

MASSAPEQUA CHIEF INVITATIONAL  
"UNDER THE LIGHTS"  
FRIDAY MAY 13<sup>th</sup>, 2022



**Held at our new track and field complex at Berner Middle School**

Please contact the following coaches with any questions or concerns:

Rich Degnan: [mbundr8029@aol.com](mailto:mbundr8029@aol.com) 516-458-6110  
Mike Dellicurti: [MDellicurti@msd.k12.ny.us](mailto:MDellicurti@msd.k12.ny.us) 516-695-5076

**\*\*\*New Location:** Berner Middle School  
50 Carman Mill Road  
Massapequa NY 11758

Time: 4:30 PM-10:30 PM

Clerking: Begins at 4:30 pm

FULLY AUTOMATIC TIMING

**Please enter on MileSplit-NY (<https://ny.milesplit.com>) by 11pm Wednesday May 11<sup>th</sup>, 2022**

- **Accepted Invitational athletes and alternates will be posted on MileSplit-NY Thursday May 12<sup>th</sup>**
- Three-event limit: An athlete may compete in two open events, and one relay.
- Due to the late starting time, we will need to limit entries to 4 per event and we must cancel this year's Mascot race.
- **The Long Jump, Triple Jump, Shot and Discus will be limited to the top 28 entries in each event.**

**Awards:** Medals will be given to the top five finishers in all finals including FR/SO relays and Class events

**Equipment:** Spikes ¼ in length can be worn on all runways and the track. Please supply your own relay batons.

**Event Information:**

- **The high jump will start at 4'4" for girls and 5'2" for boys.**
- **One pit will be used in the long and triple jump.**
- **There will be a minimum measurement standard see below**
- **The Mile Medley after the top three seeded heats will run as 800-200-200-400.**
- **Only two relay teams per school plus 1 Frosh Soph Combined SMR TSMR**

**Food/Souvenir Shirts:** Will be on sale the day of the meet.

**Please support the Massapequa Track & Field Booster Club**

**Entry Fees:** This is an entry fee not a participation fee.

**Section VIII teams:** \$200.00 boys / \$200.00 girls team or \$380 combined team.

Officials will be split between Section VIII schools and billed through BOCES.

**Non - Section VIII teams:** \$225.00 boys / \$225.00 girls team pr \$425 combined team.

**Drop off and bus parking:** Buses will drop off by the track and follow the security guards instructions to park on Carman's Road or behind Berner Middle School.

**Team Tents:** No team tents will be allowed on the turf field on the south side of the track. Please only put team tents on the East Side of the Track.



MASSAPEQUA CHIEF INVITATIONAL  
"Under the Lights"

\*\*This form must be submitted to enter our meet

FRIDAY MAY 13<sup>th</sup>, 2022  
Berner Middle School



School: \_\_\_\_\_

AD & Phone Number: \_\_\_\_\_

**PLEASE CIRCLE ALL THAT APPLY: This is an entry fee not a participation fee.**

**Section VIII teams**

BOYS	GIRLS	COMBINED
\$200	\$200	\$380

**Non - Section VIII teams**

BOYS	GIRLS	COMBINED
\$225	\$225	\$425

**Boys Coach:** \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Asst. Coach: \_\_\_\_\_

Approximate # of athletes: Runners \_\_\_\_\_ Jumpers \_\_\_\_\_ Throwers \_\_\_\_\_

**Girls Coach:** \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Asst. Coach: \_\_\_\_\_

Approximate # of athletes: Runners \_\_\_\_\_ Jumpers \_\_\_\_\_ Throwers \_\_\_\_\_

Send Entry to: Massapequa High School  
C/O Shannon McEntee  
4925 Merrick Road  
Massapequa, NY 11758

**\*\*School fax number: 516-308-5089**

**Make checks or PO's payable to: Massapequa High School**

**Entries Due: MAY 11<sup>th</sup>, 2022**

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FRIDAY MAY 13<sup>TH</sup>, 2022  
Berner Middle School**

**ORDER OF EVENTS**

**RUNNING EVENTS START AT 4:45 PM**

**BOYS 2000-meter Steeplechase (National Qualifier Event)  
GIRLS 2000-meter Steeplechase  
BOYS SHUTTLE HURDLE RELAY (4 HURDLERS)  
GIRLS SHUTTLE HURDLE RELAY (4 HURDLERS)  
BOYS MILE MEDLEY 200-200-400-800 (2 team limit per school)  
GIRLS MILE MEDLEY 200-200-400-800 (2 team limit per school)  
BOYS CLASS 1600 (4 athletes per school)  
GIRLS CLASS 1500 (4 athletes per school)  
BOYS CLASS 200 METER (4 athletes per school)  
GIRLS CLASS 200 METER (4 athletes per school)  
BOYS CHAMPIONSHIP 400M HURDLES (TOP 18 ENTRIES ACCEPTED)  
GIRLS CHAMPIONSHIP 400M HURDLES (TOP 18 ENTRIES ACCEPTED)  
BOYS CLASS 400M DASH (4 athletes per school)  
GIRLS CLASS 400M DASH (4 athletes per school)  
BOYS CLASS 800M RUN (4 athletes per school)  
GIRLS CLASS 800M RUN (4 athletes per school)  
BOYS 100M DASH TRIALS (4 athletes per school) (TOP 18 SEEDED)  
Seeded section winner of each heat make it to final plus next two fastest  
GIRLS 100M DASH TRIALS (4 athletes per school) (TOP 18 SEEDED)  
Seeded section winner of each heat make it to final plus next two fastest**

**MASCOT RACE Is Cancelled this year due to the later start**

**BOYS CHAMPIONSHIP Mile (Race song -Born to Run) (TOP TWELVE ENTRIES)  
GIRLS CHAMPIONSHIP 1500 (Race song- American Girl) (TOP TWELVE ENTRIES)  
BOYS CHAMPIONSHIP 100 METER FINAL  
GIRLS CHAMPIONSHIP 100 METER FINAL  
BOYS CHAMPIONSHIP 400M DASH (TOP TWELVE ENTRIES)  
GIRLS CHAMPIONSHIP 400M DASH (TOP TWELVE ENTRIES)  
BOYS 200 METER DASH FINAL (TOP TWELVE ENTRIES)  
GIRLS 200 METER DASH FINAL (TOP TWELVE ENTRIES)  
BOYS CHAMPIONSHIP 800M RUN (TOP TWELVE ENTRIES)  
GIRLS CHAMPIONSHIP 800M RUN (TOP TWELVE ENTRIES)  
BOYS TEXAS SPRINT MEDLEY 100-100-200-400  
GIRLS TEXAS SPRINT MEDLEY 100-100-200-400**

# FIELD EVENTS START AT 4:45 PM → CHECK IN AT 4:15PM

FIELD EVENT CARDS WILL BE PROVIDED for Class athletes

**\*\*ALL FIELD EVENT CARDS MUST BE HANDED BY FIRST CALL \*\***

## CHAMPIONSHIP BOY'S AND GIRL'S JUMP MEDLEY RELAY (HJ-TJ PV-LJ)

4 COMPETITORS Must have a different athlete in the 4 jumps. Put names on a card and we will add up their performances (does not count as one of the athlete's events).

- 4:45 PM      **GIRLS SHOT PUT CHAMPIONSHIP (Top 12 entries)-Top 5 to finals - 3 additional throws. Followed by GIRLS CLASS SHOT PUT 3 throws/no final No measurement under 27 feet.**
- 4:45 PM      **BOYS DISCUS CHAMPIONSHIP (Top 12 entries)- Top 5 to finals for 3 additional throws. Followed by BOYS CLASS DISCUS 3 throws/no final No measurement under 90 feet**
- 6:30 PM      **GIRLS DISCUS CHAMPIONSHIP (Top 12 entries)- Top 5 to finals for 3 additional throws. Followed by GIRLS CLASS DISCUS 3 throws/no final No measurement under 75 feet.**
- 6:30 PM      **BOYS SHOT PUT CHAMPIONSHIP (Top 12 entries)- Top 5 to finals for 3 additional throws Followed by BOYS CLASS SHOT PUT 3 throws/no final No measurement under 35 feet.**
- 4:45 PM      **GIRLS HIGH JUMP Opening Height 4'4"  
FOLLOWED BY BOYS HIGH JUMP - Opening height 5'4"**
- 4:45 PM      **BOYS AND GIRLS POLE VAULT -Girl's Championship (Top 12 entries) Opening height will open at 7'9" then 8'3" and go up in 6' increments thereafter.  
  
FOLLOWED BY BOYS CHAMPIONSHIP PV will open at 10'3" and go up in 6" increments.  
  
Class Pole Vault will follow and run concurrently beginning with the girl's opening height of 6'6" boys can join in at 8' 6 we will go up 1 ft until we reach 9' then we go up 6'**
- 4:45 PM      **BOYS LONG JUMP CHAMPIONSHIP (Top 12 entries)- 3 jumps, Top 5 make finals  
FOLLOWED BY GIRLS LONG JUMP CHAMPIONSHIP (Top 12 entries) 3 jumps, Top 5 into the finals for 3 additional jumps.  
  
FOLLOWED BY BOYS/GIRLS CLASS LONG JUMP- 3 jumps  
No measurement under 15'6 for girls and 18'00 for boy's event must end by 7 45 pm.**
- 7:45 PM      **BOYS TRIPLE JUMP CHAMPIONSHIP- (Top 12 entries) 3 jumps Top 5 to finals.  
FOLLOWED BY GIRL'S TRIPLE JUMP CHAMPIONSHIP – (Top 12 entries) 3 jumps  
Top 5 to finals.  
  
FOLLOWED BY BOYS/GIRLS CLASS TRIPLE JUMP- 3 jumps/no final.  
No measurement under 31'6 for girls and 38'00" for boys**