

***THE RUNNING SCHOOL.COM PRESENTS***  
***WARWICK VALLEY'S 22nd ANNUAL "WAVE MANIA"***

***Saturday September 9, 2023 @ Sanfordville Elementary School***  
***in Warwick, NY***

You are invited to enter the 22nd Annual Wave Mania Cross Country Festival hosted by Dream Big Athletics Inc! Join the best teams and aspiring distance runners from New York, New Jersey, Pennsylvania, and Connecticut at the scenic 5,000 meter championship course which was the site of the 2006 NYSPHSAA X-C Championships! The all grass and rolling course will serve your runners a treat they will long remember. Great awards, music, and food await your team. The awards include custom medals 20 deep in all races, and a plaque to the winning team in each race.

**DATE:** Saturday September 9, 2023

**PLACE:** Sanfordville Elementary School, Warwick, New York (1/2 mile from WVHS)

**RACES:**

Varsity (Maximum 7 Runners @ 3.09m course)

Junior Varsity (Unlimited @ 2.61m course)

Freshman (Unlimited @ 1.5m course)

**\*Sanctions Applied for NY-NJ-CT\***

***\*\*Races will be evenly seeded in all Varsity Divisions. There is NO CHAMPIONSHIP RACE\*\****

**ENTRY PAYABLE TO:** Dream Big Athletics Inc  
24 Somerset Lane  
Warwick, NY 10990

For your business office DBA Inc is a Non-Profit Organization EIN #: 26-1354444

**ENTRY FEE:** \$160 Unlimited Per Gender or \$310 Combined Boys and Girls  
Or  
\$60 Varsity team of 7 Runners only  
Or  
\$15 per Individual

**CONTACT:** Mike Potter-Meet Director (845) 987-6997 [wvxctf@gmail.com](mailto:wvxctf@gmail.com)

Questions about your online entries should be addressed to Tim Fulton (914) 629-7669 or [fulton.timmy@gmail.com](mailto:fulton.timmy@gmail.com). Questions about other “things” Wave Mania go to me.

# MEET ENTRY BLANK

**Please complete neatly**

Name of School: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Boys Coach: \_\_\_\_\_ Email: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Girls Coach: \_\_\_\_\_ Email: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Please indicate the number of athletes you intend to enter in each race. Remember that Varsity races are limited to 7 Athletes ONLY and the rest are UNLIMITED.

Freshman Boys \_\_\_\_\_ Freshman Girls \_\_\_\_\_

Junior Varsity Boys \_\_\_\_\_ Junior Varsity Girls \_\_\_\_\_

Varsity Boys \_\_\_\_\_ Varsity Girls \_\_\_\_\_

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## **ENTRY DEADLINE/ PROCEDURE:**

You must do 2 things. 1-Make sure the paper entry is mailed to me at the above address postmarked no later than Sat Sept 2, 2023. (I understand the check may be mailed later) or you may email the above information of the Entry Blank to: [wvxctf@gmail.com](mailto:wvxctf@gmail.com) by the same deadline with the title "Wave Mania" so I am aware of your intent to compete. Please indicate the total number of runners in each race for your team. If I do not email you back, I did not get your entry!

2- Enter your roster online at: <http://ny.milesplit.com/calendar> no later than Wed Sept 6, 2023 at 8pm. Please list ONLY the athletes you expect to run on your roster.

**ENTRY CONFIRMATION:** After submitting your roster into the Wave Mania Invite on Milesplit, you may print a confirmation of your entries

## 2023 WAVE MANIA X-C FESTIVAL

### ORDER OF EVENTS(subject to change upon final entries)

Medals 1-20 in All Races .....Plaque to Championship team in each race

8:41am Girls JV I (2.61 miles)

9:11am Boys JV I (2.61 miles)

9:36am Boys JV II (2.61 miles)

10:01am Boys Varsity I (3.09 miles)

10:26am Girls Varsity I (3.09 miles)

10:56am Boys Varsity II (3.09 miles)

11:21am Girls Varsity II (3.09 miles)

11:51am Girls Frosh (1.5 miles)

12:06pm Boys Frosh (1.5 miles)

**Final Time Schedule and race assignments will be announced Thursday September 7, 2023 on Milesplit Wave Mania Page, email and on our twitter: warwickvalleyxc**

**Depending on the number of entries we may only have 1 varsity race for each gender and we may adjust Frosh and JV races slightly also so please arrive accordingly and re-check the schedule when posted after final entries close**

Meet T-Shirts will be on sale for \$20

Concession stand also open

**\*\*Coaches MUST SUPPLY OWN PINS\*\***