



AUTISM AWARENESS
Invitational Track Meet
Saturday March 28th, 2020
North Shore High School
10:00 AM START



In recognition of Autism Awareness Month:

PROCEEDS WILL GO THE NASSAU-SUFFOLK AUTISM SOCIETY

Cost: \$200 entry AND a portion of the cost of the officials for Nassau County Public Schools
(\$400 for combined Girls and Boys teams-UNLIMITED ATHLETES IN ALL EVENTS)

ENTRIES DUE BY MONDAY March 23rd 2020

EMAIL: Neal Levy: levyn@northshoreschools.org or cell 516 330-4590 or FAX: (516) 277-7042

Order of Events (GIRLS FOLLOWED BY BOYS)

- | | |
|--|-------------------------------------|
| 1500M Racewalk (Girls only) | |
| Girls 2k Steeple Chase/Boys 3k Steeple Chase | |
| 400 IH | High Jump (Girls Followed by Boys) |
| 100m Semi | Long Jump (Two pits) |
| 1500/1600 | Triple Jump (After Long Jump) |
| 100m Final | Shot Put (Boys Followed by Girls) |
| 400m | Discus (Girls Followed by Boys) |
| 100 HH/110HH | Pole Vault (Boys Followed by Girls) |
| 800m | |
| 200m | |
| 4 x 100 | |
| 4 x 400 | |

Awards: Medals to the top 5 competitors in each event.
Medals to the top 4 teams in each relay event

**We will be using
Elitefeats.com
timing services for
the competition.**

SCHOOL

COACH

CIRCLE ONE: BOYS TEAM GIRLS TEAM BOTH

COACH'S E-MAIL

COACHES CELL:

PAYMENT \$200 Payable to: NORTH SHORE SCHOOLS
Or 450 Glen Cove Ave
\$400 Glen Head NY 11545
Attn: NEAL LEVY