

The 55th Annual Nassau Coaches XC Invitational

Saturday, October 15th, 2022 – Bethpage State Park

All races will be contested over the Scenic 5k Course (Map Attached)

Meet Notes:

1. Schools may run multiple varsity teams, with each team consisting of up to 7 runners. Multiple team entries will be equally divided between BOTH varsity sections. Individual entries in the freshmen, sophomore and junior varsity races are unlimited.
2. All fees associated with the invitational are **ENTRY**, not participation fees.
3. Competing schools will split the cost of officials with non-Section VIII schools being charged \$25 toward that cost.
4. Coaches will be allowed to go where ever they wish on the course provided that you are not on the race path itself or interfering with the race. Spectators will be allowed in pre-selected areas discussed during the coaches meeting.
5. Our course will be VERY WELL marked off for outside schools competing!
6. Results will immediately be posted on www.elitefeats.com for all races!

Invitational Awards:

- **Medals** to the **Top 50 Individuals** in All Races – Handed Out at the End of the Chute at the Conclusion of Each Race
- **Trophy** for the **Fastest Time of the Day** (One Boy, One Girl)
- **Trophy** for the **Fastest 5th Man of the Day** (One Varsity Boy and Girl)
- **Trophies** to the **Top 3 Teams** in the Freshmen, Sophomore, and Varsity
Please Note - No Team Awards Given for the Junior Varsity Races!
- **T-Shirts** for **Winning Varsity, Freshmen and Sophomore Teams & Coach**

We will also be presenting an ALL-INVITATIONAL TEAM comprised of the Top 7 Overall Runners in the Freshmen, Sophomore and Both Varsity Races. **Invitational Cow Bells** will be given out at the end of the chute at the conclusion of each race!

Rosters:

- Nassau County schools will use their assigned racing bibs from Elite Feats.
- Teams outside of Nassau County will have to send a roster of **competing athletes** to EliteFeats so racing bibs can be created. **The form that needs to be used will be emailed upon receipt of your entry.** *Please only enter the athletes racing at the invitational as we have to pay for each bib created!*

Parking:

Bethpage State Park will charge for parking with the cost for cars being \$8 and bus parking costing \$75 without a pre-purchased pass. Section VIII teams should buy the pass themselves as listed in the handbook. Non-Section VIII teams should purchase the pass from the Coaches Association which must be done on your entry. **If you do not have a parking pass your bus will not be allowed in the park!**

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Invitational Schedule:

Coaches Meeting (Finish Line)	8:45 am
Boys Freshmen	9:00 am
Girls Freshmen	9:05 am
Boys Sophomore	9:25 am
Girls Sophomore	9:30 am
Boys Junior Varsity	9:50 am
Girls Junior Varsity	9:55 am
Boys Varsity “A”	10:15 am
Girls Varsity “A”	10:20 am
Boys Varsity “B”	10:45 am
Girls Varsity “B”	10:50 am

All athletes should report to the starting line ready to race with their issued EliteFeats racing bib. Runners must cross over the entry mat, located at the start line, so that their bib is entered into the EliteFeats’ results program.

Varsity Seeding:

Requests for seeding in the varsity races must accompany your entry. We will try to accommodate all requests, however, the final decisions will be made with the goal to have two equally competitive varsity sections. Varsity race assignments will be posted by October 13th on the Section VIII website and via email. **There will be NO CHANGES to the assigned races on the day of the invitational.**

Questions?

Michael Ringhauser, NCTCA President
michael.ringhauser@gmail.com or (631) 245-1564

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**Entries must be received by Wednesday, October 12th, 2022.
Please use separate entries for boys' and girls' teams.**

Circle One: BOYS ENTRY GIRLS ENTRY

School: _____

Address: _____

Coach: _____ Phone: _____

E-mail: _____

Freshmen	# of Runners _____	x \$8	=	\$ _____
Sophomores	# of Runners _____	x \$8	=	\$ _____
Junior Varsity	# of Runners _____	x \$8	=	\$ _____
Varsity Team	# of Teams _____	x \$60	=	\$ _____
NON-SECTION VIII TEAMS ADD \$25 FOR OFFICIALS				= \$ _____
<i>Section VIII teams will split the cost of officials and be billed through BOCES.</i>				
ADD \$35 IF PURCHASING A BETHPAGE BUS PASS				= \$ _____
<i>TOTAL ENTRY FEE</i>				= \$ _____

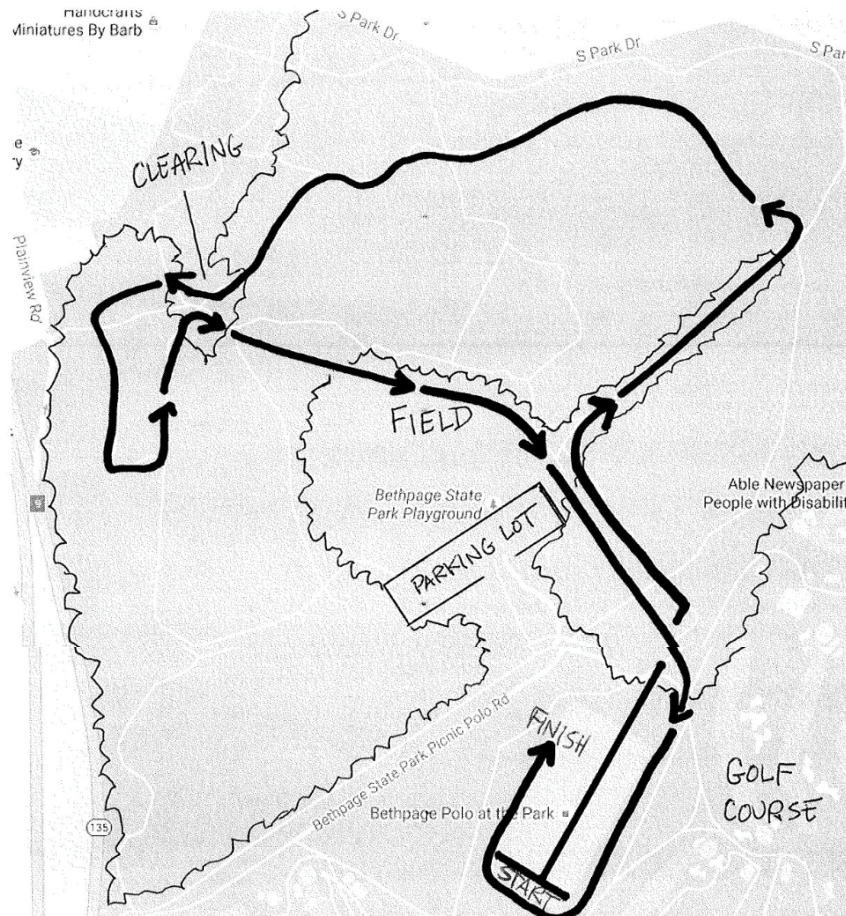
Checks Payable: Nassau County Track Coaches Association (NCTCA)
Tax ID: 421705038

<u>Mail Entries:</u> Michael Ringhauser 15 Russell Lane Patchogue, NY 11772	<u>Email Entries:</u> michael.ringhauser@gmail.com
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Questions: Michael Ringhauser, NCTCA President
Cell: 631-245-1564

**Coaches: PLEASE SEND A COPY OF YOUR TEAM'S ENTRY TO US
VIA MAIL OR EMAIL!**

Bethpage State Park Course Map



Course Notes:

All races will begin at the polo field with spectators able to see the opening 400m of each race. The runners will then enter into the scenic trails for approximately the next 1.5 miles, with several areas available for coaches and spectators to travel to if wanting to watch. The athletes will then enter into the baseball fields, a brief trail section and a final loop of the polo fields making the last mile of the race visible from several areas on the course. All parts of the race will take place on well-cut grass, trails and woodchips, besides two very brief road crossings, with one challenging hill just prior to entering the baseball fields. Spikes are encouraged.

**Request for Taxpayer
Identification Number and Certification**

Give Form to the requester. Do not send to the IRS.

Print or type
See Specific Instructions on page 2.

Name (as shown on your income tax return)
NASSAU COUNTY TRACK COACHES ASSOCIATION, INC.

Business name/disregarded entity name, if different from above

Check appropriate box for federal tax classification (required): Individual/sole proprietor C Corporation S Corporation Partnership Trust/estate

Limited liability company. Enter the tax classification (E=C corporation, S=S corporation, P=partnership) ▶ Exempt payee

Other (see instructions) ▶ **501(c) 3**

Address (number, street, and apt. or suite no.)
730 BOELSON DRIVE

City, state, and ZIP code
WESTBURY, NY 11590

List account number(s) here (optional)

Requester's name and address (optional)

Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. The TIN provided must match the name given on the "Name" line to avoid backup withholding. For individuals, this is your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN* on page 3.

Note. If the account is in more than one name, see the chart on page 4 for guidelines on whose number to enter.

Social security number

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Employer identification number

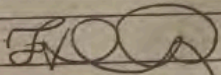
4	2	-	1	7	0	5	0	3	8
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Part II Certification

Under penalties of perjury, I certify that:

- The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me), and
- I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding, and
- I am a U.S. citizen or other U.S. person (defined below).

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions on page 4.

Sign Here Signature of U.S. person ▶  Date ▶

General Instructions

Section references are to the Internal Revenue Code unless otherwise noted.

Purpose of Form

A person who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) to report, for example, income paid to you, real estate transactions, mortgage interest you paid, acquisition or abandonment of secured property, cancellation of debt, or contributions you made to an IRA.

Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN to the person requesting it (the requester) and, when applicable, to:

- Certify that the TIN you are giving is correct (or you are waiting for a number to be issued),
- Certify that you are not subject to backup withholding, or
- Claim exemption from backup withholding if you are a U.S. exempt payee. If applicable, you are also certifying that as a U.S. person, your allocable share of any partnership income from a U.S. trade or business is not subject to the withholding tax on foreign partners' share of effectively connected income.

Note. If a requester gives you a form other than Form W-9 to request your TIN, you must use the requester's form if it is substantially similar to this Form W-9.

Definition of a U.S. person. For federal tax purposes, you are considered a U.S. person if you are:

- An individual who is a U.S. citizen or U.S. resident alien,
- A partnership, corporation, company, or association created or organized in the United States or under the laws of the United States,
- An estate (other than a foreign estate), or
- A domestic trust (as defined in Regulations section 301.7701-7).

Special rules for partnerships. Partnerships that conduct a trade or business in the United States are generally required to pay a withholding tax on any foreign partners' share of income from such business. Further, in certain cases where a Form W-9 has not been received, a partnership is required to presume that a partner is a foreign person, and pay the withholding tax. Therefore, if you are a U.S. person that is a partner in a partnership conducting a trade or business in the United States, provide Form W-9 to the partnership to establish your U.S. status and avoid withholding on your share of partnership income.