

The 10th Annual Baldwinsville John Arcaro Co-Ed Classic

Boys and Girls Track and Field Invitational @ Pelcher-Arcaro Stadium

Friday May 8th 2026

4:00 PM

Entry Fee: \$175 per one team
 \$300 combined boys and girls entry from one school
 \$35 per athlete (up to six athletes)

Payable to: Baldwinsville Harriers % Bill Spicer
 29 E. Oneida Street
 Baldwinsville, NY 13027

Entry Info and Deadline:

1. Coaches notify Bill Spicer via email at wspicer@bville.org intent to participate by **Monday, May 1st**.
2. All entries are to be done online via <http://ny.milesplit.com> (email Chad at chad@leonotiming.com for help)
3. Entry deadline is **May 6th at 11:00pm**. Please make every effort to make entry changes before the day of the meet. **We will be capping this meet to the first 15 boys teams and 15 girls teams.**

Scoring: 10-8-6-4-2-1 for all events

Timing: F.A.T. by Leone Timing

Awards: Individual medals for 1st place and ribbons for places 2-6.

Event Information:	3:45 PM	Coaches Meeting (Scratches due at this time)	
	4:00 PM	(G-B) Steeplechase	(F)
		(G-B) 4x800 Meter Relay	(F)
		(G-B) 400 Meter Hurdles	(F)
		(G-B) 100 Meter Dash	(F)
		(G-B) 100/110 Hurdles	(F)
		(G-B) 1500/1600 Meters	(F)
		(G-B) 400 Meters	(F)
		(G-B) 3000/3200 Meters	(F)
		(G-B) 800 Meters	(F)
		(G-B) 200 Meter Dash	(F)
		(G-B) 4x400 Meter Relay	(F)
		(G-B) 4x100 Meter Relay	(F)
		(G-B) 4x100 Meter Muscle Relay (must throw in meet)	(F)
		****4x100 Meter Muscle Relay is non-scoring and has a special award (not medals or ribbons).	

Entry Limits and Field Events: Entries are limited to (2) individuals per event and (1) relay per team. Athletes can compete in a max of (4) events.

Session #1 (4:00 Start)	Girls	Boys	Session #2	Girls	Boys
	Long Jump	Long Jump	(completion of session #1)	Triple Jump	Triple Jump
	Shot Put	Discus		Discus	Shot Put
	Pole Vault	High Jump		High Jump	Pole Vault

Note: All field events get (3) attempts. Long and Triple Jump may be in flights (depends on entry numbers). Girls and Boys High Jump will run at the same time.

Opening heights- HJ (G) 4'2" (B) 5'2" PV (G) 6'0" (B) 8'0" (opening heights may be adjusted prior to the meet).

