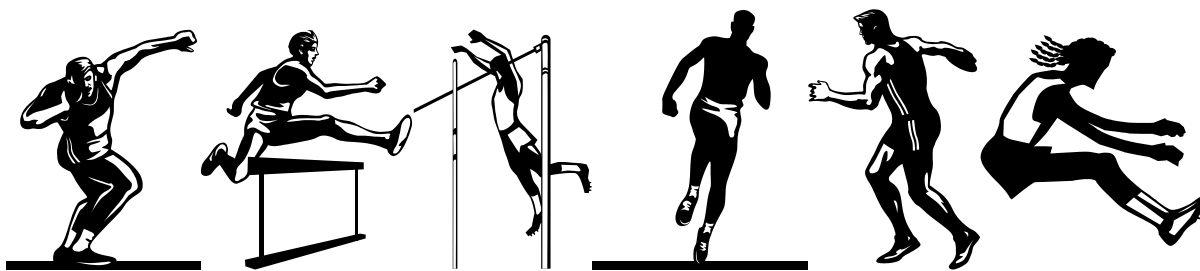


Tully CO-ED Spring Invitational



LOCATION: Tully High School Track

Monday April 11th 3:00pm

We have a newly surfaced 400 Meter, 6 Lane All Weather Surface Track
with separate long and triple Jumping Areas

And a separate Shot Put And Discus Area

COST: \$190.00 Per Team (Boys and Girls combined)

\$120.00 for just Boys or Girls

Checks payable to:

Tully Boys Running Club

c/o Jim Paccia Tully Central School, P.O. Box 628 Tully NY 13159

ENTRY: Submit Entries Online @ NY.milesplit.com

by Sunday April 10th 5:00 pm

All Athletes Will Be Allowed To Compete In Four Events

Three Entries Per School PER EVENT

One Pent athlete only per gender

One Relay Team Per School

Team awards to

1st place & 2nd place team

T-shirts for 1st place in each event

Ribbons for 2nd-6th

¼" Spikes will be allowed

A full Concession stand will be available

Invitational T-Shirts Available To Purchase Day Of Event

Please call Jim Paccia 315 439-3147 or respond with a commitment

email to jpaccia@tullyschools.org

**listing your name, school name, e-mail,
participating team(s), the respective coach(es) name and all contact
information.**

**The First 12 teams will be accepted so make sure you contact me
with your intent.**

**For more information, please call Jim Paccia 315 439-3147 or the
Tully Athletic Department at (315) 696-6235**

Order Of Events

Coaches Meeting at 2:45am

- 1.) 1600M RELAY (B,G) FINAL
 - 2.) 3200M (B) FINAL
 - 3.) 3000M (G) FINAL
 - 4.) PENT 110 HURDLES (B) FINAL
 - 5.) 110M HURDLES (B) FINAL
 - 6.) PENT 100 HURDLES (G) FINAL
 - 7.) 100M HURDLES (G) FINAL
 - 8.) 400M (B,G) FINAL
 - 9.) 1600M (B) FINAL
 - 10.) 1500M (G) FINAL
 - 11.) 4x50 SLED PULL RELAY (B) (special award)
 - 12.) 4x50 SLED PULL RELAY (G) (special award)
 - 13.) 400M HURDLES (B,G) TIMED FINAL
 - 14.) 100M DASH (B,G) FINAL
 - 15.) 800M (B,G) FINAL
 - 16.) 200M (B,G) FINAL
 - 17.) WEIGHTMEN 4 X 100 RELAY (**Only Shot Or Discus Boys 170lbs. & Over**)
 - 18.) WEIGHTLADIES 4 X 100 RELAY (**Only Shot Or Discus Girls**)
 - 19.) PENT 1500 (B)
 - 20.) PENT 800 (G)
 - 21.) 3200M RELAY (B,G) FINAL
 - 22.) 400M RELAY (B,G) FINAL
- Open Pit one hour for field events
- High jump & Pole vault compete as normal
- SHOT (B,G) 3:15-4:15, 4:30-5:30
- PENT SHOT (B & G) 5:45-6:30
- LONG JUMP (B) 3:15-4:15, (G) 5:30-6:30
- PENT LONG JUMP (B & G) 4:15-5:15
- TRIPLE JUMP (B,G) 3:15-4:30, 4:45-6:00
- DISCUS (B,G) 3:15-4:30, 4:45-6:00
- HIGH JUMP (G,B) 3:15 START
- PENT HIGH JUMP G & B (SEPARATE MAT) 6:30-7:00
- POLE VAULT (G,B)
- POLE VAULT (B) – STARTS AT 7' 6" BY 6" TO COMPLETION
- POLE VAULT (G) – STARTS AT 6' BY 6" TO COMPLETION
- TRIPLE JUMP, LONG JUMP, SHOT, DISCUS – 3 JUMPS/THROWS PER ENTRANT
(No Final)
- HIGH JUMP (B) – START AT 4'10" BY 2" (G) – START AT 3'10" BY 2" TO COMPLETION