

**8th
Annual
West Seneca West
Indians-Lady Indians
Early-Bird
Track Classic**

*Home
of
the
2023
Section VI- State Qualifier
Outdoor
Track & Field
Championships*

Dear Track & Field Coaches:

You are cordially invited to participate in the 7th Annual Indians-Lady Indians Early-Bird Track Classic on Saturday, April 29, 2023 at West Seneca West's Brand New Sports Complex.

FACILITIES: The Track is a Brand New Eight Lane, 400 meter, all-weather rubberized surface, two rubberized runways and two concrete throwing circles along with a Steeplechase Pit. The track and runways will accommodate ¼ inch spikes - no spikes protruding more than ¼ inch will be allowed. The track is extremely fast. Blocks will be provided but you may use your own.

AWARDS: **GOLD, SILVER AND BRONZE MEDALS TO THE FIRST THREE PLACES IN EACH EVENT INCLUDING THE RELAYS. TEAM TROPHIES TO THE TOP THREE BOYS & GIRLS TEAMS WITH THE HIGHEST SCORE PLUS ONE COMBINED TEAM TROPHY SCORING: (10-8-6-5-4-3-2-1).**

A trophy will be presented to the winner of the Erin McAneney Memorial 3000m run. T-shirts will be awarded to the winning teams in the Ryan P. Purcell Memorial Double 4x400m. The leadoff leg of the relay will handoff after 1 lap and then get back in order for a second lap and they will receive the baton from the anchor leg. Each relay member will run twice.

ENTRIES:

All athletes, boys & girls, may do four events. Each team may enter **TWO ATHLETES** in any event. Each team is limited to one relay team per relay event.

All entries are to be done online via www.nymilesplit.com – David Reinhardt’s website use – www.trackqua.com

Entry Deadline is Thursday, April 27th at 8:00 PM. Coaches are strongly encouraged to make any and all changes to their entries before the day of the meet. No additions will be added on the day of the meet.

Scratch sheets are to be picked up at the Timing-Tent by the Finish Line area upon arrival into the complex. Coaches are asked to make scratches on the sheets then return them to the timing tent at the finish-line.

RESULTS:

Reinhardt’s Timing & Results Services will be using Finish-Lynx Fully Automatic Timing and Hy-Tek’s Meet Manager to produce fast, accurate results.

Real Time Results will be posted on the Reinhardt’s Timing web-site (www.trackqua.com) while the meet is in progress. Also, a full set of results will be sent to Armorytrack.com. Upon request, Reinhardt’s Timing will e-mail results to newspapers outside of the Buffalo area.

FEES:

\$225 for either boys or girls team, or \$350.00 for both. For small numbers, \$25.00 per individual athlete, per event. Make checks or vouchers out to: **WEST SENECA CENTRAL SCHOOL DISTRICT** and send to:

West Seneca Central Schools
Athletic Department
C/O MaryKay Biddle
1445 Center Road
West Seneca, NY 14224

REMINDERS:

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Any further questions or concerns, please contact me ASAP!

E-Mail:

Pszymanski698@gmail.com

Phone: 716-480 - 2333 – Cell #

or

Brian.kader@gmail.com

Phone: (716) 725 - 3774 – Cell #

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Order of Events

9:15 AM Coaches Meeting
9:45 AM Girls: Long Jump, Pole Vault, Discus
Boys: Long Jump, High Jump, Shot Put
Followed By:
Boys: Pole Vault, Triple Jump, Discus
Girls: Triple Jump, High Jump, Shot Put
Triple Jump will be contested after completion of Long Jump

All
Track Events
Girls
Followed
By
Boys

9:45 AM	Double One Lap Relay – Girls – Timed Final
10:00 AM	Double One Lap Relay – Boys – Timed Final
10:15 AM	100 Meter High Hurdles – Girls – Timed Final
10:25 AM	110 Meter High Hurdles – Boys – Timed Final
10:35 AM	2000 Meter Steeplechase – Girls - Timed Final
10:55 AM	3000 Meter Steeplechase – Boys – Timed Final
11:15 AM	200 Meter – Girls – Timed Final
11:30 AM	200 Meter – Boys – Timed Final
11:45 PM	800 Meter - Girls - Finals
12:00 PM	800 Meter - Boys - Finals
12:15 PM	4 x 100 Meter Relay – Girls – Timed Final
12:30 PM	4 x 100 Meter Relay – Boys – Timed Final
12:45 PM	1500 Meter Run – Girls – Timed Final
1:00 PM	1600 Meter Run – Boys – Timed Final
1:20 PM	4 x 400 Meter Relay – FROSH-SOPH – Girls – Timed Final
1:40 PM	4 x 400 Meter Relay – FROSH-SOPH – Boys – Timed Final
1:50 PM	100 Meter – Girls – Timed Final
2:00 PM	100 Meter – Boys – Timed Final
2:15 PM	3000 Meter Run – Girls – Timed Final
2:35 PM	3200 Meter Run – Boys – Timed Final
2:55 PM	400 Intermediate Hurdles – Girls – Timed Final
3:15 PM	400 Intermediate Hurdles – Boys – Timed Final
3:35 PM	400 Meters – Girls – Timed Final
4:20 PM	400 Meters – Boys – Timed Final
4:40 PM	4 x 800 Meter Relay – Girls – Timed Final
4:45 PM	4 x 800 Meter Relay – Boys Timed Final
5:00 PM	Presentation of Team Awards

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ENTRY AND CONFIRMATION

_____ SCHOOL WILL ATTEND THE
7th ANNUAL INDIANS-LADY INDIANS EARLY-BIRD INVITATIONAL ON
SATURDAY, APRIL 29th, 20223.

PLEASE REGISTER:

_____ \$350 for both Male and Female Teams

_____ \$225 – Male Team Only

_____ \$225 – Female Team Only

**PLEASE MAKE CHECKS PAYABLE TO:
WEST SENECA CENTRAL SCHOOL DISTRICT**

**SEND TO:
WEST SENECA CENTRAL SCHOOL
ATHLETIC DEPARTMENT
C/O MARYKAY BIDDLE
1445 Center Street
WEST SENECA, NY 14224**

_____ MEN'S COACH
Signature

_____ WOMEN'S COACH
Signature

_____ ATHLETIC DIRECTOR/PRINCIPAL
Signature