

## The Cahill Classic

### Sauquoit Valley Track & Field

**Sauquoit Valley Track & Field Complex**  
**2601 Oneida St. Sauquoit, NY 13456**

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Friday, April 25th

3:30 Coaches meeting and scratches

4:00 Field events begin

4:00 Running events begin

FAT timing will be provided by Leone Timing, along with live meet results (LeoneTiming.com). Entries must be entered on NY MileSplit by Thursday, April 24th, at 9:00 pm. Entry lists will be available on LeoneTiming.com. Concessions and T-shirts will be available.

Meet Director

John Nicotera

(315) 269-4637

[jnicotera@oneida-boces.org](mailto:jnicotera@oneida-boces.org)

Registration: Coaches should register on NY MileSplit. Please mail vouchers to Doug Jones, Athletic Director (school address listed above). Checks & Purchase Orders should be made payable to: Sauquoit Valley Varsity Club- Track & Field.

Please be sure to register for the meet on NY MileSplit and email me

([jnicotera@oneida-boces.org](mailto:jnicotera@oneida-boces.org)) confirming that you are coming along with which team(s) from your school.

Entry Fee

\$300 co-ed

\$175 single gender

\$25 single athlete

Awards: Top 4 finishers in all events. Plaques for Winning Girls Team, Winning Boys Team, Combined Co-Ed Winner

Athlete Entries: Schools limited to 2 male, 2 female entries per event  
Each athlete is limited to 4 events  
Each school can enter 1 relay team in each relay

Order of Events

### **RUNNING EVENTS**

DMR (800, 400, 1200, 1600)

110HH B finals

100H G finals

3200 / 3000 B/G final

100 B/G final

800 B/G final

400 B/G final

400H B/G final

SMR (400, 200, 200, 800)

1600 / 1500 B/G final

200 B/G final

4 x 800 B/G final

4 x 100 B/G final

4 x 400 B/G final

### **FIELD EVENTS**

Boys shot put followed by Girls

Girls discus followed by Boys

Girls long jump followed by Triple Jump

Boys long jump followed by Triple Jump

Boys Pole Vault (Opening 7'6")

Girls Pole Vault (Opening 6'6")

Girls High Jump (Opening 4')

Boys High Jump (Opening 5')

### **Meet Notes:**

-Boys followed by Girls

-Jumps and throws are flighted

-There will be 2 jump pits, one dedicated to each sex (Boys blue pit Jump by PV, Girls red pit turn 1)

-Horizontal Jumps: Girls pit towards backstretch, Boys pit towards homestretch

-Throws and Horizontal Jumps: 3 attempts, 7 to finals

-Minimum marks in LJ, SP, Disc

Shot- G 22', B 30'

Disc- G 55', B 70'

LJ- G 13-0, B 15-0

-Girls Pole Vault, followed by Boys

-Buses will drop off athletes at the Track complex, by bus garage, then ask to park off-site where directed to by staff