

The 6th Annual Baldwinsville John Arcaro Co-Ed Classic

Boys and Girls Track and Field Invitational @ Pelcher-Arcaro Stadium

Friday May 13th 2022

4:30 PM

Entry Fee: \$150 per one team
 \$250 combined boys and girls entry from one school
 \$30 per athlete (up to six athletes)

Payable to: Baldwinsville Harriers % Bill Spicer
 29 E. Oneida Street
 Baldwinsville, NY 13027

Entry Info and Deadline:

1. Coaches notify Bill Spicer via email at wspicer@bville.org intent to participate by **Wednesday, May 1st.**
2. All entries are to be done online via <http://ny.milesplit.com> (email Chad at chad@leonotiming.com for help)
3. Entry deadline is **May 11th at 11:00pm.** Please make every effort to make entry changes before the day of the meet. We will be capping this meet to the first 20 boys teams and 20 girls teams.

Scoring: 10-8-6-4-2-1 for all events

Timing: F.A.T. by Leone Timing

Awards: Individual medals for 1st place and ribbons for places 2-6.

Event Information:

| | | |
|---------|---|-----|
| 4:15 PM | Coaches Meeting (Scratches due at this time) | |
| 4:30 PM | (G-B) Steeplechase | (F) |
| | (G-B) 4x800 Meter Relay | (F) |
| | (G-B) 400 Meter Hurdles | (F) |
| | (G-B) 100 Meter Dash | (F) |
| | (G-B) 100/110 Hurdles | (F) |
| | (G-B) 1500/1600 Meters | (F) |
| | (G-B) 400 Meters | (F) |
| | (G-B) 3000/3200 Meters | (F) |
| | (G-B) 800 Meters | (F) |
| | (G-B) 200 Meter Dash | (F) |
| | (G-B) 4x400 Meter Relay | (F) |
| | (G-B) 4x100 Meter Relay | (F) |
| | (G-B) 4x100 Meter Muscle Relay (must throw in meet) | (F) |

****4x100 Meter Muscle Relay is non-scoring and has a special award (not medals or ribbons).

Entry Limits and Field Events: Entries are limited to (2) individuals per event and (1) relay per team. Athletes can compete in a max of (4) events.

| Session #1 (4:30 Start) | Girls | Boys | Session #2 | Girls | Boys |
|-------------------------|------------|-----------|----------------------------|-------------|-------------|
| | Long Jump | Long Jump | (completion of session #1) | Triple Jump | Triple Jump |
| | Shot Put | Discus | | Discus | Shot Put |
| | Pole Vault | High Jump | | High Jump | Pole Vault |

Note: All field events get (3) attempts. Long and Triple Jump may be in flights (depends on entry numbers). Opening heights- HJ (G) 4'4" (B) 5'0" PV (G) 6'6" (B) 8'