



First Annual Mechanicville Cross Country Invitational

IMPORTANT NOTE: We will be accepting registration interest until **September 16th, 2022**. Upon commitment to attend our Athletic Director will redistribute the invoice for future payment to your athletic department and reach out for a C.O.I. certificate of insurance.

Time and Location: McBride Fields: 16 McBride Rd, Mechanicville, NY 12118 Saturday 10/29

Entry Fee: \$75 modified unlimited, \$100 varsity/jv single gender, \$200 for all (10 max varsity entries, JV and modified unlimited)

Course: See attached course maps: Varsity and JV 3 Mile, Grass and packed dirt see attached maps

Modified 3K Grass and packed dirt; both are flat and fast great course to run a fast PR and very spectator friendly; parents and spectators strongly encouraged to come watch

Concession Stand: A plethora of food and other refreshments, as well as short-sleeve t-shirts will be sold.

Teams/Scoring: Modified and JV: Teams will score top three runners with four and five displacing.

Varsity: Standard five score, six and seven displace.

Awards: Team trophies will be awarded to 1st place in all Varsity JV and Modified races. Medals will be awarded for places 1st-10th in each category.

Entries: Athletes will need to be entered in on Milesplit by noon on October 27th.

<https://ny.milesplit.com/meets/494465-mechanicville-xc-invy-2022/results#.YvaMZnbMK3B>

Link to meet on milesplit

Tentative race schedule: Racing will start at 9:30 AM. We will email the final race schedule following the race entry deadline.

Race Schedule

1. Varsity Girls 9:30
2. Varsity Boys 10:00
3. Modified Girls 10:30
4. Modified Boys 11:00
5. JV Girls 11:30
6. JV Boys 12:00



Contact Information:

Head Coach and Meet Director:

Tom Rizzo

518-321-8952

trizzo@mechanicville.org

Athletic Director:

Tom Berrigan

tberrigan@mechanicville.org

Entries will be due on Milesplit by Noon on Thursday 8/27

Please fill out

School Name: _____

Coach Name: _____

Email: _____

Phone number: _____

Please send certificate of insurance naming

McBride Fields

16 McBride Rd

Mechanicville, NY 12118

as well as

Mechanicville City School District

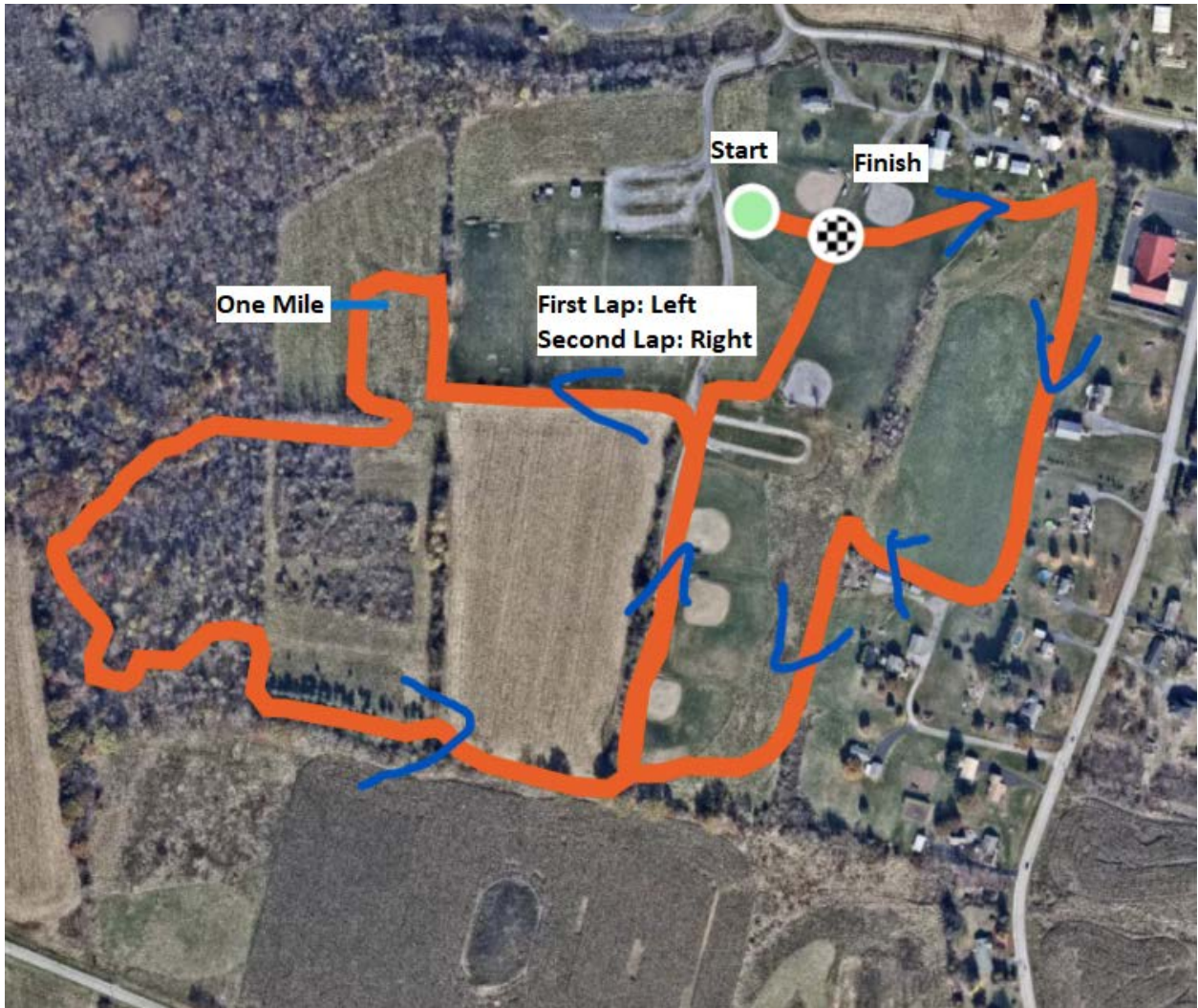
25 Kniskern Ave,

Mechanicville, NY 12118

For Saturday 10/29/22

Modified Course Map

M





Varsity XC Course Map

