

# 2016 Auburn Maroons Cross Country Invitational

Date: October 1, 2016

Time: First race begins at 9:00 AM

Location: Auburn Jr. High School

191 Franklin Street, Auburn, NY

-5000 meter race for Varsity/JV

-1.5 mile race for Modified

-Limit of 7 runners per varsity team

Awards: Top 3 Varsity teams and Overall individual boys and girls winners

## Race Schedule:

Time	Race
9:00 AM	Modified Girls
9:30 AM	Modified Boys
10:00 AM	JV Girls
10:30 AM	JV Boys
11:00 AM	Varsity Girls
12:30 PM	Varsity Boys

Course:

Mostly grass and trail running, flat start and rolling hills throughout the course. Runners will finish in Holland stadium.

Cost:

Make checks payable to Auburn Cross Country

-\$20 per team (Varsity and JV)

-\$10 per modified team

-\$5 per individual

Concessions:

Concessions such as hamburgers and coffee will be provided in the stand above Holland stadium.

Contact:

Ben McIntosh, Head Boys Cross Country Coach (334)-707-1895

[benruns123@gmail.com](mailto:benruns123@gmail.com)

Please mail entry form to: Auburn Cross Country Invitational  
78 Thornton Ave.  
Auburn, NY 13021

Entry Deadline:

September 23, 2016 @ 10pm

# Please Return Following Entry Form As Soon As Possible

## 2016 Auburn Cross Country Invitational Entry Form

\_\_\_\_\_ Will attend the 2016 Auburn Cross Country  
 (School Name) Invitational on 10/1/16.

Teams to be entered (Check all that apply):

Modified Girls	
Modified Boys	
JV Girls	
JV Boys	
Varsity Girls	
Varsity Boys	

Entry Fee Calculation:

Team	Subtotal
Modified Girls \$10	
Modified Boys \$10	
JV Girls \$20	
JV Boys \$20	
Varsity Girls \$20	
Varsity Boys \$20	

Total: \_\_\_\_\_

Coaches Information

Girls Coach \_\_\_\_\_ Boys Coach \_\_\_\_\_

Phone \_\_\_\_\_ Phone \_\_\_\_\_

E-mail \_\_\_\_\_ e-mail \_\_\_\_\_



# Auburn Cross Country Invitational



Date: October 1, 2016

Place: Auburn Junior High School: 191 Franklin Street, Auburn New York 13021

Races:

Modified Girls 9:00AM

Modified Boys 9:30 AM

JV Girls 10:00AM

JV Boys 10:30AM

Varsity Girls 11:00AM

Varsity Boys 12:30PM

\*Limit for Varsity races is 7 runners/team

\*Unlimited modified and JV entries

Top 5 score for Varsity team

Trophies: Top 3 Varsity teams and overall in

Cost: \$20/Team, \$5/Individual

\*Make checks out to Auburn Cross Country





Course: Mostly grass and trail running, flat start and rolling hills throughout the course. Finish in Holland stadium

T-Shirt pre-sale

Contact: Ben McIntosh Head Boys Cross Country Coach (334)-707-1895 [benruns123@gmail.com](mailto:benruns123@gmail.com)





	1st Mile
	2nd Mile
	3rd Mile
	Last 200m





Cayuga Community College

Boyle Ave

Brister A

Wald's



	1st Mile
	2nd Mile
	3rd Mile
	Last 200m

Cayuga Community College