

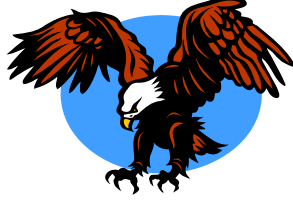
8<sup>th</sup> Annual  
**Christopher Urban  
& Brittney Walsh**  
Memorial Track & Field Invitational  
Monday, May 14, 2018



**Walter G. O'Connell-Copiague HS**

With music by DJ Tony Pre again...  
Grand-nephew of famed distance star *Steve Prefontaine!*

# Copiague High School



## Clerking: Begins at 3:45pm

- **This meet is open to all HS boys and girls.**
- Athletes may compete in any three (3) events.
- Limit of two teams per school in each of the relays.
- **There will not be any separate Frosh/Soph events; Varsity only**
- Please use Just-In-Time-Racing numbers & stickers for all events (event, name, school, grade, & comp. # from <http://www.just-in-time-racing.com/outdoor.htm>)

## Awards:

- Incredibly distinctive and original medals will be given to the top three finishers in all events.

## Spikes:

- $\frac{1}{4}$  in maximum length can be worn on all runways and the track.

## Food, Fun & Music:

- Hot BBQ & cold food and drinks will be on sale the day of the meet, as well as Invite T-shirts (\$10)
- ***Aerial photography & video will be taken!***
- ***DJ Tony Pre is back!***

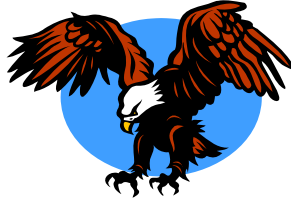
## Entry Fees:

- **Section XI teams:** \$175.00 blanket fee, or \$20.00 per individual & \$30.00 per relay
  - **Boys & Girls combined:** \$300.00      **Minimum entry fee is \$30.00**
- **Non-Section XI teams:** \$200.00 blanket fee, or \$20.00 per individual & \$30.00 per relay
  - **Boys & Girls combined:** \$350.00      **Minimum entry fee is \$30.00**

**This is an entry fee not a participation fee & the meet will be capped at 25\* teams.**

- **Blanket Fee:** allows for unlimited individual entries.

# Copiague High School



*“Most people run a race to see who is fastest. I run a race to see who has the most guts.”*  
---Steve Prefontaine

## **ORDER OF EVENTS**

**RUNNING EVENTS START AT 4:00 PM**

- *Girls Events Followed by Boys (except hurdle finals)*
  - *Verbal seeds for all running events*
  - **ALL ATHLETES MUST HAVE A COMPETITOR NUMBER!!!**
- 
- 2000/3000 Steeplechase (\*\*only one heat each-top 16 entrants)
  - 100/110 HH (semis)
  - 1500/1600-*Chris Urban Memorial Event*
  - 110/100 HH (finals)--- boys final 1st
  - 100 (semis)
  - 400
  - Copiague Elementary School 4 x 100
  - 100 (finals)
  - 800
  - 400IH
  - 200 (finals on time)
  - 4 x 800
  - 4 x 400
  - 4 x 100

## **FIELD EVENTS START AT 4:00PM**

- Seed cards will be used for all field events
  - There will NOT be finals in any of the field events
  - **ALL ATHLETES MUST HAVE A COMPETITOR NUMBER!!!**
- 
- **GIRLS SHOT** –minimum 25’, FOLLOWED BY **BOYS SHOT**, minimum 40’
  - **BOYS DISC**- minimum 100’, FOLLOWED BY **GIRLS DISC**- minimum 70’
  - **BOYS LJ** – minimum 18’, FOLLOWED BY **GIRLS LJ**- minimum 14’, followed by
    - a. **BOYS TJ**- minimum 38’, FOLLOWED BY **GIRLS TJ**- minimum 30’
  - **GIRLS HIGH JUMP**- opening at 4-06’, FOLLOWED BY **BOYS HJ**- opening at 5’
  - **BOYS POLE VAULT** –opening at 8’

# Copiague High School's



## 8<sup>th</sup> Annual Urban & Walsh Memorial Invitational

In honor & memorial of Christopher Urban & Brittney Walsh  
Monday, May 14, 2018

**Entries Due: May 11<sup>th</sup>, 2018**

**Entries received after may be denied entry.  
Meet will be limited to the first 25 teams with paid entry!**

School: \_\_\_\_\_ (circle one) **BOYS** **GIRLS**

Coach's Name: \_\_\_\_\_

Coaches Email: \_\_\_\_\_

School Phone # (\_\_\_\_) \_\_\_\_\_ Coach's Phone # (\_\_\_\_) \_\_\_\_\_

Approximate # of overall athletes attending: \_\_\_\_\_

**Entry Fees:**

- **Please circle one** Section XI team **OR** Non-Section XI team
- **If using blanket fee:** \$175.00 \$200.00
  
- Combined Section XI Teams **OR** Combined Non-Section XI Teams
- \$300.00 \$350.00

**OR**

• # of individuals \_\_\_\_\_ X \$20.00 each = \_\_\_\_\_

• # of relays \_\_\_\_\_ X \$30.00 each = \_\_\_\_\_

• **TOTAL AMOUNT DUE = \_\_\_\_\_**

• **Minimum entry fee is \$30.00**

**This is an entry fee not a participation fee & the meet will be capped at 25 teams.**

**Make checks or PO's payable to  
Copiague High School - Booster Club and send to:**

**COPIAGUE H.S.---c/o George Schroeder---1100 Dixon Avenue---Copiague, New York 11726**

**Questions---Comments---Concerns**

**Contact--- [gschroeder@copiague.net](mailto:gschroeder@copiague.net) or call/text (516) 672-4086**