

## BLUE DEVIL RELAYS INFORMATION

Thank you for your response to the nineteenth annual running of the Moravia Relays! Here is some additional information to help make the meet go as smoothly as possible on April 29.

**!!Please read these two pages all the way through!!**

1. THIS MEET WILL BE PRE-SEEDED! We will be seeding the meet through sydex. If you are unfamiliar with sydex, instructions will be coming soon as to how to enter your athletes. Please be sure to observe the deadlines included!
2. Each school may enter one team per event; 4 athletes per running event, 2 athletes per field event. Each individual may participate in 4 events. **The order for the Sprint Medley will be 400-200-200-800.; the Distance Medley order will be 800-400-1200-1600.** The Freshman/Sophomore Sprint Medley will be non-scoring (but award winning).
3. A coaches meeting will be held at 9:30 am. Seeding packets will be handed out at that time. Field Events will begin at 9:45. The Boys and Girls 6400 Relay will begin at 10:00 am. We will use Inside/Outside Box and two-turn stagger. Coaches with teams in these relays are asked to count laps for your athletes!
4. Entry fees are \$200.00 for both Boys and Girls teams, \$125.00 for a single gender team. Checks or vouchers can be mailed to Moravia High School. Please make them payable to:  
**Moravia Track Club**  
c/o Donna Pasho, Activities Treasurer  
Moravia High School  
PO Box 1189  
Moravia, New York 13118
5. Ribbons will be awarded to the top 6 teams in each event. Scoring of running events will be: 12-10-8-6-4-2. Scoring of field events will be 6-5-4-3-2-1. Trophies will be awarded to the winning Boys and Girls teams, as well as the most improved teams from the previous year.
6. **The Moravia Booster Club will be running a concession stand all day. There will also be a limited number of T-shirts for sale featuring the names of all participating schools. Please inform your teams of the T-shirts – last year we sold out.**
7. ¼” PYRAMID SPIKES WILL BE ALLOWED ON OUR NEWLY RESURFACED TRACK!
8. **Facilities are limited in the event of poor weather. Make sure athletes dress appropriately. Teams may put up tents on the hill overlooking the track.**
9. Athletes will be given 3 (three) attempts in the shot put, discus, long jump, and triple jump. THERE WILL NOT BE TRIALS AND FINALS! The best performance of each individual counts for award purposes.

**10. We will use an open pit for the long and triple jumps.**

**Boys and Girls long jump: 9:45 – 11:45. (Three jumps each)**

**Boys and Girls triple jump: 12:15 – 2:15. (Three jumps each)**

11. There will be **TWO** attempts at each height for the high jump and three for the pole vault. These events must come to completion to be scored.

Girls High: 3'6" start, then 3'9", 4'0" and by 2" after 4'

Boys High: 4'6" start, then 4'9", 5'0" and by 2" after 5'

Boys Pole Vault: 7'0" start and go up by 6".

Girls Pole Vault: 6'0" start and go up by 6"

**12. THE 10 MINUTE RULE WILL BE ENFORCED!**

13. The Contralto and Clydesdale Relays are intended for throwers only! You may enter a team in this event, or schools without 4 'weight men' can recruit "on the spot" to make up a team.

These events will be non-scoring, but ribbons will be awarded for all 6 places. Please talk it up among your throwers so we can have a little fun! (It is a mile relay)

**14. Buses will drop athletes at the Elementary School and park in the High School parking lot. (See map attachment)**

If you have any questions or suggestions, feel free to contact:

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Moravia High School

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Or you can call me at home between 6:30 and 9:00 pm at (315) 497-3440.

Jan Hunsinger  
Moravia Track Coach