:** FAT timing and results will be done by Leone Timing.

**Schedule:** (Races may be added or subtracted if needed)

**5:20 PM:** Girls Blue Race: Unlimited Entries of Three-Person Relay Teams AND Individuals

**6:25 PM:** Boys Blue Individual Race: Unlimited Entries of Individuals ONLY

-They run the 1,600 Meter loop twice and finish with no baton.

**6:50 PM:** Boys Blue Relay Race: Unlimited Entries of Three-Person Relay Teams ONLY

Mascot 100 Meter Dash Right After Boys Blue Relay Race

**7:50 PM:** Girls Gold Race: Max of 3 Relay Teams, NO INDIVIDUALS

**8:50 PM:** Boys Gold Race: Max of 3 Relay Teams, NO INDIVIDUALS

-Bonfire again this year mid-way through Boys Gold Race.

**Awards:** Schools will be split up into two divisions depending on school size.

- ★ Medals will be awarded to the fastest individual times.
  - Blue Races: Top 10 in both divisions for both genders
  - Gold Races: Top 20 in both divisions for both genders
- ★ Team trophies for the top three teams in the Gold Races for both divisions.
- ★ Team awards for the top three teams in the Blue Races for both divisions.

**Concession Stand:** We will have Dash in the Dark apparel, food, drink, and healthy snacks for sale.

**Questions:** Contact Peter Beuler, Oakfield-Alabama-Elba Varsity Head Coach  
-E-mail: pbeuler@oahornets.org  
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Contact JC Montroy, Oakfield-Alabama Athletic Director  
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