2020 D/O/U BORDER CLASH
Wallkill Senior High School

Friday April 17, 2020
3:30 PM (Discus Start)
4:00 PM (Track and other Field Events)

Cost: $250 per school (Boys and Girls) *This is an entry fee not a participation fee.
     $150 for One Team (Boys or Girls)

*Maximum of 15 Schools – **With at least one school from each county** (Dutchess, Orange, Ulster) represented before others allowed.

Timing: Fully automatic timing provided by *Fulton Accurate Timing*

Entry: Mailed or e-mailed entry form: ***IN OUR HANDS BY MONDAY APRIL 2ND***
Roster & event entry done online via password
ONLY AFTER we receive your entry form

Email your entry to our meet to Eric McLaud at esmclaud@yahoo.com
 (If you do not get a response from Eric – please call to confirm)

Once your entry is received, you will be emailed the password to enter your rosters and lineups on Milesplit which will be due by Wednesday April 15, 2020 at 11 PM

Send check payable to "Wallkill Central School District / Varsity Track" by Monday April 13, 2020.
Wallkill Senior High School – Athletic Department
PO Box 310
90 Robinson Drive
Wallkill, NY 12589

Any questions please contact:
Eric McLaud: 845-800-1369

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Order of Events & Entry Limitations

TRACK EVENTS (All events Girls before Boys) Clerk in Infield unless stated with *

Fastest First
3000m/3200m Run (3 entries per school)
100m/110m Hurdles (Unlimited) *Clerk at Starting Line
100m Dash (Unlimited)   *Clerk at Starting Line
800m Run **(10 Entries)**
400m IH (8 entries)
200m Dash (Unlimited)   *Clerk at Starting Line
400m Dash (8 entries)
1500/1600m Run (8 entries)
400m Relay (4 teams)
3200m Relay (3 teams)
1600m Relay (4 teams) (A team from each school in 3 seeded heats in lanes followed by scratch
                              starts with the rest.)

FIELD EVENTS:
Pole Vault (4 entries)
        1st   Girls Pole Vault 6'-7'-8' up 6" to finish
        2nd Boys Pole Vault 8'-9'-10'-11'-12' up 6" to finish

High Jump
        1st Girls High Jump (5 entries) 4-0, up 3" until 5' then 2" after.
        2nd Boys High Jump (5 entries) 5-0 up 3" until 6-3 then 2" after.

Boys & Girls Long Jump (8 entries) Two Runways
Boys & Girls Triple Jump (8 entries) Two Runways

Boys Shot Put then Girls Shot Put (12 entries)
Girls Discus then Boys Discus **(6 entries)**

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General Rules of the Meet:

ENTRIES FOR THE MEET WILL BE THROUGH Milesplit. ALL ENTRIES MUST BE IN NO LATER THAN Wednesday Night April 15 at 11:00 PM. All Track Results will be done with FAT timing.

1. Athletes may compete in 4 events
2. Clerking will be done at the goal post nearest the finish line. (Except 100,200, 100/110 Hurd at Start Line)
3. No Athletes are to be in the infield unless they are clerking in for their event
4. **No Team Scores or Awards**—This is a meet to try to hit qualifying times for league/section/state
5. ¼ in protrusion with spikes on shoes and blocks
6. Heats will be run FASTEST FIRST
7. Long/Triple Jumps and Shot Put will be top athletes first – 3 jumps/throws per athlete (No Finals)
8. Discus:
    a. Top 2 per school throwing 3 throws:
    b. All Others will get 1st Throw measured. 2nd and 3rd Throw will only be measured if they clear the minimum line set (Boys 90' Girls 60')

There will be a Concession Stand this year serving meet favorites and T Shirts will be available

There are new bathroom facilities at the end of the track nearest the scoreboard end of the track. (Blue Roof)

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Meet Entry Form

School _____

Boys Coach _____ Email_____Cell #_____

Girls Coach _____ Email_____Cell #_____

**You can email this form to esmclaud@yahoo.com and follow up with your check

Email or send voucher/check payable to "Wallkill Central School District / Varsity Track" by Monday April 13, 2020

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Wallkill, NY 12589