

**OHSL Girls Patriot League Meet  
Thursday May 18, 2006**

**\*\* Dear coaches, I must apologize, but the semis cards for the 100 hurdles and 4 x 100 relay can not be located. If I find them, I will post these results also.  
Michelle Franklin-Rauber**

**3000 Meters**

Monica Hastedt	OCS	11:37
Danielle Zgardzinski	Tully	12:03
Caroline Edinger	Tully	12:04
Maryellen Toushette	Tully	12:05
Ashley Edmunds	Weedsport	13:24
Katie Wyckoff	PB	13:47
Kate Scarbrough	Weedsport	14:09
Michelle Lippert	Cato	14:55

**400 Hurdles**

Eugenia Episcupo	OCS	71
Lindsay Fowler	Tully	74.1
Carly Fowler	Tully	74.6
Kim Gilofus	Weedsport	74.6
Mindy Farnham	Tully	75.7
Emily Robinson	BG	77.4
Christine Burke	PB	79.1
Katrina Skcuel	FB	79.8
Alexis Hoyt	Pul	83.1
Liz Cook	Cato	84.1
Allegra Waterman-cook	MPH	86.3
Melissa Crowley	Weeds port	89.9
Sarah Lang	BG	94.9
Erica Karthas	Cato	99.8

<b><u>4x100</u></b>	<b><u>Finals</u></b>
Weedsport	54.8
PUL	54.8
PB	55.0
Tully	55.4
OCS	55.4
CATO	55.7

**4 x 100 Semis #1**

Cato Meridian	55.7
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**4 x 100 semis #2**

<b>Weedsport</b>	<b>54.2</b>
<b>Tully</b>	<b>55.1</b>
<b>Pulaski</b>	<b>55.6</b>
<b>Port Byron</b>	<b>55.2</b>

**800 meters**

<b>Lisa Cole</b>	<b>CATO</b>	<b>2:24.5</b>
<b>Renee Koch</b>	<b>OCS</b>	<b>2:25.2</b>
<b>Becca Holbrook</b>	<b>OCS</b>	<b>2:26.5</b>
<b>Steph Teale</b>	<b>FP</b>	<b>2:26.5</b>
<b>Tessa Sheldon</b>	<b>PUL</b>	<b>2:31.8</b>
<b>Kyle Fahnstock</b>	<b>PUL</b>	<b>2:33.9</b>
<b>Danielle Zgardzinski</b>	<b>T</b>	<b>2:35.7</b>
<b>Kaitlin Mahhersley</b>	<b>W</b>	<b>2:37.5</b>
<b>Chris Palladino</b>	<b>T</b>	<b>2:37.9</b>
<b>Rebecca Gregory</b>	<b>MPH</b>	<b>2:42.6</b>
<b>Maggie Harrigan</b>	<b>Cato</b>	<b>2:43.4</b>
<b>Amanda Giancarelli</b>	<b>Weeds</b>	<b>2:48.4</b>
<b>Elizabeth Kahl</b>	<b>BG</b>	<b>2:48.9</b>
<b>Jenna Fronce</b>	<b>PB</b>	<b>2:50.4</b>
<b>Erin Callahan</b>	<b>BG</b>	<b>2:50.7</b>
<b>Emily Malara</b>	<b>FH</b>	<b>2:53.0</b>
<b>Abury Amos</b>	<b>FP</b>	<b>2:55.1</b>
<b>Rebecca Trexler</b>	<b>FH</b>	<b>2:55.8</b>
<b>Kelly Russell</b>	<b>LaFayette</b>	<b>3:08</b>

**400 meters**

<b>Brianna Meyers</b>	<b>PB</b>	<b>62.8</b>
<b>Carly Smith</b>	<b>FP</b>	<b>63.0</b>
<b>Sarah Wignall</b>	<b>Weedsport</b>	<b>63.4</b>
<b>Lauren Keyes</b>	<b>Tully</b>	<b>65.2</b>
<b>Eugeuia Episcopo</b>	<b>OCS</b>	<b>65.5</b>
<b>Kristin Helinger</b>	<b>PUL</b>	<b>66.7</b>
<b>Tracey Knoop</b>	<b>BG</b>	<b>67.2</b>
<b>Jennifer Manolis</b>	<b>Cato</b>	<b>67.3</b>
<b>Rebecca Snow</b>	<b>T</b>	<b>68.5</b>
<b>Lindsay Fowler</b>	<b>T</b>	<b>68.6</b>
<b>Colleen White</b>	<b>Weedsport</b>	<b>68.6</b>
<b>Laura Ballard</b>	<b>FH</b>	<b>69.9</b>
<b>Becca Myers</b>	<b>Cato</b>	<b>70.7</b>
<b>Kayla Ramsden</b>	<b>OCS</b>	<b>71.4</b>
<b>Kylie Stenger</b>	<b>FP</b>	<b>73.2</b>
<b>Kelly Miller</b>	<b>BG</b>	<b>76.8</b>

**Shot Put**

Nikki Ellis	Tully	33'
Sarah Lewis	Weedsport	31' 7 1/2"
Emily Smith	Tully	30'
Rachel Carr	Tully	29'
Allison Roosa	Weedsport	26' 6"
Stephanie Martin	OCS	26' 1/2"
Calley Roosa	Weedsport	26' 6"
Sarah Kalben	Cato	25' 11"
K. Holt	Cato	24' 11"
Sarah Kolb	BG	24' 1"
Marie Candee	Pul	22' 8 1/2"
Iris Larmer	BG	21' 6 1/2"
Brandee Durnat	FP	20' 8 1/2"
Kelly Paterson	OCS	20' 7"
Pat	MPH	19' 10"
Kelly Russell	Laf	19' 10"
Abbey Fleming	OCS	19' 5 1/2"
Kristen Alder	PB	18' 11"
Hannah Cognetti	FP	18' 6 1/2"
Molly Gasparini	MPH	13' 7 1/2"
Chelsea Emmons	Pul	8' 9"

**100 Meters - finals**

Allison Beardsley	Weedsport	14.0
Melissa Kah	OCS	14.0
Renale Manoy	Cato	14.2
Morgan Douglas	Bishop G.	14.3
Brianna Meyers	PB	15.2
Katie Jakaus	PB	15.4

**Semi #1**

Morgan Douglas	BG	13.9
Katie Jakaub	PB	14.4
Brittany Klaben	Cato	14.5
Jessica Job	FH	14.6
Kay Blythe	BG	15.1
Allegra Waterman-Snow	MPH	15.4

**Semi #2**

Brianna Myers	PB	13.6
Renale Mandy	Cato	13.9
Rochelle Wetmore	Weedsport	14.1
Cara Scalisi	FH	14.2
Corinne Burns	Tully	14.3
Caitlin Veri	OCS	14.3
B. Byrnes	MPH	15.6
Cody Maggi	FP	16.4

**Semi #3**

Alison Beardsly	Weedsport	13.8
Melissa Koch	OCS	14.3
Tasha Coon	Tully	14.4
Katie Krupke	Pul	14.8
Tara McGarry	FP	16.0

**4 x 800 Meters**

OCS	10:28.2
Tully	10:53
Pulaski	11:09.7
Fabius-Pompey	11:28.3
Faith-Heritage	12:14.8
Weedsport	12:33.6
Port Byron	12:51.2
Cato Meridian	12:52.8

**Long Jump**

Sarah Wignall	Weedsport	14' 7"
Eugenia Episcopo	OCS	13' 11 1/2"
Mallory Brunet	Tully	13' 10 1/2"
Jessica Job	FH	13' 6 1/2"
Allison Beardsley	Weedsport	13' 6 1/2"
Katie Jakaus	PB	13' 5"
B. Klaben	Cato	13' 1 1/2"
Nicole Brown	FP	12' 10"
Erin Bawn	Pul	12' 9"
Emily Smith	T	12' 7"
Rebecca Snow	T	12' 7"
R. Mandy	Cato	12' 7"
Kim Gilfus	Weeds	12' 6"
Allison Galligher	FP	12' 3 1/2"
Chrissy Scalisi	FP	11' 9"

Kaly Carbone	BG	11'6"
Randy Wilson	PB	11'1/2"
Allegra Waterman-Snow	MPH	11'

### 100 Hurdles

Mallory Brunet	Tully	17.5
Emily Smith	Tully	17.6
Kim Gilfus	Weedsport	18.2
Alexa Thayer	FH	18.4
Nicole Brown	FP	18.5
Tammy Schafran	OCS	19.0

Semi #1

Semi #2

Semi #3

### POLE VAULT

Sarah Wignall	Weedsport	8'
Kate Davenport	Tully	7' 6"
Kaitlyn Hammersley	Weedsport	7'
Jackie Dewey	Tully	7'
Colleen Mackenzie	Weedsport	6' 6"
Casey York	Tully	6'
Emily Malarano	FH	6'0"
Ashely Edmunds	Weedsport	5'6"
Emily Messinco	FH	5'6"

### 200 Meters

Melissa Koch	OCS	28.7
Alyssa LoBello	Pulaski	29.2
Cassandra Hillenbrand	Pulaski	29.3
Morgan Douglas	Bishop Grimes	29.4
Lindsey Burns	Pulaski	29.7
Tasha Coon	Tully	29.7
Tammy Schafran	OCS	29.8
Renale Mandy	Cato	29.8
Brittany Bigness	PB	30.5
Chrissy Scalisi	FH	30.6
Kaline Mulvihill	Tully	30.6

Krystal Stevens	Weeds	30.6
Shelby Chapman	FP	31.4
Katie Littlefield	Lafayette	31.6
Kay Blynte	BG	31.7
Allison Gallagher	FP	31.9
Kelly Hunter	Cato	32.6
Danielle Deacy		33.0
Brigid Byrnes	MPH	34.5

### 1500 Meters

Lisa Cole	Cato	5:06.5
Becca Holdbrook	OCS	5:15.5
Steph Teale	Fabius Pompey	5:16.4
Danielle Zgarzinski	Tully	5:26.6
Tracey Knoop	Bishop Grimes	5:27.6
Monica Hastedt	OCS	5:28.3
Tessa Sheldon	Pul	5:41.5
Caroline Edinger	Tully	5:48.3
Chris Palladino	Tully	5:49.1
Maggie Harrigan	Cato	5:55.9
Felicia Darrow	PB	5:59.3
Laura Ryan	Weedsport	6:00.3
Erin Callahan	BG	6:04.9
Ashley Edmunds	Weedsport	6:13.5
Amanda Vitale	PB	6:45.2

### 4x400 Relay

Tully	4:30.1
Pulaski	4:31.5
Weedsport	4:38.0
OCS	4:42.0
Cato	4:42.3
Port Byron	4:46.4
Fabius Pompey	4:48.2
Bishop Grimes	4:53.5
Faith Heritage	4:57.6

### Triple Jump

Allison Beardsley	Weedsport	31'8 ¼
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<b>Stephaine Teale</b>	<b>Fabius Pompey</b>	<b>31`1 1/2</b>
<b>Lindsay Fowler</b>	<b>Tully</b>	<b>30`9 1/2</b>
<b>Cara Scalisi</b>	<b>Faith Heritage</b>	<b>30`0 1/2</b>
<b>Lindsey Burns</b>	<b>Pulaski</b>	<b>28`6 1/2</b>
<b>Katie Krupke</b>	<b>Pulaski</b>	<b>28`2</b>
<b>Kaitlyn Hammersly</b>	<b>Weedsport</b>	<b>26`8"</b>
<b>S. Stuter</b>	<b>Cato</b>	<b>26`6"</b>
<b>Laura Ballard</b>	<b>FH</b>	<b>26`2"</b>
<b>Emily Robison</b>	<b>BG</b>	<b>25`9 1/2"</b>
<b>Kate Davenprot</b>	<b>Tully</b>	<b>25`4 1/4"</b>
<b>M. Hirsch</b>	<b>Cato</b>	<b>25`4"</b>
<b>Jen Clay</b>	<b>MPH</b>	<b>25` 1/2"</b>
<b>Natalie Teale</b>	<b>FP</b>	<b>24`8 1/2"</b>
<b>Kacy Carbone</b>	<b>BG</b>	<b>23`3"</b>
<b>Ann Berrerdoni</b>	<b>PB</b>	<b>22` 1 1/2"</b>

### **High Jump**

<b>Kelsey Adyan</b>	<b>Pulaski</b>	<b>4`8</b>
<b>Alexa Thayer</b>	<b>Faith Heritage</b>	<b>4`6</b>
<b>Tracey Knoop</b>	<b>Bishop Grimes</b>	<b>4`6</b>
<b>Carly Smith</b>	<b>Fabius Pompey</b>	<b>4`6</b>
<b>Alexis Hoyt</b>	<b>Pulaski</b>	<b>4`4</b>
<b>Ellen Paccia</b>	<b>Tully</b>	<b>4`4</b>
<b>Mallory Burnet</b>	<b>Tully</b>	<b>4`2"</b>
<b>Rochelle Wetmore</b>	<b>Weedsport</b>	<b>4`2"</b>
<b>B. Klaben</b>	<b>Cato</b>	<b>4`2"</b>
<b>Nicole Brown</b>	<b>FP</b>	<b>4`2"</b>
<b>Francine Kelly</b>	<b>Tully</b>	<b>4`0"</b>
<b>Sarah Sinnema</b>	<b>FH</b>	<b>3`10"</b>
<b>Kate Scarbrough</b>	<b>Weedsport</b>	<b>3`10"</b>
<b>Tricia Porten</b>	<b>PB</b>	<b>3`10"</b>

### **Discus**

<b>Marla Barbaglia</b>	<b>Weedsport</b>	<b>99`1</b>
<b>Sarah Lewis</b>	<b>Weedsport</b>	<b>97`6</b>
<b>Nikki Ellis</b>	<b>Tully</b>	<b>96`9</b>
<b>Erika Vidler</b>	<b>Tully</b>	<b>91`</b>

Steph Martin	OCS	86'6"
Cassandra Hillenbrand	Pulaski	74'1"
Emily Smith	Tully	74'0"
Cody Maggi	FP	68'1"
A. Gillis	Cato	68'1"
Sarah Kolb	BG	67'2"
Celia Cyr	PB	58'3"
Jen Liveless	PB	56'2"
Abbey Fleming	OCS	53'9 1/2"
Alicia Cash	FP	51'7"
S. Klaben	Cato	51'2 1/2"
Kelly Patterson	OCS	51'1"
Ashley Shoff	BG	49'10"
Marie Candee	Pul	49'9"

**Novice 4 x 200 relay**

Tully	2:10.0
Cato Meridian	2:12.8
OCS	2:14.6
Cato Meridian	2:17.4
Tully	2:22.5

**Novice 1500**

Taryn Cazzolli	Tully	6:02.1
Liz Mills	Tully	6:05.5
Heather Fischer	Tully	6:14.8
Kate Davenport	Tully	6:21.0
Carly Trivissonno	Tully	6:27.2
Jackie Dewey	Tully	6:56.3
Marie Canoe	Pulaski	6:58.5
Chelsea Emmons	Pulaski	7:52.0

**Frosh 800 Meters**

Mary Ellen Touchette	Tully	2:57.6
Merrick Doody	Tully	2:57.6
Donna Comins	BG	3:16.7
Maureen Smith	FP	3:30.8
Caitlin Hodgston	FP	3:31.1
Shelby Klaben	Cato	3:32.0
Ruth Kazulak	Cato	3:34.0